

Oregon BRFSS 2003

Oregon women (age <45) who reported current use of multivitamin or other supplement containing folic acid.

(Weighted Column Percents)

	Total	Age Groups		
		18-24	25-34	35-44
Female	100.0	100.0	100.0	100.0
Yes, takes folic acid	59.7	49.0	57.1	68.9
No, does not take folic acid	40.3	51.0	42.9	31.1

Denominator is:
All female survey respondents younger than 45.

Oregon women (age <45) who reported current use of multivitamin or other supplement containing folic acid.

(Unweighted Frequencies)

	Total	Age Groups		
		18-24	25-34	35-44
Female	457	76	177	204
Yes, takes folic acid	288	43	103	142
No, does not take folic acid	162	32	70	60
Don't know/Not sure	7	1	4	2

Denominator is:
All female survey respondents younger than 45.

How often took folic acid: weekly.

(Weighted Column Percents)

	Total	Age Groups		
		18-24	25-34	35-44
Female	100.0	100.0	100.0	100.0
Did not take weekly	40.3	51.0	42.9	31.1
Approximately 3 or fewer times per week	5.9	7.4	1.4	9.2
More than four times per week	53.6	41.6	55.8	59.3
Unknown	.2			.5

Denominator is:
All female survey respondents younger than 45.

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How often took folic acid: weekly.

(Unweighted Frequencies)

	Total	Age Groups		
		18-24	25-34	35-44
Female	450	75	173	202
Did not take weekly	162	32	70	60
Approximately 3 or fewer times per week	25	5	3	17
More than four times per week	262	38	100	124
Unknown	1			1

Denominator is:

All female survey respondents younger than 45.

**Some health experts recommend that women take 400 micrograms of the B vitamin folic acid.
Why is folic acid recommended?**

(Weighted Column Percents)

For which of the following reasons:	Total	Age Groups		
		18-24	25-34	35-44
Female	100.0	100.0	100.0	100.0
To make strong bones	11.3	15.3	7.7	12.2
Prevent birth defects	49.0	36.8	56.6	49.7
Prevent high blood pressure	2.4	1.5	2.0	3.4
Other reason	11.1	15.8	6.8	12.0
Don't know/Not sure	25.7	30.6	26.0	22.3
Refused	.5		.8	.5

Denominator is:

All female survey respondents younger than 45 .

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**Some health experts recommend that women take 400 micrograms of the B vitamin folic acid.
Why is folic acid recommended?**

(Unweighted Frequencies)

For which of the following reasons:	Total	Age Groups		
		18-24	25-34	35-44
Female	457	76	177	204
To make strong bones	51	13	12	26
Prevent birth defects	234	30	104	100
Prevent high blood pressure	12	2	5	5
Other reason	51	13	12	26
Don't know/Not sure	107	18	43	46
Refused	2		1	1

Denominator is:

All female survey respondents younger than 45 .