

# SUPPORT GROUPS

## Arthritis Support Groups

### **Lake Oswego**

#### *Arthritis Group*

Lake Oswego Senior Center  
505 G. Ave.  
Lake Oswego, OR 97034  
Contact: (503) 635-3758

### **Beaverton**

#### *Elsie Stuhr Center Support Groups*

5550 SW Hall Boulevard  
Beaverton, OR 97005-3919  
Contact: (503) 629-6342

### **Bend**

#### *Peer Group for Women with Hidden Disabilities*

Fox Hollow Independent and Assisted  
Living  
2599 Northeast Studio Road  
Bend, Oregon 97701-9878  
Contact: Holly Larsen 541-388-8103 ext. 207

### **Portland/Beaverton**

#### *Westside Support Group*

St. Vincent's Hospital  
Lower Level Conference Room 11  
9500 SW Barnes Rd.  
Portland, OR 97225  
Contact: (503) 407-3116 or  
[sheri.russell1@frontier.com](mailto:sheri.russell1@frontier.com)

### **Molalla**

#### *Molalla Adult Community Center Support Group*

315 Kennel Ave.  
Molalla, OR 97038  
Contact: Lola Burge, Center Director  
(503) 829-4214

### **Salem**

#### *Salem Arthritis Support Group*

Salem Hospital  
Building D - Family Birthing Center  
890 Winter St SE  
Salem, OR 97303  
Contact: Vee Jewell  
(503) 999-5204

## Fibromyalgia Support Groups

### **Vancouver**

#### *Legacy Salmon Creek Hospital*

2211 NE 139th St.  
Conf. Rm. C & D  
Vancouver, WA 98686  
Meets: 2nd Friday  
6:30 - 8:30 pm  
Contact: (360) 882-1163

### **Salem**

#### *Fibromyalgia Support Group*

Salem Hospital - Building D  
Family Birthing Center – Classroom 3  
890 Winter St SE  
Salem, OR 97303  
Meets: 1<sup>st</sup> Thursday 6:30 - 8:00PM  
Contact: (503) 304-8642

### **Seaside**

#### *Northcoast Lupus & Fibromyalgia Support Group*

Contact: Jeanne Nordmark  
503-738-7928  
[nord@seasurf.net](mailto:nord@seasurf.net)

## **Ankylosing Spondylitis**

### **Tualatin**

*Meridian Park Hospital*

Community Health Education Center

19300 SW 65<sup>th</sup> Ave. Room 105

Tualatin, OR 97062

Contact: *The Portland group is looking for a new leader!*

Contact Elin Aslanyan

by email at [elin.aslanyan@spondylitis.org](mailto:elin.aslanyan@spondylitis.org) or

by phone at 818-981-1616 x222 for info

### **Vancouver**

*SW Washington Medical Center*

Health Education Center

Education Classroom 1

400 NE Mother Joseph Place

Vancouver, WA 98664

Meets: 2<sup>nd</sup> Tuesday 7:00 pm

Contact: Kathy Houston

(360) 635-3238

[kathair@juno.com](mailto:kathair@juno.com)

## **Lupus Support**

### **Seaside**

*Northcoast Lupus & Fibromyalgia Support Group*

Contact: Jeanne Nordmark

503-738-7928

[nord@seasurf.net](mailto:nord@seasurf.net)

Coordinator/Workshop Facilitator

<http://www.mylifeworkstoday.com>

Contact: Maria Pfeifer

[maria@mylifeworkstoday.com](mailto:maria@mylifeworkstoday.com)

## **Psoriatic Arthritis**

### **Portland**

*Portland Area Psoriasis Network*

Alan Eisenberg

1-877-546-5558 x216

[portland@support.psoriasis.org](mailto:portland@support.psoriasis.org)

## **Scleroderma Support**

### **Bend**

*Bend Memorial Clinic*

1501 NE Medical Center Dr

Bend, OR 97701

Meets: 2<sup>nd</sup> Thursday

(No December Meeting)

## **Sjogren's Syndrome**

### **Portland**

*Sjogren's Syndrome Support Group*

Meets: 4<sup>th</sup> Wed. 1:00 pm

Contact: Shirley Fritzier

**(503) 528-2421**