

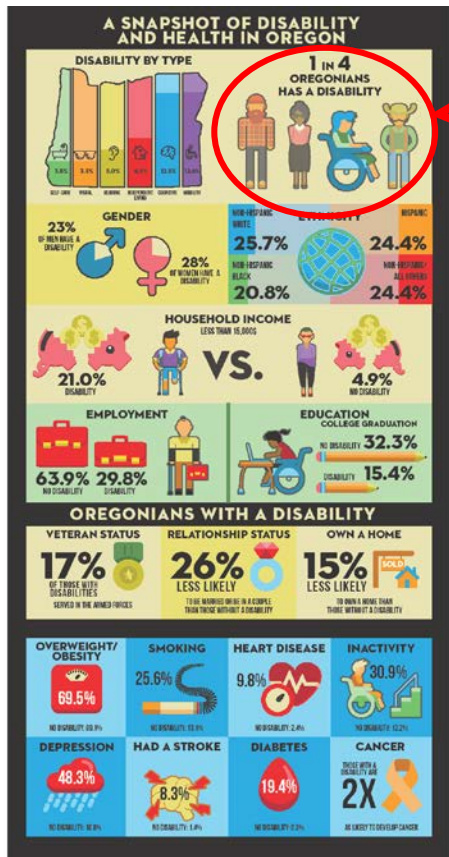


# The Importance of Community Engagement for Success with Health Promotion Programs

Oregon Office on Disability and Health

---

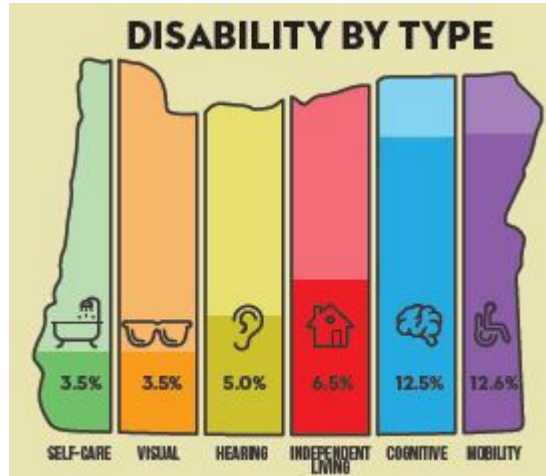
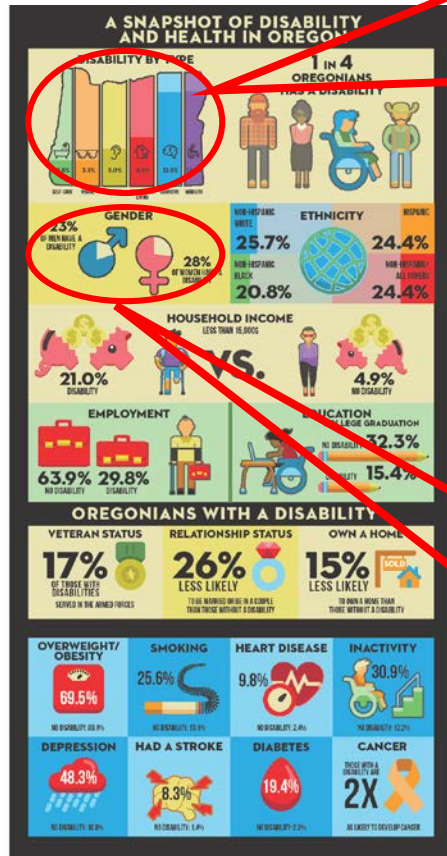
**DATE:** October 30, 2019 **PRESENTED BY:** Erin J. Taylor



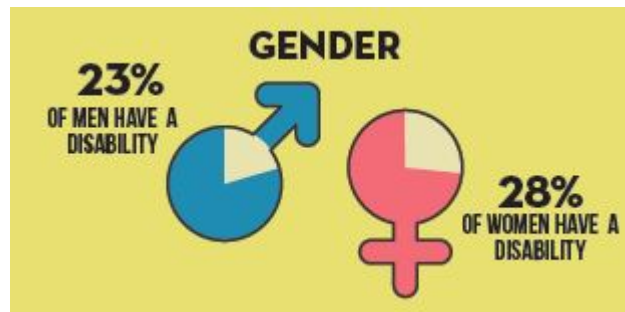
Nearly 1 in 4 Oregonians lives with a disability.

