

## Cancers and significant associated modifiable risk factors

Cancers have many risk factors. Common risk factors include age, heredity, modifiable lifestyle behaviors, and environmental exposures. This table includes cancers associated with some common modifiable lifestyle behavioral risk factors.

Cancer Type	Tobacco <sup>1</sup>	Alcohol <sup>2</sup>	Obesity <sup>3</sup>	Physical Inactivity <sup>4</sup>
Colorectal	✓	✓	✓	✓ (Colon only)
Liver	✓	✓	✓	
Esophagus	✓	✓	✓	
Female Breast		✓	✓ (Post-menopausal women)	✓ (Post-menopausal women)
Oral cavity and pharynx	✓	✓		
Larynx	✓	✓		
Kidney and Renal Pelvis	✓		✓	
Pancreas	✓		✓	
Stomach	✓		✓ (upper stomach only)	
Corpus and Uterus, NOS			✓	✓
Acute Myeloid Leukemia	✓			
Bladder	✓			
Cervix	✓			
Lung, bronchus and Trachea	✓			
Meningioma			✓	
Multiple Myeloma			✓	
Ovaries			✓	
Thyroid			✓	
Gallbladder			✓	

For more information and risk factors associated cancer incidence and mortality rate, go to <http://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/CHRONICDISEASE/CANCER/OSCAR/Pages/pubs.aspx>

### Sources:

1 Centers for Disease Control and Prevention. (2016). Cancer and Tobacco Use. Retrieved from <https://www.cdc.gov/vitalsigns/cancerandtobacco/>

2 Centers for Disease Control and Prevention. (2018). Alcohol and Cancer. Retrieved from <https://www.cdc.gov/cancer/alcohol/>

3 Centers for Disease Control and Prevention. (2017). Cancer and Obesity. Retrieved from <https://www.cdc.gov/vitalsigns/obesity-cancer/index.html>

4 Centers for Disease Control and Prevention. (2017). Predefined SEER\* Stat Variables for Calculating the Number of Associated Cancers for Selected Risk Factors. Retrieved from <https://www.cdc.gov/cancer/npcr/pdf/public-use/predefined-seer-stat-variables.pdf>

Suggested citation: Oregon Health Authority, Public Health Division, Health Promotion and Chronic Disease Prevention section. Cancers and its Significant Modifiable Risk Factors.

<http://www.oregon.gov/oha/PH/DISEASES/CONDITIONS/CHRONICDISEASE/CANCER/OSCAR/Pages/pubs.aspx>. Created April 13, 2018. Accessed [DOWNLOAD DATE].