



Metropolitan Group

Model Employers: Telling Their Story

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Why Stories Matter

Storytelling:

- Illustrates the benefits of worksite wellness activities
- · Models behavior to be replicated
- · Provides examples of actions that can be taken
- · Adds human interest appeal
- Shows that worksite wellness activities are becoming the norm
- · Makes it real and relatable

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Developing Your Story

Key elements:

- Opening
- Background
 - Who/what is my story about?
 - What are the background elements of my story that my audience needs to know?
- · The Issue
 - What was the main need or problem?



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Developing Your Story

Key elements (cont):

- · The Solution
 - What were the steps taken to create the program?
- · The Results
 - What is better/different now that our program is
 - What were the financial and human results?
- · The Takeaway
 - What can others take away from my story?

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Your Story Bank

Why:

- · Illustrate the depth and breadth of your worksite wellness initiatives
- · Lift up the most compelling examples to be shared

How:

- Solicit stories
- · Fully develop the best examples
- · Develop a shared library of stories

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