



Metropolitan Group

Delivering Your Message With Confidence (and Even some Flair!)

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Session Objectives

- · Learn to deliver your messages quickly and concisely—no matter the context, but especially with media
- · Gain a level of confidence in being a media spokesperson when appropriate
- · Build a strong spokesperson network



There's a reporter on the phone!

Interview the reporter:

- · What is your deadline?
- · What is your angle?
- · How did you hear about this?
- · Who else are you interviewing?
- · When and where will this run?



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What can you give them?

Spokespeople:

- · Who is the best messenger, most credible?
- · Who is closest to the issue?
- · Who is directly involved or impacted?
- · Sometimes it may be you. (Sometimes it may not be you.)

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What can you give them?

Angles and interest points:

- What is the human interest angle?
- · What good visuals or other interesting elements might there be?
- What kind of preparation is needed to maximize results?
 - Prep spokespeople
 - Gather information
 - Check in with your county



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Let's Say You're the Best Spokesperson: Get Ready

Developing your messages:

- Put messages in a "What?," "So what?" and "Now what?" format
- Include no more than three main points
- · Be clear and concise, and avoid jargon
- Use quotable language
- Demonstrate relevance and provide supporting statistics
- Have a "lifeline" you'll keep coming back to, no matter the question

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Message Development

Developing your message platform:

- Value message
- Barrier message
- · Vision message
- The ask
- · What?, So what? and Now what?
- The lifeline



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- · Find out what the reporter has covered
- · Anticipate tough questions
- · Put key messages in your own words
- · Practice in front of a mirror



During the Interview

- Set ground rules
- · Give more than a "yes" or "no" response
- · Bridge, flag and throw the lifeline
- Have a "lifeline"
- · Be confident
- · Avoid negative responses
- Never give false information
- · Stay cool
- · Speak slowly and in sound bites
- · Don't say "no comment"

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Tips for TV, Radio, and Print Appearances

- · Dress conservatively dark colors, no stripes
- Gesture naturally
- Look at the reporter, not the camera

Radio:

- · Answer in complete sentences and speak clearly
- Use vivid language that paints a picture

- · Stop speaking when you finish an idea
- Never speak "off record"
- Flag important points

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Small Group Activity: Practice Interviews

Remember:

- Set ground rules
- · Give more than a "yes" or "no" response
- · Bridge, flag and throw the lifeline
- Have a "lifeline"
- Be confident
- · Avoid negative responses
- · Never give false information
- Stay cool
- · Speak slowly and in sound bites





