

Health protective factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall prevalence of a protective factor; use age-adjusted to compare among counties.

County	Health status (good, very good, excellent) (%)		Healthy weight (%)		Exercised outside of work within past month (%)		Walked for physical activity within past month (%)	
	Unadjusted	Number of adults	Unadjusted	Number of adults	Unadjusted	Number of adults	Unadjusted	Number of adults
Oregon	82.5	2,623,500	35.3	1,123,200	81.5	2,591,700	51.4	1,632,900
Baker	77.4	10,300	31.9	4,300	78.6	10,500	50.2	6,700
Benton	89.2	67,600	45.7	34,600	88.8	67,300	48.3	36,600
Clackamas	85.1	266,600	34.8	108,900	82.4	258,200	49.7	155,800
Clatsop	84.1	25,700	27.7	8,500	75.5	23,000	50.5	15,400
Columbia	78.0	31,000	34.3	13,600	78.9	31,300	53.2	21,100
Coos	76.0	39,000	26.8	13,700	75.8	38,800	49.1	25,200
Crook	75.5	13,000	24.8	4,300	70.1	12,100	45.1	7,800
Curry	78.7	15,200	30.0	5,800	76.5	14,800	49.6	9,600
Deschutes	85.5	115,800	41.0	55,600	85.9	116,300	48.4	65,500
Douglas	76.2	67,900	31.8	28,300	77.7	69,200	56.0	49,900
Grant	81.4	5,000	26.8	1,700	66.6	4,100	50.9	3,200
Harney	88.3	5,100	26.1	1,500	85.0	4,900	--	--
Hood River	82.7	15,300	37.7	7,000	82.0	15,200	51.6	9,600
Jackson	80.8	136,200	35.7	60,200	82.3	138,600	54.8	92,300
Jefferson	83.0	14,500	26.0	4,500	70.6	12,300	39.7	6,900
Josephine	78.0	53,100	34.0	23,200	79.1	53,900	56.3	38,400
Klamath	80.3	42,800	33.0	17,600	76.7	40,900	54.7	29,100
Lake	80.6	5,400	20.7	1,400	69.6	4,600	--	--
Lane	82.9	246,400	37.1	110,200	83.4	247,700	49.9	148,300
Lincoln	77.8	30,800	32.4	12,800	74.8	29,600	50.7	20,100
Linn	81.0	75,800	29.3	27,400	79.5	74,400	51.2	47,900
Malheur	73.3	17,500	24.4	5,800	73.7	17,600	46.6	11,100
Marion	80.5	199,200	29.1	72,100	76.3	188,800	50.5	124,900
Morrow	67.6	5,900	14.9 ^	1,300 ^	73.1	6,300	64.7	5,600
Multnomah	84.0	530,600	42.9	271,000	85.1	537,700	53.1	335,400
North Central ¹	84.4	20,000	31.3	7,400	78.6	18,600	48.5	11,500
Polk	81.0	48,800	31.0	18,700	80.4	48,500	50.8	30,600
Tillamook	81.5	16,900	32.6	6,700	77.5	16,100	56.3	11,700
Umatilla	81.3	47,900	26.1	15,400	72.7	42,800	50.9	30,000
Union	88.8	18,300	29.7	6,100	84.3	17,400	51.5	10,600
Wallowa	81.6	4,700	39.8	2,300	77.0	4,400	63.3	3,600
Washington	84.9	371,800	35.6	156,000	84.9	372,000	51.9	227,200
Wheeler	--	--	--	--	--	--	--	--
Yamhill	80.9	64,400	29.5	23,500	76.7	61,100	47.6	37,900

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

¹ North Central Public Health District includes Gilliam, Sherman and Wasco counties.

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Use unadjusted to estimate the overall prevalence of a protective factor; use age-adjusted to compare among counties.

County	Met CDC guidelines for both aerobic and muscle strengthening activities (%)	
	Unadjusted	Number of adults
Oregon	22.6	717,400
Baker	17.0 ^	2,300 ^
Benton	27.5	20,900
Clackamas	22.3	69,800
Clatsop	26.5	8,100
Columbia	25.4	10,100
Coos	13.8	7,100
Crook	8.5 ^	1,500 ^
Curry	--	--
Deschutes	29.8	40,400
Douglas	18.0	16,000
Grant	14.9 ^	900 ^
Harney	--	--
Hood River	17.2 ^	3,200 ^
Jackson	23.2	39,000
Jefferson	16.7 ^	2,900 ^
Josephine	20.9	14,200
Klamath	19.7	10,500
Lake	--	700
Lane	24.3	72,100
Lincoln	22.7	9,000
Linn	18.8	17,600
Malheur	26.2 ^	6,300 ^
Marion	21.9	54,200
Morrow	--	--
Multnomah	22.5	142,200
North Central ¹	22.8	5,400
Polk	22.2	13,400
Tillamook	22.4 ^	4,600 ^
Umatilla	16.8	9,900
Union	26.1	5,400
Wallowa	23.5 ^	1,400 ^
Washington	25.9	113,300
Wheeler	--	--
Yamhill	20.9	16,600

^ This number may be statistically unreliable and should be interpreted with caution.

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¹ North Central Public Health District includes Gilliam, Sherman and Wasco counties.

Source: Oregon Behavioral Risk Factors Surveillance System 2014-2017 county combined; age-adjusted to the 2000 standard population.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Health risk and protective factors among Oregon adults, by county, 2014-2017.

<https://www.oregon.gov/oha/PH/DiseasesConditions/ChronicDisease/DataReports/Pages/index.aspx>.

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