

## Oregon BRFSS 2004

### Have you ever been told by a health professional that you had high blood pressure?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	27.9	6.3	11.4	19.6	28.9	43.3	57.7
Yes, but female told only during pregnancy	1.3	2.2	2.0	1.8	.6	.5	.8
No	70.8	91.5	86.6	78.6	70.5	56.2	41.6
Male							
Yes	28.8	7.9	11.4	23.0	31.9	47.8	56.0
No	71.2	92.1	88.6	77.0	68.1	52.2	44.0
Female							
Yes	26.9	4.7	11.4	16.3	25.9	39.0	58.9
Yes, but female told only during pregnancy	2.6	4.5	4.2	3.6	1.3	1.0	1.4
No	70.5	90.8	84.4	80.2	72.8	60.0	39.7

Denominator is:  
All survey respondents.

## Oregon BRFSS 2004

### Have you ever been told by a health professional that you had high blood pressure?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		3,104	212	422	537	655	563	715
Yes		985	12	51	98	176	240	408
Yes, but female told only during pregnancy		41	6	10	12	4	3	6
No		2,070	194	361	426	473	317	299
Don't know/Not sure		6			1	1	2	2
Refused		2				1	1	
Male	Total	1,200	93	170	216	241	238	242
	Yes	401	7	21	53	75	112	133
	No	794	86	149	163	165	124	107
	Don't know/Not sure	4				1	1	2
	Refused	1					1	
Female	Total	1,904	119	252	321	414	325	473
	Yes	584	5	30	45	101	128	275
	Yes, but female told only during pregnancy	41	6	10	12	4	3	6
	No	1,276	108	212	263	308	193	192
	Don't know/Not sure	2			1		1	
	Refused	1				1		

Denominator is:  
All survey respondents.

## Oregon BRFSS 2004

**At your last visit, did your doctor, nurse, or other health professional tell you that your blood pressure was high?**

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	32.0	20.0	42.7	35.8	40.5	26.7	27.4
No, back to normal	68.0	80.0	57.3	64.2	59.5	73.3	72.6
Male     Yes	33.4	30.8	61.2	34.9	45.1	25.2	23.9
No, back to normal	66.6	69.2	38.8	65.1	54.9	74.8	76.1
Female    Yes	30.5		24.8	37.1	35.1	28.3	29.9
No, back to normal	69.5	100.0	75.2	62.9	64.9	71.7	70.1

Denominator is:

All survey respondents who were told that they have high blood pressure.

**At your last visit, did your doctor, nurse, or other health professional tell you that your blood pressure was high?**

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	977	11	50	96	174	238	408
Yes	293	1	19	33	64	67	109
No, back to normal	660	9	27	63	107	168	286
Don't know/Not sure	24	1	4		3	3	13
Male     Total	394	6	20	51	73	111	133
Yes	123	1	11	18	33	30	30
No, back to normal	263	5	7	33	39	80	99
Don't know/Not sure	8		2		1	1	4
Female    Total	583	5	30	45	101	127	275
Yes	170		8	15	31	37	79
No, back to normal	397	4	20	30	68	88	187
Don't know/Not sure	16	1	2		2	2	9

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## Oregon BRFSS 2004

**Has doctor, nurse, or other health professional advised that you do any of the following to lower your blood pressure, such as lose weight or change your eating habits?**

(Weighted Column Percents)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Yes		53.7	29.0	50.6	68.4	58.8	67.1	39.4
No		46.3	71.0	49.4	31.6	41.2	32.9	60.6
Male	Yes	57.5	38.5	65.5	76.4	50.4	68.4	44.9
	No	42.5	61.5	34.5	23.6	49.6	31.6	55.1
Female	Yes	49.8	13.8	35.8	57.6	68.6	65.6	35.4
	No	50.2	86.2	64.2	42.4	31.4	34.4	64.6

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**Has doctor, nurse, or other health professional advised that you do any of the following to lower your blood pressure, such as lose weight or change your eating habits?**

(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		977	11	50	96	174	238	408
Yes		509	3	25	60	106	158	157
No		463	8	25	36	68	80	246
Don't know/Not sure		4						4
Refused		1						1
Male	Total	394	6	20	51	73	111	133
	Yes	226	2	13	36	39	74	62
	No	167	4	7	15	34	37	70
	Don't know/Not sure	1						1
Female	Total	583	5	30	45	101	127	275
	Yes	283	1	12	24	67	84	95
	No	296	4	18	21	34	43	176
	Don't know/Not sure	3						3
	Refused	1						1

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## Oregon BRFSS 2004

**Has a doctor, nurse, or other health professional advised that you do any of the following to lower your blood pressure, such as cut down on salt or sodium in your diet?**

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		49.3	66.0	32.6	43.9	48.1	55.4	50.7
No		50.7	34.0	67.4	56.1	51.9	44.6	49.3
Male	Yes	49.8	64.1	31.8	40.0	46.4	60.0	52.5
	No	50.2	35.9	68.2	60.0	53.6	40.0	47.5
Female	Yes	48.8	69.0	33.3	49.1	50.1	50.0	49.4
	No	51.2	31.0	66.7	50.9	49.9	50.0	50.6

Denominator is:  
All survey respondents.

