

Oregon 2007 BRFSS

Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	26.5	8.1	7.8	15.2	27.0	41.3	57.5
Yes, only during pregnancy	.9	1.4	2.3	1.4	.4	.2	
No	70.7	89.5	89.6	82.3	69.4	56.4	39.3
Told borderline high or pre-hypertensive	1.9	1.0	.3	1.1	3.3	2.1	3.2
Male							
Yes	27.7	10.6	11.3	14.9	32.5	43.8	56.4
No	70.2	87.5	88.2	84.5	63.1	53.8	40.7
Told borderline high or pre-hypertensive	2.1	1.9	.5	.5	4.3	2.4	2.9
Female							
Yes	25.3	5.4	4.0	15.5	21.6	39.0	58.4
Yes, only during pregnancy	1.9	2.9	4.8	2.8	.8	.3	
No	71.2	91.6	91.1	80.0	75.5	58.8	38.2
Told borderline high or pre-hypertensive	1.7			1.7	2.2	1.8	3.4

Denominator is:
All survey respondents.

Oregon 2007 BRFSS

Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		4,948	156	497	718	966	1,140	1,471
Yes		1,714	13	33	112	255	460	841
Yes, only during pregnancy		36	3	14	13	4	2	
No		3,083	139	447	585	679	654	579
Told borderline high or pre-hypertensive		108	1	1	8	28	23	47
Don't Know/Not Sure		6		2			1	3
Refused		1						1
Male	Total	1,864	72	179	280	384	439	510
	Yes	662	8	19	44	122	186	283
	No	1,156	63	158	234	245	243	213
	Told borderline high or pre-hypertensive	45	1	1	2	17	10	14
	Don't Know/Not Sure	1		1				
Female	Total	3,084	84	318	438	582	701	961
	Yes	1,052	5	14	68	133	274	558
	Yes, only during pregnancy	36	3	14	13	4	2	
	No	1,927	76	289	351	434	411	366
	Told borderline high or pre-hypertensive	63			6	11	13	33
	Don't Know/Not Sure	5		1			1	3
	Refused	1						1

Denominator is:
All survey respondents.

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Are you currently taking medicine for your high blood pressure?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	74.2	19.0	21.5	45.2	68.7	84.3	91.8
No	25.8	81.0	78.5	54.8	31.3	15.7	8.2
Male							
Yes	67.5	13.3	15.4	34.1	63.3	83.1	91.1
No	32.5	86.7	84.6	65.9	36.7	16.9	8.9
Female							
Yes	81.3	30.8	40.0	56.3	76.7	85.6	92.3
No	18.7	69.2	60.0	43.7	23.3	14.4	7.7

Denominator is:

All survey respondents who were told that they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Are you currently taking medicine for your high blood pressure?

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	1,714	13	33	112	255	460	841
Yes	1,401	2	7	53	179	389	771
No	310	11	26	59	76	71	67
Don't Know/Not Sure	3						3
Male							
Total	662	8	19	44	122	186	283
Yes	508	1	3	14	78	156	256
No	153	7	16	30	44	30	26
Don't Know/Not Sure	1						1
Female							
Total	1,052	5	14	68	133	274	558
Yes	893	1	4	39	101	233	515
No	157	4	10	29	32	41	41
Don't Know/Not Sure	2						2

Denominator is:

All survey respondents who were told that they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

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At your last visit did your doctor, nurse, or other health professional tell you that your blood pressure was still in a high range?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		29.7	39.4	44.0	40.7	31.1	30.2	22.5
No		70.3	60.6	56.0	59.3	68.9	69.8	77.5
Male	Yes	32.5	48.3	47.3	53.2	25.7	38.4	19.9
	No	67.5	51.7	52.7	46.8	74.3	61.6	80.1
Female	Yes	26.7		40.0	27.2	38.4	21.5	24.7
	No	73.3	100.0	60.0	72.8	61.6	78.5	75.3

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

At your last visit did your doctor, nurse, or other health professional tell you that your blood pressure was still in a high range?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		656	7	9	41	100	189	310
Yes		169	2	4	16	31	51	65
No		478	5	5	25	68	137	238
Don't Know/Not Sure		8				1	1	6
Refused		1						1
Male	Total	266	5	4	17	44	81	115
	Yes	72	2	2	8	11	27	22
	No	189	3	2	9	32	53	90
	Don't Know/Not Sure	4				1	1	2
	Refused	1						1
Female	Total	390	2	5	24	56	108	195
	Yes	97		2	8	20	24	43
	No	289	2	3	16	36	84	148
	Don't Know/Not Sure	4						4

