

## Health risk factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall burden of risk factors; use age-adjusted to compare among counties.



County	Current cigarette smoking (%)		Heavy drinking within past month <sup>2</sup> (%)		Binge drinking within past month <sup>3</sup> (%)		High blood cholesterol (%)	
	Unadjusted	Number of adults	Unadjusted	Number of adults	Unadjusted	Number of adults	Unadjusted	Number of adults
Oregon	16.8	534,900	7.7	246,200	17.0	539,300	32.6	1,036,100
Baker	21.6	2,900	10.3 ^	1,400 ^	18.9	2,500	41.7 ^	5,500 ^
Benton	9.2	7,000	7.1	5,400	18.7	14,200	26.6	20,200
Clackamas	14.9	46,500	7.7	24,200	16.4	51,300	31.9	99,800
Clatsop	21.4	6,500	9.0	2,800	15.8	4,800	38.4	11,700
Columbia	20.5	8,200	6.6	2,600	12.6	5,000	35.9	14,200
Coos	24.7	12,600	8.3	4,300	15.9	8,100	45.1	23,100
Crook	18.8	3,200	6.1 ^	1,000 ^	13.8 ^	2,400 ^	42.3	7,300
Curry	22.4	4,300	8.0 ^	1,500 ^	15.8	3,000	41.4	8,000
Deschutes	14.5	19,700	9.3	12,600	18.5	25,100	31.0	42,000
Douglas	22.2	19,800	6.6	5,800	14.2	12,700	43.3	38,500
Grant	15.2	900	--	300	16.7	1,000	53.1	3,300
Harney	13.8 ^	800 ^	--	400	19.3 ^	1,100 ^	47.7 ^	2,800 ^
Hood River	13.4	2,500	13.0	2,400	26.8	5,000	26.9	5,000
Jackson	20.4	34,400	8.8	14,900	17.5	29,400	37.8	63,600
Jefferson	12.6	2,200	3.8 ^	700 ^	8.0 ^	1,400 ^	29.6 ^	5,200 ^
Josephine	23.4	15,900	8.0	5,500	14.9	10,200	39.8	27,100
Klamath	21.5	11,400	7.4	3,900	13.1	7,000	30.2	16,100
Lake	12.3	800	--	400	9.4 ^	600 ^	--	--
Lane	17.6	52,400	8.8	26,200	19.8	58,900	32.9	97,700
Lincoln	23.9	9,500	11.9	4,700	16.6	6,600	34.3	13,600
Linn	18.2	17,100	5.1	4,700	11.9	11,200	32.5	30,400
Malheur	22.8	5,500	5.8 ^	1,400 ^	14.2	3,400	37.6	9,000
Marion	15.5	38,400	5.5	13,500	13.5	33,300	29.3	72,500
Morrow	17.5 ^	1,500 ^	--	100	12.1 ^	1,000 ^	49.9 ^	4,300 ^
Multnomah	16.9	106,900	9.4	59,700	21.0	132,800	29.8	188,300
North Central <sup>1</sup>	18.2	4,300	6.5 ^	1,500 ^	16.4	3,900	33.8	8,000
Polk	13.9	8,400	5.6	3,400	12.5	7,600	29.4	17,700
Tillamook	20.8	4,300	8.7 ^	1,800 ^	14.4	3,000	51.0	10,600
Umatilla	19.2	11,300	6.0	3,500	15.5	9,200	36.3	21,400
Union	13.6	2,800	4.8 ^	1,000 ^	13.7	2,800	30.9	6,400
Wallowa	14.7 ^	800 ^	14.0 ^	800 ^	19.2	1,100	29.2 ^	1,700 ^
Washington	11.4	50,100	6.0	26,400	16.3	71,500	28.0	122,500
Wheeler	--	--	--	0	--	--	--	--
Yamhill	17.4	13,800	8.9	7,100	15.0	11,900	32.8	26,100

<sup>^</sup> This number may be statistically unreliable and should be interpreted with caution.

-- This number is suppressed because it is statistically unreliable.

<sup>1</sup> North Central Public Health District includes Gilliam, Sherman and Wasco counties.

<sup>2</sup> Heavy drinking is consuming an average of more than eight drinks per week for women or 15 drinks per week for men during the past month.

<sup>3</sup> Binge drinking is consuming five or more drinks for men, or four or more drinks for women, on one occasion.

## Health risk factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall burden of risk factors; use age-adjusted to compare among counties.

