

Health protective factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall prevalence of a protective factor; use age-adjusted to compare among counties.

County	Health status (good, very good, excellent) (%)		Healthy weight (%)		Exercised outside of work within past month (%)		Walked for physical activity within past month (%)	
	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted	Unadjusted	Age-adjusted
Oregon	82.5	83.0	35.3	35.7	81.5	82.1	51.4	50.9
Baker	77.4	81.1	31.9	33.3	78.6	84.7	50.2	56.7
Benton	89.2	88.7	45.7	42.7	88.8	88.2	48.3	48.4
Clackamas	85.1	85.5	34.8	35.3	82.4	82.8	49.7	49.1
Clatsop	84.1	85.0	27.7	25.6	75.5	75.7	50.5	48.2
Columbia	78.0	79.5	34.3	37.0	78.9	81.6	53.2	53.3
Coos	76.0	78.6	26.8	28.2	75.8	76.5	49.1	45.5
Crook	75.5	77.0	24.8	24.1	70.1	71.4	45.1	48.1
Curry	78.7	79.6	30.0	27.8	76.5	76.4	49.6	47.6
Deschutes	85.5	86.3	41.0	41.9	85.9	87.1	48.4	47.5
Douglas	76.2	77.8	31.8	34.4	77.7	80.0	56.0	54.9
Grant	81.4	84.5	26.8	33.5	66.6	69.2	50.9	49.1
Harney	88.3	87.8	26.1	27.2	85.0	87.7	--	--
Hood River	82.7	83.6	37.7	38.4	82.0	80.7	51.6	44.8
Jackson	80.8	81.6	35.7	36.0	82.3	83.5	54.8	53.4
Jefferson	83.0	86.3	26.0	26.1	70.6	70.9	39.7	40.1
Josephine	78.0	78.2	34.0	34.5	79.1	81.4	56.3	55.1
Klamath	80.3	82.6	33.0	33.7	76.7	78.8	54.7	53.2
Lake	80.6	82.1	20.7	21.1	69.6	72.0	--	--
Lane	82.9	83.4	37.1	37.2	83.4	84.5	49.9	50.4
Lincoln	77.8	78.7	32.4	33.9	74.8	75.7	50.7	47.2
Linn	81.0	81.9	29.3	29.6	79.5	80.8	51.2	51.1
Malheur	73.3	72.9	24.4	23.9	73.7	73.9	46.6	44.2
Marion	80.5	80.8	29.1	28.7	76.3	76.4	50.5	50.6
Morrow	67.6	68.8	14.9 ^	13.9 ^	73.1	80.0	64.7	71.3
Multnomah	84.0	83.9	42.9	42.6	85.1	84.9	53.1	54.1
North Central ¹	84.4	86.2	31.3	32.2	78.6	79.3	48.5	48.0
Polk	81.0	81.7	31.0	30.1	80.4	81.9	50.8	53.5
Tillamook	81.5	83.1	32.6	36.2	77.5	74.5	56.3	53.4
Umatilla	81.3	81.6	26.1	26.2	72.7	73.5	50.9	50.4
Union	88.8	89.5	29.7	29.1	84.3	84.2	51.5	50.2
Wallowa	81.6	85.2	39.8	50.4	77.0	79.1	63.3	67.4
Washington	84.9	84.9	35.6	35.5	84.9	85.0	51.9	51.6
Wheeler	--	--	--	--	--	--	--	--
Yamhill	80.9	81.6	29.5	29.8	76.7	76.9	47.6	46.2

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

¹ North Central Public Health District includes Gilliam, Sherman and Wasco counties.

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Use unadjusted to estimate the overall prevalence of a protective factor; use age-adjusted to compare among counties.

County	Met CDC guidelines for both aerobic and muscle strengthening activities (%)	
	Unadjusted	Age-adjusted
Oregon	22.6	22.7
Baker	17.0 ^	11.5 ^
Benton	27.5	26.7
Clackamas	22.3	22.1
Clatsop	26.5	27.4
Columbia	25.4	27.9
Coos	13.8	15.4
Crook	8.5 ^	6.2 ^
Curry	--	--
Deschutes	29.8	31.1
Douglas	18.0	18.4
Grant	14.9 ^	20.3 ^
Harney	--	--
Hood River	17.2 ^	18.1 ^
Jackson	23.2	23.7
Jefferson	16.7 ^	16.8 ^
Josephine	20.9	24.8
Klamath	19.7	19.6
Lake	--	--
Lane	24.3	23.7
Lincoln	22.7	26.1
Linn	18.8	19.4
Malheur	26.2 ^	27.6 ^
Marion	21.9	21.8
Morrow	--	--
Multnomah	22.5	22.0
North Central ¹	22.8	22.8
Polk	22.2	20.2
Tillamook	22.4 ^	21.5 ^
Umatilla	16.8	17.4
Union	26.1	27.0
Wallowa	23.5 ^	22.5 ^
Washington	25.9	25.8
Wheeler	--	--
Yamhill	20.9	21.1

^ This number may be statistically unreliable and should be interpreted with caution.

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¹ North Central Public Health District includes Gilliam, Sherman and Wasco counties.

Source: Oregon Behavioral Risk Factors Surveillance System 2014-2017 county combined; age-adjusted to the 2000 standard population.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Health protective factors among Oregon adults, by county, 2014-2017.

<https://www.oregon.gov/oha/PH/DiseasesConditions/ChronicDisease/DataReports/Pages/index.aspx>.

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