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

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Are you changing your eating habits to help lower or control your high blood pressure?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	67.8	14.7	87.0	82.0	72.8	74.2	61.3
No	32.2	85.3	13.0	18.0	27.2	25.8	38.7
Male							
Yes	64.8		76.4	77.4	75.6	75.8	57.7
No	35.2	100.0	23.6	22.6	24.4	24.2	42.3
Female							
Yes	71.1	80.0	100.0	87.3	68.8	72.5	64.4
No	28.9	20.0		12.7	31.2	27.5	35.6

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Are you changing your eating habits to help lower or control your high blood pressure?

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	658	7	9	41	100	189	312
Yes	436	1	8	31	71	140	185
No	216	6	1	8	29	48	124
Don't Know/Not Sure	3			1			2
Refused	3			1		1	1
Male							
Total	266	5	4	17	44	81	115
Yes	171		3	12	31	61	64
No	95	5	1	5	13	20	51
Female							
Total	392	2	5	24	56	108	197
Yes	265	1	5	19	40	79	121
No	121	1		3	16	28	73
Don't Know/Not Sure	3			1			2
Refused	3			1		1	1

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Oregon 2007 BRFSS

Are you cutting down on salt to help lower or control your high blood pressure?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	71.0	43.5	87.0	69.2	69.7	72.4	73.1
No	29.0	56.5	13.0	30.8	30.3	27.6	26.9
Male							
Yes	65.7	35.3	76.4	66.1	70.4	71.6	63.2
No	34.3	64.7	23.6	33.9	29.6	28.4	36.8
Female							
Yes	76.9	80.0	100.0	72.7	68.8	73.2	81.5
No	23.1	20.0		27.3	31.2	26.8	18.5

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Are you cutting down on salt to help lower or control your high blood pressure?

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	658	7	9	41	100	189	312
Yes	480	3	8	27	69	139	234
No	176	4	1	13	31	49	78
Don't Know/Not Sure	1					1	
Refused	1			1			
Male							
Total	266	5	4	17	44	81	115
Yes	179	2	3	11	30	59	74
No	87	3	1	6	14	22	41
Female							
Total	392	2	5	24	56	108	197
Yes	301	1	5	16	39	80	160
No	89	1		7	17	27	37
Don't Know/Not Sure	1					1	
Refused	1			1			

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Oregon 2007 BRFSS

Are you reducing alcohol use to help lower or control your high blood pressure?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	50.3	38.2	58.8	55.9	53.2	58.8	42.1
No	49.7	61.8	41.2	44.1	46.8	41.2	57.9
Male							
Yes	49.3	28.9	35.2	53.2	53.6	61.1	43.0
No	50.7	71.1	64.8	46.8	46.4	38.9	57.0
Female							
Yes	51.3	80.0	100.0	59.1	52.6	56.4	41.3
No	48.7	20.0		40.9	47.4	43.6	58.7

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Are you reducing alcohol use to help lower or control your high blood pressure?

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	657	7	9	41	100	189	311
Yes	311	2	5	21	50	106	127
No	322	5	3	18	47	76	173
Don't Know/Not Sure	15			1	2	6	6
Refused	9		1	1	1	1	5
Male							
Total	266	5	4	17	44	81	115
Yes	128	1	1	9	21	47	49
No	128	4	3	8	20	30	63
Don't Know/Not Sure	8				2	4	2
Refused	2				1		1
Female							
Total	391	2	5	24	56	108	196
Yes	183	1	4	12	29	59	78
No	194	1		10	27	46	110
Don't Know/Not Sure	7			1		2	4
Refused	7		1	1		1	4

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

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Are you exercising to help lower or control your high blood pressure?

(Weighted Column Percents)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Yes		77.5	63.0	77.3	80.5	80.8	80.8	74.6
No		22.5	37.0	22.7	19.5	19.2	19.2	25.4
Male	Yes	76.2	54.7	58.8	78.6	81.9	82.5	73.8
	No	23.8	45.3	41.2	21.4	18.1	17.5	26.2
Female	Yes	79.0	100.0	100.0	82.5	79.2	79.1	75.3
	No	21.0			17.5	20.8	20.9	24.7

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Are you exercising to help lower or control your high blood pressure?