## Oregon BRFSS 2004

**Has a doctor, nurse, or other health professional advised that you do any of the following to lower your blood pressure, such as cut down on salt or sodium in your diet?**

(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		977	11	50	96	174	238	408
Yes		477	7	15	40	80	126	209
No		491	4	34	56	93	109	195
Don't know/Not sure		8		1		1	3	3
Refused		1						1
Male	Total	394	6	20	51	73	111	133
	Yes	197	4	6	20	31	66	70
	No	192	2	13	31	41	44	61
	Don't know/Not sure	5		1		1	1	2
Female	Total	583	5	30	45	101	127	275
	Yes	280	3	9	20	49	60	139
	No	299	2	21	25	52	65	134
	Don't know/Not sure	3					2	1
	Refused	1						1

Denominator is:  
All survey respondents.

**Has a doctor, nurse, or other health professional advised that you do any of the following to lower your blood pressure, such as reduce alcohol consumption?**

(Weighted Column Percents)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Yes		20.3	15.9	15.7	30.3	20.6	22.2	16.4
No		79.7	84.1	84.3	69.7	79.4	77.8	83.6
Male	Yes	23.2		25.9	33.0	18.7	27.1	20.6
	No	76.8	100.0	74.1	67.0	81.3	72.9	79.4
Female	Yes	17.4	41.4	5.7	26.8	22.9	16.6	13.4
	No	82.6	58.6	94.3	73.2	77.1	83.4	86.6

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All survey respondents.

## Oregon BRFSS 2004

**Has a doctor, nurse, or other health professional advised that you do any of the following to lower your blood pressure, such as reduce alcohol consumption?**

(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		977	11	50	96	174	238	408
Yes		191	1	8	26	36	52	68
No		776	10	41	69	136	184	336
Don't know/Not sure		8		1	1	2	1	3
Refused		2					1	1
Male	Total	394	6	20	51	73	111	133
	Yes	96		6	14	15	31	30
	No	292	6	13	36	57	79	101
	Don't know/Not sure	5		1	1	1	1	1
	Refused	1						1
Female	Total	583	5	30	45	101	127	275
	Yes	95	1	2	12	21	21	38
	No	484	4	28	33	79	105	235
	Don't know/Not sure	3				1		2
	Refused	1					1	

Denominator is:  
All survey respondents.

## Oregon BRFSS 2004

**Has a doctor, nurse, or other health professional advised that you do any of the following  
to lower your blood pressure, such as exercise on a regular basis?**

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		71.7	66.0	76.0	79.6	66.6	80.0	66.3
No		28.3	34.0	24.0	20.4	33.4	20.0	33.7
Male	Yes	70.7	64.1	76.5	79.1	53.5	81.1	71.0
	No	29.3	35.9	23.5	20.9	46.5	18.9	29.0
Female	Yes	72.7	69.0	75.6	80.4	82.4	78.7	63.0
	No	27.3	31.0	24.4	19.6	17.6	21.3	37.0

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## Oregon BRFSS 2004

**Has a doctor, nurse, or other health professional advised that you do any of the following to lower your blood pressure, such as exercise on a regular basis?**

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		977	11	50	96	174	238	408
Yes		690	7	37	72	117	190	267
No		274	4	12	23	53	47	135
Don't know/Not sure		9		1	1	4		3
Refused		4					1	3
Male	Total	394	6	20	51	73	111	133
	Yes	278	4	14	38	41	87	94
	No	109	2	5	12	32	23	35
	Don't know/Not sure	5		1	1			3
	Refused	2					1	1
Female	Total	583	5	30	45	101	127	275
	Yes	412	3	23	34	76	103	173
	No	165	2	7	11	21	24	100
	Don't know/Not sure	4				4		
	Refused	2						2

Denominator is:  
All survey respondents.

## Oregon BRFSS 2004

**Are you currently taking any medicine prescribed by a doctor, nurse, or other health professional, for your high blood pressure?**

(Weighted Column Percents)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
Yes	70.4		25.1	47.1	66.2	83.0	89.1	
No	29.6	100.0	74.9	52.9	33.8	17.0	10.9	
Male	Yes	69.1		24.1	49.2	64.6	85.0	89.7
	No	30.9	100.0	75.9	50.8	35.4	15.0	10.3
Female	Yes	71.7		26.0	44.2	68.2	80.6	88.7
	No	28.3	100.0	74.0	55.8	31.8	19.4	11.3

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(Unweighted Frequencies)

	Total	Age Groups						
		18-24	25-34	35-44	45-54	55-64	65+	
Total	977	11	50	96	174	238	408	
Yes	727		13	46	116	195	357	
No	248	11	37	50	58	42	50	
Don't know/Not sure	2					1	1	
Male	Total	394	6	20	51	73	111	133
	Yes	283		5	25	46	91	116
	No	111	6	15	26	27	20	17
Female	Total	583	5	30	45	101	127	275
	Yes	444		8	21	70	104	241
	No	137	5	22	24	31	22	33
	Don't know/Not sure	2				1	1	

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