

Oregon 2008 BRFSS

**Overweight and obesity prevalence among adults (Body Mass Index).**

(Weighted Column Percents)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Underweight (less than 18.5)		1.4	2.5	1.9	.9	.9	.8	1.8
Normal weight (18.5 to less than 25)		36.7	55.7	39.0	34.9	31.4	29.0	35.6
Overweight (25 to less than 30)		37.1	27.3	35.0	38.4	37.5	41.9	40.0
Obese (30.0 or more)		24.8	14.5	24.1	25.8	30.2	28.4	22.6
Male	Underweight (less than 18.5)	.7	1.3	1.3	.2	.2	.5	.8
	Normal weight (18.5 to less than 25)	29.5	51.8	31.1	25.5	22.4	23.5	29.8
	Overweight (25 to less than 30)	44.1	31.2	40.9	45.6	46.5	49.5	48.0
	Obese (30.0 or more)	25.7	15.6	26.7	28.7	30.9	26.5	21.4
Female	Underweight (less than 18.5)	2.1	3.8	2.5	1.6	1.6	1.1	2.6
	Normal weight (18.5 to less than 25)	43.9	59.8	47.8	45.2	40.7	34.8	40.2
	Overweight (25 to less than 30)	30.0	23.0	28.5	30.6	28.3	33.8	33.7
	Obese (30.0 or more)	23.9	13.4	21.2	22.6	29.4	30.3	23.5

Denominator is:  
All survey respondents.

**Overweight and obesity prevalence among adults (Body Mass Index).**

(Unweighted Frequencies)

		Age Groups						
		Total	18-24	25-34	35-44	45-54	55-64	65+
Total		9,538	266	761	1,318	1,820	2,359	3,014
Underweight (less than 18.5)		133	7	11	16	20	21	58
Normal weight (18.5 to less than 25)		3,277	144	296	476	604	696	1,061
Overweight (25 to less than 30)		3,386	68	252	446	610	889	1,121
Obese (30.0 or more)		2,352	36	173	331	504	644	664
Don't Know/Not Sure/Refused		390	11	29	49	82	109	110
Male	Total	3,723	111	305	518	731	957	1,101
	Underweight (less than 18.5)	21	1	2	1	3	6	8
	Normal weight (18.5 to less than 25)	1,021	58	94	134	173	235	327
	Overweight (25 to less than 30)	1,696	32	123	226	336	460	519
	Obese (30.0 or more)	939	16	83	153	210	247	230
	Don't Know/Not Sure/Refused	46	4	3	4	9	9	17
Female	Total	5,815	155	456	800	1,089	1,402	1,913
	Underweight (less than 18.5)	112	6	9	15	17	15	50
	Normal weight (18.5 to less than 25)	2,256	86	202	342	431	461	734
	Overweight (25 to less than 30)	1,690	36	129	220	274	429	602
	Obese (30.0 or more)	1,413	20	90	178	294	397	434
	Don't Know/Not Sure/Refused	344	7	26	45	73	100	93

Denominator is:  
All survey respondents.

Oregon 2008 BRFSS

**Adults at risk for chronic disease based on Body Mass Index (BMI) being 25.0 or higher.**

(Weighted Column Percents)

	Age Groups						
	Total	18-24	25-34	35-44	45-54	55-64	65+
Not at risk (BMI < 25)	38.1	58.2	40.9	35.8	32.3	29.8	37.4
At risk (BMI >= 25)	61.9	41.8	59.1	64.2	67.7	70.2	62.6
Male							
Not at risk (BMI < 25)	30.2	53.1	32.4	25.7	22.6	24.0	30.6
At risk (BMI >= 25)	69.8	46.9	67.6	74.3	77.4	76.0	69.4
Female							
Not at risk (BMI < 25)	46.1	63.6	50.3	46.8	42.3	35.9	42.8
At risk (BMI >= 25)	53.9	36.4	49.7	53.2	57.7	64.1	57.2

Denominator is:  
All survey respondents.

**Adults at risk for chronic disease based on Body Mass Index (BMI) being 25.0 or higher.**

(Unweighted Frequencies)

	Age Groups						
	Total	18-24	25-34	35-44	45-54	55-64	65+
Total	9,557	266	763	1,325	1,821	2,363	3,019
Not at risk (BMI < 25)	3,410	151	307	492	624	717	1,119
At risk (BMI >= 25)	5,738	104	425	777	1,114	1,533	1,785
Don't Know/Not Sure/Refused	409	11	31	56	83	113	115
Male							
Total	3,733	111	306	522	732	957	1,105
Not at risk (BMI < 25)	1,042	59	96	135	176	241	335
At risk (BMI >= 25)	2,635	48	206	379	546	707	749
Don't Know/Not Sure/Refused	56	4	4	8	10	9	21
Female							
Total	5,824	155	457	803	1,089	1,406	1,914
Not at risk (BMI < 25)	2,368	92	211	357	448	476	784
At risk (BMI >= 25)	3,103	56	219	398	568	826	1,036
Don't Know/Not Sure/Refused	353	7	27	48	73	104	94

Denominator is:  
All survey respondents.