

Health risk factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall burden of risk factors; use age-adjusted to compare among counties.



| County | Current cigarette smoking (%) | | Heavy drinking within past month ² (%) | | Binge drinking within past month ³ (%) | | High blood cholesterol (%) | |
|----------------------------|-------------------------------|--------------|---|--------------|---|--------------|----------------------------|--------------|
| | Unadjusted | Age-adjusted | Unadjusted | Age-adjusted | Unadjusted | Age-adjusted | Unadjusted | Age-adjusted |
| Oregon | 16.8 | 17.6 | 7.7 | 7.9 | 17.0 | 18.3 | 32.6 | 28.3 |
| Baker | 21.6 | 25.7 | 10.3 ^ | 11.7 ^ | 18.9 | 27.3 | 41.7 ^ | 33.5 ^ |
| Benton | 9.2 | 9.3 | 7.1 | 6.9 | 18.7 | 17.2 | 26.6 | 21.9 |
| Clackamas | 14.9 | 16.0 | 7.7 | 7.6 | 16.4 | 18.2 | 31.9 | 26.3 |
| Clatsop | 21.4 | 23.5 | 9.0 | 8.1 | 15.8 | 18.6 | 38.4 | 30.4 |
| Columbia | 20.5 | 21.0 | 6.6 | 7.5 | 12.6 | 14.1 | 35.9 | 31.5 |
| Coos | 24.7 | 27.6 | 8.3 | 9.5 | 15.9 | 18.3 | 45.1 | 34.7 |
| Crook | 18.8 | 20.3 | 6.1 ^ | 7.0 ^ | 13.8 ^ | 16.9 ^ | 42.3 | 35.0 |
| Curry | 22.4 | 26.8 | 8.0 ^ | 9.0 ^ | 15.8 | 20.3 | 41.4 | 30.5 |
| Deschutes | 14.5 | 15.6 | 9.3 | 9.4 | 18.5 | 20.7 | 31.0 | 25.9 |
| Douglas | 22.2 | 25.1 | 6.6 | 6.6 | 14.2 | 16.7 | 43.3 | 32.9 |
| Grant | 15.2 | 19.4 | -- | -- | 16.7 | 22.7 | 53.1 | 62.9 |
| Harney | 13.8 ^ | 14.1 ^ | -- | -- | 19.3 ^ | 20.8 ^ | 47.7 ^ | 31.6 ^ |
| Hood River | 13.4 | 14.3 | 13.0 | 13.6 | 26.8 | 29.2 | 26.9 | 17.8 |
| Jackson | 20.4 | 22.4 | 8.8 | 9.1 | 17.5 | 20.1 | 37.8 | 32.9 |
| Jefferson | 12.6 | 13.2 | 3.8 ^ | 3.7 ^ | 8.0 ^ | 9.1 ^ | 29.6 ^ | 32.2 ^ |
| Josephine | 23.4 | 27.5 | 8.0 | 7.8 | 14.9 | 17.3 | 39.8 | 30.0 |
| Klamath | 21.5 | 22.0 | 7.4 | 6.4 | 13.1 | 13.8 | 30.2 | 27.7 |
| Lake | 12.3 | 9.5 | -- | -- | 9.4 ^ | 7.5 ^ | -- | -- |
| Lane | 17.6 | 18.5 | 8.8 | 9.3 | 19.8 | 20.7 | 32.9 | 28.0 |
| Lincoln | 23.9 | 28.7 | 11.9 | 11.9 | 16.6 | 20.1 | 34.3 | 26.6 |
| Linn | 18.2 | 19.0 | 5.1 | 5.3 | 11.9 | 13.6 | 32.5 | 27.8 |
| Malheur | 22.8 | 24.3 | 5.8 ^ | 7.1 ^ | 14.2 | 16.4 | 37.6 | 29.9 |
| Marion | 15.5 | 16.0 | 5.5 | 5.5 | 13.5 | 14.0 | 29.3 | 26.6 |
| Morrow | 17.5 ^ | 17.8 ^ | -- | -- | 12.1 ^ | 13.4 ^ | 49.9 ^ | 30.4 ^ |
| Multnomah | 16.9 | 17.1 | 9.4 | 9.5 | 21.0 | 21.0 | 29.8 | 28.9 |
| North Central ¹ | 18.2 | 20.0 | 6.5 ^ | 6.5 ^ | 16.4 | 18.1 | 33.8 | 31.1 |
| Polk | 13.9 | 14.6 | 5.6 | 5.8 | 12.5 | 13.7 | 29.4 | 25.0 |
| Tillamook | 20.8 | 22.2 | 8.7 ^ | 7.8 ^ | 14.4 | 17.0 | 51.0 | 52.2 |
| Umatilla | 19.2 | 19.6 | 6.0 | 5.8 | 15.5 | 16.5 | 36.3 | 33.0 |
| Union | 13.6 | 15.1 | 4.8 ^ | 5.1 ^ | 13.7 | 15.3 | 30.9 | 24.5 |
| Wallowa | 14.7 ^ | 14.4 ^ | 14.0 ^ | 17.6 ^ | 19.2 | 27.7 | 29.2 ^ | 19.7 ^ |
| Washington | 11.4 | 11.5 | 6.0 | 6.0 | 16.3 | 16.6 | 28.0 | 26.4 |
| Wheeler | -- | -- | -- | -- | -- | -- | -- | -- |
| Yamhill | 17.4 | 18.5 | 8.9 | 8.8 | 15.0 | 15.7 | 32.8 | 28.0 |

^ This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

¹ North Central Public Health District includes Gilliam, Sherman and Wasco counties.

