



HEALTH PROMOTION AND CHRONIC DISEASE PREVENTION

Grantee In-Person Trainings 2015-2016

Building and Supporting Effective Self-Management Referral Systems

December 1, 2015

Eugene, Oregon – Valley River Inn

AGENDA

9:00	Welcome: Introductions, Agenda Review, and Opening Ice Breaker
9:15	Understanding Cultural Differences between Public Health and Health Systems <i>Cultural assessment activity & sharing of insights</i>
10:30-10:45	Break
10:45	Planning Effective Self-Management Referral Systems <i>Closed loop referral processes</i> <i>Understanding current state and ideas for future state</i>
12:00	Lunch – table conversations
1:00	Quality Improvement (QI) in Health Systems <i>Overview of QI tools for systems development & improvement</i> <i>QI practice session</i>
2:15-2:45	Physical Activity Break
2:45	Communication Styles and Strategies <i>Work session: talking points for differing communication styles</i>
3:45	Engaging Your Partners – 30-60-90 Day Planning
4:15	Wrap-up: 3-2-1 Reflections