

Oregon 2007 BRFSS

How is your general health?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Excellent		21.6	27.7	25.3	24.5	20.9	20.1	12.2
Very good		35.6	37.3	39.0	37.4	35.7	32.6	31.3
Good		30.1	30.7	28.6	27.4	29.3	31.2	34.0
Fair		9.2	4.1	5.5	7.8	9.8	11.1	15.8
Or poor		3.6	.1	1.6	2.9	4.3	5.1	6.7
Male	Excellent	21.7	33.8	26.3	22.5	18.6	17.7	12.3
	Very good	36.1	37.7	39.7	37.6	37.5	32.9	29.7
	Good	30.4	27.2	26.5	30.0	31.7	33.4	34.2
	Fair	8.5	1.3	5.6	8.1	8.8	10.3	16.5
	Or poor	3.3		1.9	1.8	3.4	5.7	7.3
Female	Excellent	21.5	21.3	24.3	26.6	23.1	22.4	12.2
	Very good	35.1	36.9	38.3	37.1	34.0	32.4	32.5
	Good	29.7	34.4	30.8	24.7	27.0	29.0	33.8
	Fair	9.9	7.2	5.4	7.5	10.7	11.8	15.3
	Or poor	3.8	.2	1.3	4.1	5.2	4.5	6.3

Denominator is:
All survey respondents.

Oregon 2007 BRFSS

How is your general health?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		10,043	300	972	1,432	1,999	2,306	3,034
Excellent		1,959	79	249	358	424	469	380
Very good		3,429	108	373	534	696	757	961
Good		3,043	98	274	392	578	685	1,016
Fair		1,103	14	59	104	202	259	465
Or poor		487	1	15	43	98	128	202
Don't know/Not sure		20		1	1	1	8	9
Refused		2		1				1
Male	Total	3,830	136	359	561	758	920	1,096
	Excellent	703	41	97	124	144	161	136
	Very good	1,318	54	135	218	276	307	328
	Good	1,201	38	94	167	236	292	374
	Fair	416	3	24	42	73	98	176
	Or poor	185		8	10	28	59	80
	Don't know/Not sure	6		1		1	3	1
	Refused	1						1
Female	Total	6,213	164	613	871	1,241	1,386	1,938
	Excellent	1,256	38	152	234	280	308	244
	Very good	2,111	54	238	316	420	450	633
	Good	1,842	60	180	225	342	393	642
	Fair	687	11	35	62	129	161	289
	Or poor	302	1	7	33	70	69	122
	Don't know/Not sure	14			1		5	8
	Refused	1		1				

Denominator is:
All survey respondents.

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For how many days during the past 30 days was your physical health not good?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		62.8	58.7	65.3	62.3	61.1	64.4	64.3
1-14 days		28.1	38.1	30.1	30.2	27.8	23.2	20.8
15-29 days		2.9	2.5	1.3	2.6	3.7	3.4	4.0
30 days		6.2	.7	3.3	5.0	7.4	9.0	10.9
Male	No days	66.7	61.7	70.4	67.0	65.7	67.4	66.4
	1-14 days	25.7	33.8	26.7	28.0	25.6	21.3	19.4
	15-29 days	2.1	4.0	.3	1.2	2.5	2.5	3.1
	30 days	5.4	.5	2.6	3.7	6.2	8.9	11.1
Female	No days	59.0	55.6	59.7	57.3	56.6	61.5	62.6
	1-14 days	30.3	42.7	33.8	32.4	30.0	25.1	21.9
	15-29 days	3.7	.9	2.4	4.0	4.8	4.3	4.8
	30 days	7.0	.9	4.1	6.3	8.6	9.2	10.8

Denominator is:

All survey respondents.

Oregon 2007 BRFSS

For how many days during the past 30 days was your physical health not good?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		10,043	300	972	1,432	1,999	2,306	3,034
No days		6,155	171	619	869	1,164	1,448	1,884
1-14 days		2,571	116	295	441	568	535	616
15-29 days		355	6	19	38	84	84	124
30 days		813	3	34	75	163	217	321
Don't know/Not sure		128	4	4	8	18	19	75
Refused		21		1	1	2	3	14
Male	Total	3,830	136	359	561	758	920	1,096
	No days	2,524	81	255	375	486	611	716
	1-14 days	877	47	90	155	192	192	201
	15-29 days	91	5	2	7	19	20	38
	30 days	289	1	10	20	52	90	116
	Don't know/Not sure	39	2	2	4	7	5	19
	Refused	10				2	2	6
Female	Total	6,213	164	613	871	1,241	1,386	1,938
	No days	3,631	90	364	494	678	837	1,168
	1-14 days	1,694	69	205	286	376	343	415
	15-29 days	264	1	17	31	65	64	86
	30 days	524	2	24	55	111	127	205
	Don't know/Not sure	89	2	2	4	11	14	56
	Refused	11		1	1	1	1	8

Denominator is:
All survey respondents.

Oregon 2007 BRFSS

For how many days during the past 30 days was your mental health not good?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
No days		67.2	58.2	60.5	64.0	62.8	72.1	84.8
1-14 days		25.1	34.3	31.2	28.9	26.5	19.4	11.2
15-29 days		3.6	3.3	3.8	3.7	4.6	4.1	1.9
30 days		4.1	4.1	4.5	3.3	6.1	4.5	2.0
Male	No days	72.4	62.7	66.0	72.1	68.7	77.4	89.1
	1-14 days	21.8	30.9	29.2	23.6	22.0	15.9	8.4
	15-29 days	2.6	2.6	2.2	2.5	3.9	3.4	.9
	30 days	3.1	3.9	2.6	1.8	5.5	3.4	1.7
Female	No days	62.1	53.6	54.5	55.6	57.1	67.0	81.6
	1-14 days	28.2	37.9	33.4	34.6	30.9	22.7	13.4
	15-29 days	4.6	4.1	5.6	4.9	5.3	4.8	2.7
	30 days	5.0	4.4	6.5	4.9	6.7	5.5	2.3

Denominator is:

All survey respondents.