² Heavy drinking is consuming an average of more than eight drinks per week for women or more than 15 drinks per week for men during the past month.

³ Binge drinking is consuming five or more drinks for men, or four or more drinks for women, on one occasion.

Health risk factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall burden of risk factors; use age-adjusted to compare among counties.

| County | High blood pressure (%) | | No exercise outside of work within past month (%) | | Prediabetes (%) | | Consumed seven or more sodas per week (%) | |
|----------------------------|-------------------------|--------------|---|--------------|-----------------|--------------|---|--------------|
| | Unadjusted | Age-adjusted | Unadjusted | Age-adjusted | Unadjusted | Age-adjusted | Unadjusted | Age-adjusted |
| Oregon | 29.7 | 26.7 | 18.5 | 17.9 | 10.0 | 9.6 | 12.3 | 13.2 |
| Baker | 37.1 ^ | 24.3 ^ | 21.4 ^ | 15.3 ^ | 4.8 ^ | 2.4 ^ | 9.6 ^ | 11.9 ^ |
| Benton | 24.5 | 23.3 | 11.2 | 11.8 | 8.5 | 8.3 | 9.4 | 9.7 |
| Clackamas | 28.5 | 24.9 | 17.6 | 17.3 | 10.9 | 10.1 | 10.8 | 11.8 |
| Clatsop | 35.8 | 30.1 | 24.5 | 24.3 | 9.4 ^ | 8.8 ^ | 19.9 | 24.8 |
| Columbia | 32.4 | 27.6 | 21.1 | 18.4 | 13.2 | 11.5 | 14.6 | 14.8 |
| Coos | 46.5 | 37.7 | 24.2 | 23.5 | 10.1 | 8.2 | 15.0 | 18.0 |
| Crook | 44.0 | 31.8 | 29.9 | 28.7 | 8.6 ^ | 6.6 ^ | 18.1 ^ | 19.8 ^ |
| Curry | 37.4 | 23.8 | 23.6 | 23.6 | 11.3 ^ | 9.9 ^ | 10.7 ^ | 9.0 ^ |
| Deschutes | 27.8 | 23.8 | 14.1 | 12.9 | 6.5 | 5.7 | 8.9 | 10.2 |
| Douglas | 39.8 | 31.2 | 22.3 | 20.0 | 9.6 | 8.8 | 20.3 | 24.0 |
| Grant | 35.4 | 23.6 | 33.4 | 30.8 | 21.8 ^ | 23.0 ^ | 20.8 ^ | 25.4 ^ |
| Harney | 52.8 | 53.6 | 15.0 ^ | 12.3 ^ | 16.1 ^ | 12.1 ^ | 21.8 ^ | 26.4 ^ |
| Hood River | 15.4 | 13.3 | 18.0 | 19.3 | 12.4 ^ | 12.0 ^ | 29.0 | 30.1 |
| Jackson | 30.3 | 26.5 | 17.7 | 16.5 | 8.7 | 8.9 | 9.2 | 10.0 |
| Jefferson | 29.3 | 27.7 | 29.4 | 29.1 | 16.8 ^ | 15.0 ^ | -- | -- |
| Josephine | 35.3 | 26.7 | 20.9 | 18.7 | 11.3 | 10.4 | 18.9 | 19.8 |
| Klamath | 38.5 | 34.5 | 23.3 | 21.2 | 7.5 | 6.4 | 15.8 | 17.0 |
| Lake | 21.9 ^ | 18.4 ^ | 30.4 | 28.0 | -- | -- | 15.9 ^ | 20.7 ^ |
| Lane | 26.4 | 23.9 | 16.7 | 15.5 | 8.5 | 7.9 | 14.8 | 16.0 |
| Lincoln | 36.6 | 29.1 | 25.2 | 24.3 | 13.7 | 12.0 | 11.8 ^ | 20.3 ^ |
| Linn | 31.7 | 28.8 | 20.5 | 19.2 | 14.8 | 14.0 | 13.2 | 14.0 |
| Malheur | 44.1 | 40.9 | 26.3 | 26.2 | 16.8 ^ | 16.5 ^ | 22.6 ^ | 25.4 ^ |
| Marion | 33.8 | 31.9 | 23.7 | 23.6 | 9.8 | 10.0 | 15.6 | 16.5 |
| Morrow | 41.5 | 26.1 | 26.9 ^ | 20.0 ^ | -- | -- | -- | -- |
| Multnomah | 25.1 | 25.5 | 14.9 | 15.1 | 9.6 | 9.9 | 8.6 | 8.7 |
| North Central ¹ | 18.5 | 14.9 | 21.4 | 20.8 | 10.5 ^ | 9.9 ^ | 10.2 ^ | 10.4 ^ |
| Polk | 32.8 | 30.3 | 19.6 | 18.1 | 9.2 | 8.6 | 8.9 | 9.5 |
| Tillamook | 43.4 | 34.2 | 22.5 | 25.5 | 11.0 ^ | 10.4 ^ | -- | -- |
| Umatilla | 28.7 | 27.0 | 27.3 | 26.5 | 13.4 | 13.9 | 18.8 | 19.7 |
| Union | 28.1 | 21.2 | 15.8 | 15.8 | 4.8 ^ | 4.1 ^ | 13.5 | 13.6 |
| Wallowa | 31.3 ^ | 22.0 ^ | 23.0 | 20.9 | 18.9 ^ | 12.6 ^ | 25.8 ^ | 28.1 ^ |
| Washington | 24.9 | 24.2 | 15.1 | 15.0 | 9.9 | 9.8 | 10.2 | 10.4 |
| Wheeler | -- | -- | -- | -- | -- | -- | -- | -- |
| Yamhill | 33.0 | 28.5 | 23.3 | 23.1 | 9.9 | 10.2 | 13.7 | 14.6 |