(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		657	7	9	41	100	189	311
Yes		499	5	7	33	78	147	229
No		152	2	2	7	22	39	80
Don't Know/Not Sure		4			1		2	1
Refused		2					1	1
Male	Total	266	5	4	17	44	81	115
	Yes	201	3	2	13	34	64	85
	No	62	2	2	3	10	15	30
Don't Know/Not Sure		3			1		2	
Female	Total	391	2	5	24	56	108	196
	Yes	298	2	5	20	44	83	144
	No	90			4	12	24	50
	Don't Know/Not Sure	1						1
Refused		2					1	1

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

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Has a doctor or other health professional ever advised you to change your eating habits to help lower or control your high blood pressure?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		59.3	14.7	87.0	66.8	59.9	68.2	53.7
No		40.7	85.3	13.0	33.2	40.1	31.8	46.3
Male	Yes	60.0		76.4	67.8	64.8	71.7	56.6
	No	40.0	100.0	23.6	32.2	35.2	28.3	43.4
Female	Yes	58.6	80.0	100.0	65.6	53.1	64.4	51.2
	No	41.4	20.0		34.4	46.9	35.6	48.8

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Has a doctor or other health professional ever advised you to change your eating habits to help lower or control your high blood pressure?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		657	7	9	41	100	189	311
Yes		385	1	8	26	61	126	163
No		268	6	1	14	39	61	147
Don't Know/Not Sure		3					2	1
Refused		1			1			
Male	Total	266	5	4	17	44	81	115
	Yes	163		3	11	29	57	63
	No	101	5	1	6	15	23	51
	Don't Know/Not Sure	2					1	1
Female	Total	391	2	5	24	56	108	196
	Yes	222	1	5	15	32	69	100
	No	167	1		8	24	38	96
	Don't Know/Not Sure	1					1	
	Refused	1			1			

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Oregon 2007 BRFSS

Has a doctor or other health professional ever advised you to cut down on salt to help lower or control your high blood pressure?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		62.4	35.8	73.6	64.2	55.3	67.1	64.9
No		37.6	64.2	26.4	35.8	44.7	32.9	35.1
Male	Yes	62.3	25.9	76.4	70.9	60.6	68.9	62.0
	No	37.7	74.1	23.6	29.1	39.4	31.1	38.0
Female	Yes	62.5	80.0	70.1	56.5	47.9	65.1	67.3
	No	37.5	20.0	29.9	43.5	52.1	34.9	32.7

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Has a doctor or other health professional ever advised you to cut down on salt to help lower or control your high blood pressure?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		657	7	9	41	100	189	311
Yes		410	2	7	25	52	124	200
No		242	5	2	15	48	65	107
Don't Know/Not Sure		3						3
Refused		2			1			1
Male	Total	266	5	4	17	44	81	115
	Yes	168	1	3	12	25	56	71
	No	97	4	1	5	19	25	43
	Don't Know/Not Sure	1						1
Female	Total	391	2	5	24	56	108	196
	Yes	242	1	4	13	27	68	129
	No	145	1	1	10	29	40	64
	Don't Know/Not Sure	2						2
	Refused	2			1			1

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Oregon 2007 BRFSS

Has a doctor or other health professional ever advised you to reduce alcohol use to help lower or control your high blood pressure?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		36.9	14.7	32.8	42.5	35.8	45.9	33.0
No		63.1	85.3	67.2	57.5	64.2	54.1	67.0
Male	Yes	40.3		35.2	43.5	34.2	58.0	39.9
	No	59.7	100.0	64.8	56.5	65.8	42.0	60.1
Female	Yes	33.1	80.0	29.9	41.4	38.0	32.7	27.1
	No	66.9	20.0	70.1	58.6	62.0	67.3	72.9

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Has a doctor or other health professional ever advised you to reduce alcohol use to help lower or control your high blood pressure?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		657	7	9	41	100	189	311
Yes		230	1	2	17	35	80	95
No		417	6	7	23	64	107	210
Don't Know/Not Sure		5				1		4
Refused		5			1		2	2
Male	Total	266	5	4	17	44	81	115
	Yes	112		1	7	15	45	44
	No	152	5	3	10	29	36	69
	Don't Know/Not Sure	1						1
	Refused	1						1
Female	Total	391	2	5	24	56	108	196
	Yes	118	1	1	10	20	35	51
	No	265	1	4	13	35	71	141
	Don't Know/Not Sure	4				1		3
	Refused	4			1		2	1

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Oregon 2007 BRFSS

Has a doctor or other health professional ever advised you to exercise to help lower or control your high blood pressure?

