

## Oregon 2007 BRFSS

**During the past 30 days, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?**

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		82.7	87.2	86.9	83.2	83.3	82.4	74.3
No		17.3	12.8	13.1	16.8	16.7	17.6	25.7
Male	Yes	83.2	86.6	86.5	82.6	81.9	84.6	76.8
	No	16.8	13.4	13.5	17.4	18.1	15.4	23.2
Female	Yes	82.3	87.9	87.3	83.8	84.6	80.3	72.3
	No	17.7	12.1	12.7	16.2	15.4	19.7	27.7

Denominator is:  
All survey respondents.

**During the past 30 days, other than your regular job, did you participate in any physical activities or exercise such as running, calisthenics, golf, gardening, or walking for exercise?**

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		4,948	156	497	718	966	1,140	1,471
Yes		4,011	138	435	602	812	935	1,089
No		936	18	62	116	154	205	381
Don't know/Not sure		1						1
Male	Total	1,864	72	179	280	384	439	510
	Yes	1,525	62	156	232	316	372	387
	No	338	10	23	48	68	67	122
Don't know/Not sure		1						1
Female	Total	3,084	84	318	438	582	701	961
	Yes	2,486	76	279	370	496	563	702
	No	598	8	39	68	86	138	259

Denominator is:  
All survey respondents.

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### At risk for no leisure time physical activity.

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No risk		82.7	87.2	86.9	83.2	83.3	82.4	74.3
At risk		17.3	12.8	13.1	16.8	16.7	17.6	25.7
Male	No risk	83.2	86.6	86.5	82.6	81.9	84.6	76.8
	At risk	16.8	13.4	13.5	17.4	18.1	15.4	23.2
Female	No risk	82.3	87.9	87.3	83.8	84.6	80.3	72.3
	At risk	17.7	12.1	12.7	16.2	15.4	19.7	27.7

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No risk		4,011	138	435	602	812	935	1,089
At risk		936	18	62	116	154	205	381
Unknown		1						1
Male	Total	1,864	72	179	280	384	439	510
	No risk	1,525	62	156	232	316	372	387
	At risk	338	10	23	48	68	67	122
	Unknown	1						1
Female	Total	3,084	84	318	438	582	701	961
	No risk	2,486	76	279	370	496	563	702
	At risk	598	8	39	68	86	138	259

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