## Big "P" Policy: Local Movements for **Healthy Places**

Kirsten Aird & Andrew Epstein HPCDP Policy Leads HPCDP Grantee and Contractor Meeting 2011



#### Today we are going to talk about ...

- Brief legislative recap
  - Participants will know where to go to get the most accurate and up to date information
- What is Big "P" policy and little "p" policy
  - Participants will be able to articulate the difference
- You are the experts. You know how to do this work, and you know your community the best.
  - Participants will identify and share three action steps for Big "P" policy work in the first quarter of their work plan.

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#### 2011 Oregon Legislative Update

- Victory
  - The TPEP budget was protected!
- · HPCDP-related policies that passed
  - Health care transformation
  - Farm to school
  - Prohibiting commercial vehicle idling
  - Definition of a mastectomy updated
  - Require private insurance to cover US Preventive Services Task Force (USPSTF) recommended A and B clinical preventive service



## 2011 Oregon Legislative Update, cont.

- - Indoor Clean Air Act took a big hit
  - HB 2726 grandfathers currently certified smoke shops (may continue operating as smoking lounges, including hookah lounges)
  - Removes stand-alone business requirement for some smoke shops (may operate in a mall or other shared structured)
  - Preemption not added stronger local ordinances may be enacted

To learn more about legislation in the 2011 Session:



## What is Policy?

- A plan or course of action intended to influence and determine decisions, actions and other matters.
  - Big P- set of rules (via statute, ordinance, resolution, or administrative rule) that the public must follow.
  - little p- rules (via volunteer policy) imposed by a nongovernmental body.
- · Buzz Groups (6 minutes)
  - Share what policies you have most recently been working on.
- Which are Big P and little p? · Large Group (6 minutes)
  - Share comments

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#### Big P policy examples

- Affordable Care Act- all Americans are required to have health insurance by 2014.
- State
  - Tax rate on cigarettes and other tobacco products
- All chain restaurants are required to provide nutritional information at point of purchase (menu labeling)
- K-12 tobacco-free school property 24/7
- Tribal
- Navajo smoke free workplace law
- Local jurisdiction (county or city)
  - Tobacco retail licensing
  - Integrating Smart Growth Principles in local planning and transportation planning Health

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#### Little p policy examples

- · Tobacco free hospitals
- · Tobacco free campuses for private businesses
- Worksite vending and food procurement policies
- · HPCDP's healthy meeting policy
- A small convenience store increases healthful food options and moves sugary drinks to a small back corner of the store
- A school principal requires recess for all kids as a way to increase physical activity and implements a safe routes to school program
- A worksite establishes a wellness committee

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#### **Community Program Focus: Big P policy**

- We all work on Big P policies using little p policy efforts as stepping stones.
- You are not preempted from working on the following local policies:
  - Indoor Clean Air Act
  - Tobacco retail licensure
  - Tobacco free public outdoor spaces (parks, fairgrounds, etc.)
  - County or City public building vending and food procurement policies
  - Zoning ordinances for fast food or tobacco retailers
- Oregon needs your expertise, innovation, and vision for moving forward on each of these issues.

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#### **Working on Big P policy**

- Identify and understand the problem
- · Identify the policy solution based on:
  - Evidence to reduce the impact
  - Public acceptability
  - Political feasibility
  - Administrative feasibility
- Involve partners (private and public) and be clear about roles

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## Working on Big P policy

- Know all of the stakeholders and understand their political values
  - Efficiencies (economics): getting the most output for a given input
  - Liberty (free choice): free to do what you want unless it harms other people.
  - Equity (fairness): fair distribution of goods, resources, and services
  - Security (need): minimum needed for survival
- Prepare for what happens after the policy passes, at the beginning of the policy process.

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## Working on Big P policy: Group Activity

- At your table is a bright yellow piece of paper with a Big P policy outcome
- Individual work (5 minutes)
  - What is the community problem?
  - Identify stakeholders and partners in the policy outcome
- What political values support this policy, which may be barriers
- Buzz Groups (5 minutes)
  - Share thoughts
- Large Group (6 minutes)
  - How is this information helpful in trying to change policy?

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#### There is always a way

"When you have exhausted all possibilities, remember this:

you haven't"

Thomas Edison

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# **Take Away Messages**

- Big "P" policy and little "p" policy are both important.
  - Big "P" policy is a priority.
  - Local ordinances and tribal resolutions are great opportunities for innovation that often lead to state and federal laws.
- Leave these two days with your next three steps in your hand so you are ready to go.
- You are the right people!
  - "Believe in something big. Your life is worth a noble motive."

    Walter Anderson

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