

## **PSU Smoking/Tobacco Policy Timeline**

Original policy (1996) prohibited smoking in all PSU buildings (minus housing) as well as within 10 feet of all doorways, air intake vents and operable windows. Advertisement of any tobacco products was also prohibited. Policy was updated in the 2000's and the distance that smoking is prohibited increased from 10 feet to 20 feet.

### **2006**

1. In response to complaints and concerns expressed to the University Safety Committee in early 2006 from PSU community members in regard to smoking on campus, a Smoking/Tobacco Policy Committee was created as a subcommittee to engage in an extensive evaluation of the issue at PSU. The committee included faculty from both Community Health and Biology, managers representing Auxiliary Services including Residence Life, Environmental Health & Safety (EH&S) staff, Student Health & Counseling (SHAC) staff, students, external stake holders (American Lung Association, Multnomah County Health Dept. and NARA), as well as both smoking and non-smoking individuals.
  - a. Benchmarking – Contacted all Oregon colleges and universities as well as five urban sister schools to gain understanding of their policies, procedures, and trends as it relates to smoking and tobacco use on their campuses.
  - b. Literature Review/Best Practices.
  - c. Review of Oregon state laws.

### **2007**

1. Campus Wide Web-based Survey
  - a. A survey was developed and distributed via email to all students, staff and faculty during Winter term.
    - i. Survey data was collected for a 27 day period from Tuesday, February 13, 2007 through Sunday March 11, 2007.
    - ii. Survey sought to learn the opinions of the PSU community in regards to the current PSU smoking policy content and its implementation, as well as opinions regarding the future PSU policy content and its implementation.
  - b. 8.7% response rate with 2,104 surveys returned.

### **2008**

1. Smoke free housing was established – leasing language was modified to reflect the change.
2. The student store in SMSU stopped selling tobacco products.
3. Wall mounted ash receptacles were removed.

## 2009

1. PSU adopted an updated policy with the key following additions:
  - a. Smoking is prohibited in all university buildings, balconies, overhead walk ways, stairwells, vehicles, parking garages and any other enclosed areas owned or leased by Portland State University.
  - b. The sale and distribution of any tobacco products are prohibited in PSU facilities.
  - c. Leasing agreements between PSU and community partners will incorporate the smoking policy into the rules and regulations attached to the lease agreement.
  - d. Smoking is prohibited in any area of University Housing, both private and common, including entryways. This policy applies to all residents, guests and staff.
  - e. In order for buildings at PSU to qualify for LEED certifications, smoking is prohibited within 25 feet from entrances and exits, air intake vents, and operable windows of buildings.
  - f. Smoking of noncommercial tobacco products for ceremonial purposes is permitted in spaces designated for traditional ceremonies in accordance with the American Indian Religious Freedom Act (42 U.S.C. 1996).
2. PSU built a custom designed smoking shelter on campus between Cramer Hall and Lincoln Hall in an effort to move smokers away from covered walk ways.

## 2010

1. Urban plaza became the first smoke free large outdoor area.
2. The student made benches under the covered walk way at the Library were taken out and replaced with bike racks in an effort to mitigate the crowd of smokers at the top of the stairs leading to the library main entrance.

## 2011

The Vice President of Enrollment Management and Student Affairs requested the Healthy Campus Initiative Committee re-evaluate the 2009 smoking policy and provide recommendations on potential revisions, including enforcement and an educational campaign.

The PSU smoking policy evaluation process was based on previous work done in 2007 and included a work committee, review of relevant literature to frame the significance of this effort, the development of an institutional survey, review of external policies and trends, engagement of campus community in dialogue; and the development of a policy framework and implementation strategy.

1. Joined the Multnomah County Tobacco Prevention Network
  - a. The Coalition is made up of concerned citizens, advocates and community-based organizations committed to reducing tobacco use and exposure in Multnomah County.

- b. The Coalition is a community action group dedicated to preventing tobacco-related illness and deaths. The Coalition pursues and promotes projects that prevent and reduce tobacco use through advocacy and education.

## 2012

1. Campus Wide Web-based survey
  - a. The 2007 smoking policy survey was slightly revised to be used in the 2012 evaluation.
    - i. Survey data was collected for a 44 day period from Monday January 9<sup>th</sup>, 2012 through Thursday February 23<sup>rd</sup>, 2012.
  - b. There were 4,005 surveys returned.

## 2013

1. January 1, 2013 – Clean Air Corridor Launched
  - a. Designated pollution free zone on campus (Corridor running from Shattuck Hall to Lincoln Hall).
  - b. The one designated smoking shelter on campus between Cramer Hall and Lincoln Hall was converted to a covered bike shelter.
  - c. Standing ash receptacles removed from the Clean Air Corridor.
2. PSU joined the Fresh Air Challenge - The Fresh Air Campus Challenge was an invitation from state and national health officials to all colleges and universities in the Northwest to launch a sustained and organized effort to achieve a smoke- or tobacco-free campus policy by 2016.
3. February 28, 2013 – PSU hosted the official launch of the Northwest Fresh Air Campus Challenge. Speakers included Howard Koh, M.D., M.P.H., Assistant Secretary for Health, U.S. Department of Health & Human Services and RADM Patrick O'Carroll, M.D., M.P.H., Regional Health Administrator, Region X, U.S. Department of Health & Human Services.
4. Began work with the city in regards to the development of a park rule that would declare the PSU park blocks smoke and tobacco free.
5. Began conversations with the Downtown Neighborhood Association to gain their support in a smoke and tobacco free campus.

## 2014

1. Began drafting the updated policy – a smoke and tobacco free campus
  - a. Key changes include the following
    - i. Park Rule prohibits smoking and tobacco use of any kind in the South Park Blocks between SW Market and Jackson Streets.
    - ii. Effective September 2015, all new leasing agreements between PSU and community partners will incorporate the smoke and tobacco free policy into the rules and regulations attached to the lease agreement. Any amendments negotiated to existing agreements will be adjusted by PSU to reflect the policy.

- b. Letter of support collected from:
  - i. Multnomah County Health Department
  - ii. Downtown Neighborhood Association
  - iii. Upstream Public Health
  - iv. Q Center
- c. November 2014 – Policy goes to open comment.
- d. December 2014 – Policy is accepted and signed by the President.
- e. Academic year 2014-2015 – Implementation time line with a projected policy launch date of September 2015.