
Together, we can achieve healthy, equitable communities for all

Monica Yellow Owl, Tatiana Dierwechter



Monica Yellow Owl

Behavioral Health Manager

Klamath Tribal Health & Family Services

Youth and Family Guidance Center



Tatiana Dierwechter

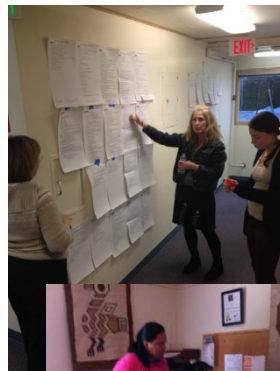
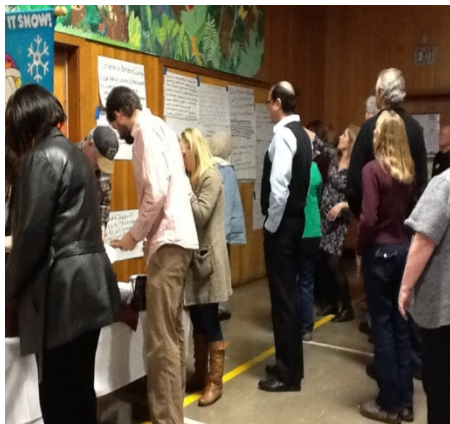
Alcohol and Other Drugs Prevention Manager

Oregon Health Authority-Public Health Division

Health and Equity in All Actions



Engaging and Building Trust



Breaking Down Barriers



Making Healthy Choices Easier Choices



WALK + BIKE
OREGON WALK + BIKE TO SCHOOL

No smoking within 10 feet

State Oregon Smokefree Workplace Law (ORS 319.046) prohibits smoking in workplaces. Oregon's Smokefree Workplace Law (ORS 319.046) prohibits smoking in workplaces.

SMOKEFREE OREGON

Smokefree Property

Get to Know the Local Food System in your County

Research Project: Improving Health Equity through Community Food Systems

Purpose
The purpose of this initiative is to increase participation by the Latino/a community in the organization and planning of the local food systems in Benton, Linn, and Polk counties. In collaboration with families and community partners we aim to increase access to healthy and culturally appropriate foods in our counties.

Local food
Local foods are products that have been planted, harvested and distributed in the town, city or county where you live by local farmers or producers. The information collected will be utilized to inform new programs for the community that help prevent chronic diseases such as diabetes and hypertension.

Why is this Project Important for me and my community?
If Latino/a community members get involved in the local food system in our counties, we would be able to help build sustainable food sources that will eventually lead us to decrease the rates of food insecurity and chronic diseases such as diabetes and hypertension within the Latino/a community.



Project
The Benton County Health Department and the Oregon Food Bank are working together to improve access to the local food systems for more Latino/a families in our counties.

Due to the increase in the Latino/a population in the counties of Benton, Linn, and Polk during the last 10 years, it has become very important that Latino families participate in the local food system. Implementing the local food system may prevent food insecurity, as well as chronic diseases such as diabetes and hypertension which are both related to poor diet.



Community Learning

SOMEVILLE, MA
Benton County Health Department is currently conducting research on the local food system in Benton, Linn, and Polk counties. The information collected will be utilized to inform new programs for the community that help prevent chronic diseases such as diabetes and hypertension.

BENTON COUNTY, OR
Benton County Health Department is currently conducting research on the local food system in Benton, Linn, and Polk counties. The information collected will be utilized to inform new programs for the community that help prevent chronic diseases such as diabetes and hypertension.

Summer Spectacular
Activity Guide

Adult Sports
Fitness is Fun!

www.ci.corvallis.or.us/pr



Intermediate Health Impact Assessment: Traffic Speed on South Third St. Corvallis

Benton County Health Services
August 2013

Community on Salud
Healthy Living

Healthy Kids, Healthy Communities promotes healthy living

In 2000, people living in South Corvallis had the highest rate of obesity in Oregon. Today, South Corvallis has the highest rate of obesity in Oregon. Today, South Corvallis has the highest rate of obesity in Oregon.

Community on Salud
Healthy Living



Community on Salud
Healthy Living

Participate in a local conversation about improving city streets in Corvallis

Date: Tuesday April 2nd, 2013
Time: 5:00pm-6:45pm
Place: Cheldelin Middle School Cafeteria (987 NE Conifer Blvd, Corvallis, OR)

The City of Corvallis is looking for your input in ways that city streets can be designed to better treat storm water, beautify neighborhoods, and provide safer and calmer streets for pedestrians and bicyclists. The City values your input and invites you to share your thoughts on these topics.

The following will provided:
• A light dinner
• Childcare

For more information and to register call Matthew Johnson at 541-766-2100

Community on Salud
Healthy Living

Healthy Kids, Healthy Communities
Healthy Living

Community on Salud
Healthy Living





Contact Information

Monica Yellow Owl

monica.yellowowl@klm.portland.ihs.gov

Tatiana Dierwechter

Tatiana.Dierwechter@dhsosha.state.or.us