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¹ North Central Public Health District includes Gilliam, Sherman and Wasco counties.

Health risk factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall burden of risk factors; use age-adjusted to compare among counties.

| County | Obese (%) | | Overweight (%) | |
|----------------------------|------------|--------------|----------------|--------------|
| | Unadjusted | Age-adjusted | Unadjusted | Age-adjusted |
| Oregon | 28.6 | 28.6 | 34.0 | 33.6 |
| Baker | 33.7 | 37.6 | 31.5 | 24.7 |
| Benton | 21.6 | 23.7 | 28.9 | 30.2 |
| Clackamas | 27.8 | 27.5 | 35.5 | 35.1 |
| Clatsop | 27.4 | 27.7 | 39.5 | 40.4 |
| Columbia | 31.9 | 30.1 | 31.6 | 30.4 |
| Coos | 38.0 | 38.3 | 33.2 | 31.3 |
| Crook | 31.7 | 31.5 | 41.8 | 42.2 |
| Curry | 31.9 | 33.4 | 36.9 | 37.3 |
| Deschutes | 21.8 | 21.4 | 35.3 | 34.9 |
| Douglas | 33.7 | 32.7 | 33.0 | 31.4 |
| Grant | 36.5 | 34.3 | 36.3 | 31.6 |
| Harney | 35.0 | 39.2 | 36.6 | 30.2 |
| Hood River | 26.7 | 26.7 | 33.0 | 32.3 |
| Jackson | 26.5 | 26.1 | 34.9 | 34.7 |
| Jefferson | 40.6 | 42.2 | 32.4 | 30.6 |
| Josephine | 32.2 | 34.2 | 30.5 | 27.5 |
| Klamath | 28.5 | 28.4 | 37.1 | 36.9 |
| Lake | 27.4 | 23.5 | 50.2 | 53.6 |
| Lane | 27.1 | 27.3 | 34.2 | 33.9 |
| Lincoln | 33.0 | 31.5 | 33.7 | 33.4 |
| Linn | 34.9 | 35.2 | 34.3 | 33.6 |
| Malheur | 38.4 | 37.0 | 35.8 | 37.8 |
| Marion | 33.2 | 33.8 | 36.4 | 36.4 |
| Morrow | 37.1 | 39.1 | 46.5 | 45.3 |
| Multnomah | 23.2 | 23.4 | 31.7 | 31.8 |
| North Central ¹ | 31.1 | 33.7 | 35.5 | 31.6 |
| Polk | 34.7 | 36.4 | 31.9 | 31.0 |
| Tillamook | 31.2 | 31.1 | 34.1 | 30.8 |
| Umatilla | 35.9 | 36.1 | 36.5 | 36.1 |
| Union | 36.6 | 37.3 | 32.2 | 32.2 |
| Wallowa | 23.8 | 16.4 | 33.7 | 29.7 |
| Washington | 28.6 | 28.8 | 34.0 | 33.9 |
| Wheeler | -- | -- | -- | -- |
| Yamhill | 33.5 | 33.3 | 35.7 | 35.7 |

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¹ North Central Public Health District includes Gilliam, Sherman and Wasco counties.

² One or more risk factors includes current cigarette smoking, current smokeless tobacco user, high blood pressure, high blood cholesterol, obese or no physical activity outside of work within past month.

Source: Oregon Behavioral Risk Factors Surveillance System 2014-2017 county combined; age-adjusted to the 2000 standard population.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Health risk and protective factors among Oregon adults, by county, 2014-2017.

<https://www.oregon.gov/oha/PH/DiseasesConditions/ChronicDisease/DataReports/Pages/index.aspx>.

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