County	High blood pressure (%)		No exercise outside of work within past month (%)		Prediabetes (%)		Consumed seven or more sodas per week (%)	
	Unadjusted	Number of adults	Unadjusted	Number of adults	Unadjusted	Number of adults	Unadjusted	Number of adults
Oregon	29.7	943,800	18.5	588,300	10.0	316,500	12.3	391,500
Baker	37.1 ^	4,900 ^	21.4 ^	2,800 ^	4.8 ^	600 ^	9.6 ^	1,300 ^
Benton	24.5	18,600	11.2	8,500	8.5	6,400	9.4	7,100
Clackamas	28.5	89,400	17.6	55,000	10.9	34,000	10.8	33,800
Clatsop	35.8	10,900	24.5	7,500	9.4 ^	2,900 ^	19.9	6,100
Columbia	32.4	12,900	21.1	8,400	13.2	5,200	14.6	5,800
Coos	46.5	23,800	24.2	12,400	10.1	5,100	15.0	7,700
Crook	44.0	7,600	29.9	5,100	8.6 ^	1,500 ^	18.1 ^	3,100 ^
Curry	37.4	7,200	23.6	4,600	11.3 ^	2,200 ^	10.7 ^	2,100 ^
Deschutes	27.8	37,600	14.1	19,100	6.5	8,700	8.9	12,000
Douglas	39.8	35,400	22.3	19,900	9.6	8,600	20.3	18,100
Grant	35.4	2,200	33.4	2,100	21.8 ^	1,400 ^	20.8 ^	1,300 ^
Harney	52.8	3,100	15.0 ^	900 ^	16.1 ^	900 ^	21.8 ^	1,300 ^
Hood River	15.4	2,900	18.0	3,300	12.4 ^	2,300 ^	29.0	5,400
Jackson	30.3	51,100	17.7	29,900	8.7	14,700	9.2	15,500
Jefferson	29.3	5,100	29.4	5,100	16.8 ^	2,900 ^	--	--
Josephine	35.3	24,000	20.9	14,300	11.3	7,700	18.9	12,900
Klamath	38.5	20,500	23.3	12,400	7.5	4,000	15.8	8,400
Lake	21.9 ^	1,500 ^	30.4	2,000	--	--	15.9 ^	1,100 ^
Lane	26.4	78,400	16.7	49,500	8.5	25,100	14.8	43,900
Lincoln	36.6	14,500	25.2	10,000	13.7	5,400	11.8 ^	4,700 ^
Linn	31.7	29,600	20.5	19,200	14.8	13,800	13.2	12,300
Malheur	44.1	10,500	26.3	6,300	16.8 ^	4,000 ^	22.6 ^	5,400 ^
Marion	33.8	83,600	23.7	58,600	9.8	24,300	15.6	38,600
Morrow	41.5	3,600	26.9 ^	2,300 ^	--	--	--	--
Multnomah	25.1	158,800	14.9	93,900	9.6	60,400	8.6	54,100
North Central <sup>1</sup>	18.5	4,400	21.4	5,100	10.5 ^	2,500 ^	10.2 ^	2,400 ^
Polk	32.8	19,800	19.6	11,800	9.2	5,600	8.9	5,400
Tillamook	43.4	9,000	22.5	4,700	11.0 ^	2,300 ^	--	--
Umatilla	28.7	16,900	27.3	16,100	13.4	7,900	18.8	11,100
Union	28.1	5,800	15.8	3,300	4.8 ^	1,000 ^	13.5	2,800
Wallowa	31.3 ^	1,800 ^	23.0	1,300	18.9 ^	1,100 ^	25.8 ^	1,500 ^
Washington	24.9	109,000	15.1	66,000	9.9	43,400	10.2	44,800
Wheeler	--	--	--	--	--	--	--	--
Yamhill	33.0	26,200	23.3	18,500	9.9	7,900	13.7	10,900

^ This number may be statistically unreliable and should be interpreted with caution.

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<sup>1</sup> North Central Public Health District includes Gilliam, Sherman and Wasco counties.

## Health risk and protective factors among Oregon adults, by county, 2014-2017

Use unadjusted to estimate the overall burden of risk factors; use age-adjusted to compare among counties.

County	Obese (%)		Overweight (%)	
	Unadjusted	Number of adults	Unadjusted	Number of adults
Oregon	28.6	910,400	34.0	1,082,500
Baker	33.7	4,500	31.5	4,200
Benton	21.6	16,400	28.9	21,900
Clackamas	27.8	87,000	35.5	111,100
Clatsop	27.4	8,400	39.5	12,100
Columbia	31.9	12,700	31.6	12,600
Coos	38.0	19,400	33.2	17,000
Crook	31.7	5,500	41.8	7,200
Curry	31.9	6,200	36.9	7,100
Deschutes	21.8	29,600	35.3	47,800
Douglas	33.7	30,000	33.0	29,300
Grant	36.5	2,300	36.3	2,200
Harney	35.0	2,000	36.6	2,100
Hood River	26.7	4,900	33.0	6,100
Jackson	26.5	44,700	34.9	58,700
Jefferson	40.6	7,100	32.4	5,700
Josephine	32.2	21,900	30.5	20,800
Klamath	28.5	15,200	37.1	19,800
Lake	27.4	1,800	50.2	3,300
Lane	27.1	80,500	34.2	101,600
Lincoln	33.0	13,100	33.7	13,400
Linn	34.9	32,600	34.3	32,100
Malheur	38.4	9,200	35.8	8,600
Marion	33.2	82,200	36.4	90,100
Morrow	37.1	3,200	46.5	4,000
Multnomah	23.2	146,300	31.7	200,100
North Central <sup>1</sup>	31.1	7,300	35.5	8,400
Polk	34.7	20,900	31.9	19,200
Tillamook	31.2	6,500	34.1	7,100
Umatilla	35.9	21,100	36.5	21,500
Union	36.6	7,600	32.2	6,600
Wallowa	23.8	1,400	33.7	1,900
Washington	28.6	125,300	34.0	148,700
Wheeler	--	400	--	--
Yamhill	33.5	26,700	35.7	28,400

<sup>^</sup> This number may be statistically unreliable and should be interpreted with caution.

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<sup>1</sup> North Central Public Health District includes Gilliam, Sherman and Wasco counties.

<sup>2</sup> One or more risk factors includes current cigarette smoking, current smokeless tobacco user, high blood pressure, high blood cholesterol, obese or no physical activity outside of work within past month.

Source: Oregon Behavioral Risk Factors Surveillance System 2014-2017 county combined; age-adjusted to the 2000 standard population.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Health risk and protective factors among Oregon adults, by county, 2014-2017.

<https://www.oregon.gov/oha/PH/DiseasesConditions/ChronicDisease/DataReports/Pages/index.aspx>.

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