(Weighted Column Percents)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Yes		77.3	59.4	67.8	78.3	80.4	83.4	74.5
No		22.7	40.6	32.2	21.7	19.6	16.6	25.5
Male	Yes	77.9	54.7	82.4	80.6	78.2	87.3	74.2
	No	22.1	45.3	17.6	19.4	21.8	12.7	25.8
Female	Yes	76.7	80.0	50.0	75.7	83.4	79.1	74.9
	No	23.3	20.0	50.0	24.3	16.6	20.9	25.1

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Has a doctor or other health professional ever advised you to exercise to help lower or control your high blood pressure?

(Unweighted Frequencies)

		Total	Age Groups					65+
			18-24	25-34	35-44	45-54	55-64	
Total		657	7	9	41	100	189	311
Yes		504	3	6	31	80	155	229
No		147	4	3	9	20	33	78
Don't Know/Not Sure		5					1	4
Refused		1			1			
Male	Total	266	5	4	17	44	81	115
	Yes	203	2	3	14	33	68	83
	No	61	3	1	3	11	13	30
	Don't Know/Not Sure	2						2
Female	Total	391	2	5	24	56	108	196
	Yes	301	1	3	17	47	87	146
	No	86	1	2	6	9	20	48
	Don't Know/Not Sure	3					1	2
	Refused	1			1			

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Oregon 2007 BRFSS

Has a doctor or other health professional ever advised you take medication to help lower or control your high blood pressure?

(Weighted Column Percents)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Yes		84.6	39.4	76.8	66.3	79.6	89.5	96.1
No		15.4	60.6	23.2	33.7	20.4	10.5	3.9
Male	Yes	80.7	48.3	82.4	54.8	73.1	87.3	97.0
	No	19.3	51.7	17.6	45.2	26.9	12.7	3.0
Female	Yes	88.8		69.9	78.6	88.6	91.9	95.2
	No	11.2	100.0	30.1	21.4	11.4	8.1	4.8

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Has a doctor or other health professional ever advised you take medication to help lower or control your high blood pressure?

(Unweighted Frequencies)

		Total	Age Groups					
			18-24	25-34	35-44	45-54	55-64	65+
Total		657	7	9	41	100	189	311
Yes		588	2	6	28	81	171	300
No		69	5	3	13	19	18	11
Male	Total	266	5	4	17	44	81	115
	Yes	229	2	3	9	32	71	112
	No	37	3	1	8	12	10	3
Female	Total	391	2	5	24	56	108	196
	Yes	359		3	19	49	100	188
	No	32	2	2	5	7	8	8

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Oregon 2007 BRFSS

Were you told on two or more different visits to a doctor or other health professional that you had high blood pressure?

(Weighted Column Percents)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Yes	79.6	60.5	76.8	68.1	75.5	84.0	85.3
No	19.4	39.5	23.2	31.9	24.1	13.7	13.8
Told borderline or pre-hypertensive	1.0				.4	2.3	.9
Male							
Yes	80.4	74.1	82.4	70.9	69.4	87.3	87.4
No	18.4	25.9	17.6	29.1	30.6	9.1	11.6
Told borderline or pre-hypertensive	1.2					3.6	1.0
Female							
Yes	78.7		69.9	65.1	83.9	80.4	83.4
No	20.6	100.0	30.1	34.9	15.1	18.8	15.7
Told borderline or pre-hypertensive	.7				.9	.8	.8

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).

Were you told on two or more different visits to a doctor or other health professional that you had high blood pressure?

(Unweighted Frequencies)

	Total	Age Groups					
		18-24	25-34	35-44	45-54	55-64	65+
Total	656	7	9	41	100	189	310
Yes	539	4	6	26	79	159	265
No	104	3	3	15	20	24	39
Told borderline or pre-hypertensive	7				1	4	2
Don't know/Not sure	6					2	4
Male							
Total	266	5	4	17	44	81	115
Yes	219	4	3	11	32	70	99
No	41	1	1	6	12	8	13
Told borderline or pre-hypertensive	4					3	1
Don't know/Not sure	2						2
Female							
Total	390	2	5	24	56	108	195
Yes	320		3	15	47	89	166
No	63	2	2	9	8	16	26
Told borderline or pre-hypertensive	3				1	1	1
Don't know/Not sure	4					2	2

Denominator is:

All survey respondents who were told they have high blood pressure (excluding females reporting having high blood pressure during pregnancy).