

## Chronic diseases among Oregon adults by sexual orientation, 2014-2017

Use unadjusted percentages to estimate the overall burden of chronic diseases; use age-adjusted percentages to compare between gay, lesbian, bisexual and heterosexual adult populations.



	Gay		Bisexual		Heterosexual	
	Unadjusted (%)	Age-Adjusted (%)	Unadjusted (%)	Age-Adjusted (%)	Unadjusted (%)	Age-Adjusted (%)
<b>Men</b>						
Arthritis	20.1	21.6	17.9	22.5	23.5	21.1
Asthma	16.3	16.2	10.5	9.5	7.9	8.0
Cancer <sup>1</sup>	9.0	9.9	4.9 <sup>^</sup>	5.7 <sup>^</sup>	6.8	5.8
Cardiovascular Disease <sup>2</sup>	9.9	10.3	7.4	9.1	9.6	8.2
Chronic obstructive pulmonary disease (COPD)	6.5	6.7	5.4	5.8	5.5	5.0
Coronary heart disease (or angina)	4.7	5.2	3.4 <sup>^</sup>	4.3 <sup>^</sup>	5.0	4.2
Depression	35.9	36.1	45.3	42.2	18.0	18.2
Diabetes	10.8	11.8	8.8	11.7	10.6	9.3
Heart Attack	7.5	7.7	5.4 <sup>^</sup>	6.7 <sup>^</sup>	5.4	4.6
Stroke	3.2 <sup>^</sup>	3.2 <sup>^</sup>	5.4 <sup>^</sup>	6.5 <sup>^</sup>	3.2	2.7
One or more chronic diseases <sup>3</sup>	59.0	59.9	64.9	64.9	50.2	47.3

<sup>^</sup> This number may be statistically unreliable and should be interpreted with caution.

<sup>1</sup> Excludes non-malignant skin cancers.

<sup>2</sup> Cardiovascular disease includes coronary heart disease, heart attack or stroke.

<sup>3</sup> One or more chronic diseases includes arthritis, asthma, cancer, COPD, coronary heart disease, depression, diabetes, heart attack or stroke.

## Chronic diseases among Oregon adults by sexual orientation, 2014-2017

Use unadjusted percentages to estimate the overall burden of chronic diseases; use age-adjusted percentages to compare between gay, lesbian, bisexual and heterosexual adult populations.

	Lesbian		Bisexual		Heterosexual	
	Unadjusted (%)	Age-Adjusted (%)	Unadjusted (%)	Age-Adjusted (%)	Unadjusted (%)	Age-Adjusted (%)
<b>Women</b>						
Arthritis	34.6	35.1	23.9	37.9	32.0	27.0
Asthma	20.0	19.7	20.2	18.9	13.2	13.4
Cancer <sup>1</sup>	10.6	10.6	6.3	8.9	9.9	8.5
Cardiovascular Disease <sup>2</sup>	6.3	6.2	4.5	9.0	7.4	6.0
Chronic obstructive pulmonary disease (COPD)	6.9	7.0	8.5	11.1	7.0	6.1
Coronary heart disease (or angina)	3.0^	3.0^	1.6^	2.8^	3.3	2.6
Depression	51.0	51.2	56.4	54.8	30.1	30.8
Diabetes	9.8	9.4	5.2	9.6	9.3	7.8
Heart Attack	2.9^	2.7^	2.5	4.1	3.2	2.5
Stroke	1.9^	1.8^	1.8^	3.8^	3.2	2.6
One or more chronic diseases <sup>3</sup>	77.3	77.1	70.6	75.6	61.6	57.9

^ This number may be statistically unreliable and should be interpreted with caution.

<sup>1</sup> Excludes non-malignant skin cancers.

<sup>2</sup> Cardiovascular disease includes coronary heart disease, heart attack or stroke.

<sup>3</sup> One or more chronic diseases includes arthritis, asthma, cancer, COPD, coronary heart disease, depression, diabetes, heart attack or stroke.

Source: Oregon Behavioral Risk Factors Surveillance System 2014-2017; age-adjusted to the 2000 standard population.

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Chronic diseases among Oregon adults by sexual orientation, 2014-2017. <https://www.oregon.gov/oha/PH/DiseasesConditions/ChronicDisease/DataReports/Pages/index.aspx>.

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