

Health Systems Resources

Evidence-Based Strategies for Reducing Tobacco Use, A Guide for CCOs: This guide is a resource to help CCOs think through their approach to reducing tobacco use. CCOs play an important role in helping their members quit, including: accurate assessment of member tobacco use status; benefit design (expanding coverage and reducing barriers); benefit promotion; implementing tobacco-free campus policies; and fostering partnerships with local public health agencies and other community stakeholders to create tobacco-free community environments.

https://www.oregon.gov/oha/PH/PREVENTIONWELLNESS/TOBACCPREVENTION/Documents/evidence-based_strategies_reduce_tob_use_guide_cco.pdf

Tobacco Cessation Coverage Standards: Recommendations listed in this resource are based on the *Treating Tobacco Use and Dependence: 2008 Update. Clinical Practice Guideline*, sponsored by the U.S. Public Health Service.

https://public.health.oregon.gov/PreventionWellness/TobaccoPrevention/Documents/tob_cessation_coverage_standards.pdf

Treating Tobacco Dependence Practice Manual: A Systems-Change Approach: This manual from the American Academy of Family Physicians takes a step-by-step approach in assessing tobacco cessation activities and implementing a system to ensure that tobacco use is systematically assessed and treated at every clinical encounter.

http://www.aafp.org/dam/AAFP/documents/patient_care/tobacco/practice-manual.pdf

Final Recommendation Statement on Tobacco Smoking Cessation in Adults: The U.S. Preventive Services Task Force provides evidence-based recommendations for health providers, payers and other health care organizations. These recommendations provide detailed clinical guidelines for screening and treating tobacco use in adults, including pregnant women. Among other resources, the guidelines link to the 5 A's assessment tool.

<https://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/tobacco-use-in-adults-and-pregnant-women-counseling-and-interventions1>

The Community Guide to Preventive Services: Tobacco: The Community Guide is a collection of evidence-based findings from the Community Preventive Services Task Force. This is a tool that can be used with health system partners to identify community-based interventions that work and are cost-effective.

<https://www.thecommunityguide.org/topic/tobacco>

Tobacco-Related Chronic Disease Initiatives: Oregon offers a variety of self-management programs to promote taking control and living healthier, including:

- Living Well with Chronic Conditions
- Tomando Control de su Salud
- Oregon Tobacco Quit Line
- Cancer Thriving and Surviving

- National Diabetes Prevention Program
- Diabetes Self-Management Education Program
- Walk With Ease

<https://public.health.oregon.gov/PreventionWellness/SelfManagement/Pages/index.aspx>

Community-Clinical Linkages for the Prevention and Control of Chronic Diseases: This guide describes how LPHAs can lead multisector efforts to establish and maintain strategic partnerships within community and clinical partners, contribute infrastructure and capacity, provide a population-based perspective, inform partners about the latest evidence-based approaches, and link and align local and state efforts to national initiatives, such as Million Hearts®.

<https://www.cdc.gov/dhdsp/pubs/docs/ccl-practitioners-guide.pdf>