Oregon 2007 BRFSS

For how many days during the past 30 days was your mental health not good?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		10,043	300	972	1,432	1,999	2,306	3,034
No days		6,892	172	565	868	1,201	1,582	2,504
1-14 days		2,217	101	309	440	548	474	345
15-29 days		377	11	44	60	97	101	64
30 days		426	14	45	48	133	118	68
Don't know/Not sure		111	2	8	15	16	25	45
Refused		20		1	1	4	6	8
Male	Total	3,830	136	359	561	758	920	1,096
	No days	2,860	84	230	386	512	689	959
	1-14 days	691	42	103	140	166	147	93
	15-29 days	102	4	11	17	27	33	10
	30 days	129	5	12	11	43	38	20
	Don't know/Not sure	40	1	3	6	8	11	11
	Refused	8			1	2	2	3
Female	Total	6,213	164	613	871	1,241	1,386	1,938
	No days	4,032	88	335	482	689	893	1,545
	1-14 days	1,526	59	206	300	382	327	252
	15-29 days	275	7	33	43	70	68	54
	30 days	297	9	33	37	90	80	48
	Don't know/Not sure	71	1	5	9	8	14	34
	Refused	12		1		2	4	5

Denominator is:
All survey respondents.

Oregon 2007 BRFSS

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
No days	56.8	66.2	56.0	55.2	53.7	52.7	59.0
1-14 days	32.3	31.3	37.2	35.7	32.8	29.5	24.1
15-29 days	4.8	2.2	2.6	4.1	6.5	8.5	5.5
30 days	6.1	.4	4.2	4.9	7.0	9.3	11.4
Male							
No days	58.2	70.9	52.0	57.0	57.8	54.3	57.5
1-14 days	31.6	27.0	41.0	36.8	28.0	28.6	24.6
15-29 days	4.0	1.3	2.3	2.5	7.2	7.6	3.2
30 days	6.2	.8	4.7	3.7	7.0	9.5	14.7
Female							
No days	55.7	61.1	59.3	53.8	50.4	51.5	60.0
1-14 days	32.8	35.8	34.1	34.9	36.6	30.2	23.7
15-29 days	5.5	3.1	2.8	5.4	6.0	9.2	7.1
30 days	6.0		3.8	5.9	7.0	9.1	9.2

Denominator is:

All survey respondents who reported days when their physical or mental health was not good.

Oregon 2007 BRFSS

During the past 30 days, how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		5,256	183	554	820	1,163	1,178	1,358
No days		2,844	116	309	443	593	604	779
1-14 days		1,635	61	203	299	395	353	324
15-29 days		310	4	17	31	79	101	78
30 days		399	1	22	45	86	109	136
Don't know/Not sure		57	1	2	2	10	8	34
Refused		11		1			3	7
Male	Total	1,769	82	176	276	383	419	433
	No days	976	56	91	151	211	221	246
	1-14 days	542	24	70	108	110	123	107
	15-29 days	90	1	5	6	29	33	16
	30 days	144	1	8	11	29	39	56
	Don't know/Not sure	13		2		4	2	5
	Refused	4					1	3
Female	Total	3,487	101	378	544	780	759	925
	No days	1,868	60	218	292	382	383	533
	1-14 days	1,093	37	133	191	285	230	217
	15-29 days	220	3	12	25	50	68	62
	30 days	255		14	34	57	70	80
	Don't know/Not sure	44	1		2	6	6	29
	Refused	7		1			2	4

Denominator is:

All survey respondents who reported days when their physical or mental health was not good.

Oregon 2007 BRFSS

At risk for fair or poor health.

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Not At Risk	87.2	95.8	92.9	89.2	85.9	83.9	77.5
At Risk	12.8	4.2	7.1	10.8	14.1	16.1	22.5
Male							
Not At Risk	88.2	98.7	92.5	90.1	87.8	84.0	76.1
At Risk	11.8	1.3	7.5	9.9	12.2	16.0	23.9
Female							
Not At Risk	86.3	92.6	93.3	88.4	84.1	83.8	78.5
At Risk	13.7	7.4	6.7	11.6	15.9	16.2	21.5

Denominator is:
All survey respondents.

At risk for fair or poor health.

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	10,043	300	972	1,432	1,999	2,306	3,034
Not At Risk	8,431	285	896	1,284	1,698	1,911	2,357
At Risk	1,590	15	74	147	300	387	667
Don't Know/Not Sure/Refused/Missing	22		2	1	1	8	10
Male							
Total	3,830	136	359	561	758	920	1,096
Not At Risk	3,222	133	326	509	656	760	838
At Risk	601	3	32	52	101	157	256
Don't Know/Not Sure/Refused/Missing	7		1		1	3	2
Female							
Total	6,213	164	613	871	1,241	1,386	1,938
Not At Risk	5,209	152	570	775	1,042	1,151	1,519
At Risk	989	12	42	95	199	230	411
Don't Know/Not Sure/Refused/Missing	15		1	1		5	8

Denominator is:
All survey respondents.