Source: Oregon 2016 BRFSS

# Sociodemographics



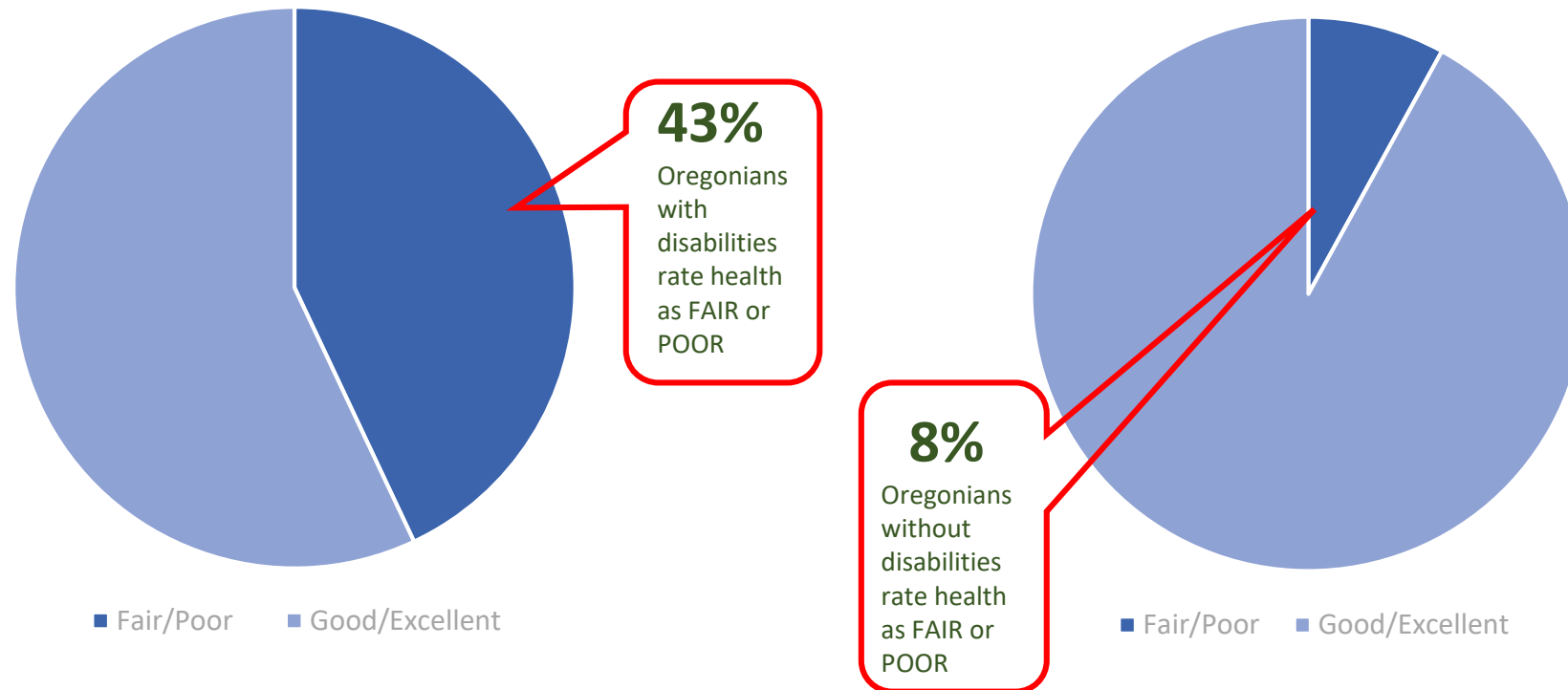
- 13.6% mobility
- 12.5% cognitive
- 6.5% independence
- 5% hearing
- 3.5% vision
- 3.5% self-care



- 23% men have disability
- 28% women have disability

Source: Oregon 2016 BRFSS

# Health Risks among Oregonians living with disability



Nearly 43% Oregonians with disabilities rate their health as fair or poor, compared to 8% of Oregonians without disabilities.

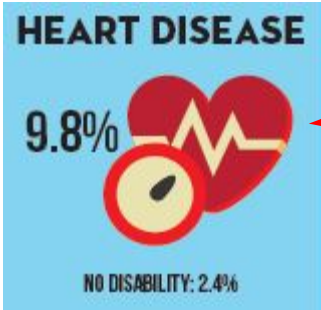
Source: Oregon 2016 BRFSS



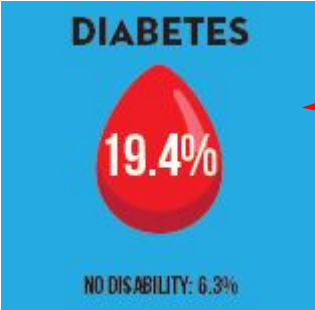
# Oregon living with disability...



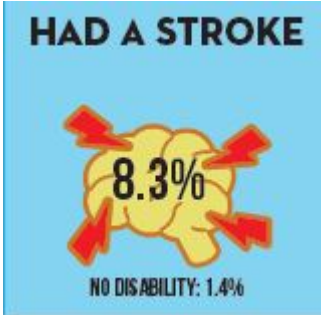
**69.5%**  
have a BMI > 25



**9.8%**  
have heart disease versus 2.4% of general pop



**19.4%**  
have diabetes, versus 6.3% of the general population



**8.3%**  
have had a stroke versus 1.4% of general pop



**48.3%**  
live with depressive disorder versus 19.9% of the general population

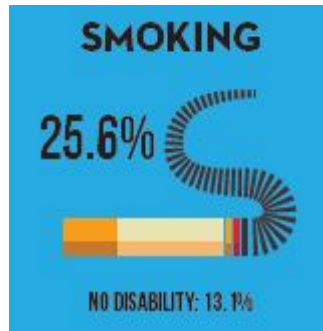


**11.5%**  
have had cancer versus 6.2% of general pop

Source: Oregon 2016 BRFSS

# Risk factors

Oregonians with disabilities are more likely to engage in risky health behaviors



**25.6%**  
are current smokers versus 13.1% of general pop<sup>1</sup>



**30.9%**  
report they did not exercise in the last 30 days<sup>1</sup>



**17.5%**  
fairly often or very often felt difficulties were piling up versus 2.2% of general pop<sup>1</sup>



**More likely to be a victim of violence (32.4 v 21.3%)<sup>2</sup>**

While “the gap in any of these individual indicators may not be dramatic, their cumulative effects are”.<sup>3</sup>

Sources: 1. Oregon 2016 BRFSS

2. Rand, M.R., Harrell, E. (2007). National crime victimization survey: crime against people with disabilities. Bureau of Justice Statistics Special Report, Oct 2009:NCJ 227814.

3. Krahn, G.L., Correa-De-Araujo R. (2015). Persons with Disabilities as an Unrecognized Health Disparity Population. *American Journal of Public Health*, 105(2): S198-S206.