

Stanford Self-Management Program County Contacts

updated October 2016



County	Program	Name	Organization	Contact Information
Baker	CDSMP	Rochelle Hamilton	Community Connection of Northeast Oregon	2810 Cedar Street Baker City, OR 97814 541-523-3186 Rochelle@ccno.org
Benton	CDSMP	Mitchell Heath	Samaritan Health Services	815 NW 9 th Street, Suite 136 Corvallis, OR 97330 541-451-6466 miheath@samhealth.org
	Tomando Control	Fabiola Herrera	Benton County Health Department	PO Box 579 Corvallis, OR 97339 541-766-6384 fabiola.herrera@co.benton.or.us
Clackamas	CDSMP	Jennifer Jungenberg	Clackamas County Social Services	2051 Kaen Rd Oregon City, OR 97045 503-650-5724 jjungenberg@co.clackamas.or.us
	Tomando Control	Delfina Hernandez	Los Promotores de Salud de la Iglesia	9205 S.W. Barnes Road, WP-2002 Portland, OR 97225 503-216-7192 (English y Español) Delfina.hernandez@providence.org

CDSMP: Stanford Chronic Disease Self-Management Program (Living Well). Tomando Control: Spanish Language Stanford Chronic Disease Self-Management Program. CPSMP: Chronic Pain SMP. DSMP: Diabetes SMP. PSMP: Positive SMP (HIV/AIDS) www.healthoregon.org/livingwell or call toll-free 1-888-576-7414

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Clatsop	CDSMP	Alissa Dorman	Columbia Memorial Hospital	2111 Exchange Street Astoria, OR 97103 503-325-4321 x3546 alissa_dorman@columbiamemorial.org
Columbia	CDSMP	Ashley Baggett	The Public Health Foundation of Columbia County	2370 Gable Road St. Helens, OR 97051 (503) 397-4651 x2007 abaggett@tphfcc.org
Curry	CDSMP	Karin Larson	Curry Community Health	(541) 799-4339 LarsenK@currych.org
Crook	CDSMP	Sarah Worthington	Deschutes County Health Department	2577 NE Courtney Dr Bend, OR 97701 (541) 322-7446 sarah.worthington@deschutes.org www.livingwellco.org
Crook	Tomando Control	Yara Santos	Mosaic Medical Clinics	541-408-9466 yara.santos@mosaicmedical.org

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Deschutes	CDSMP DSMP	Sarah Worthington	Deschutes County Health Department	2577 NE Courtney Dr Bend, OR 97701 (541) 322-7446 sarah.worthington@deschutes.org www.livingwellco.org
Douglas	CDSMP	Cindy Noroña	Umpqua Community Health Center	150 Kenneth Ford Dr. Roseburg, OR 97470 541-672-9596 x430 cnorona@umpquachc.org
Gilliam	CDSMP	Marvin Pohl	Mid-Columbia Council of Governments	1113 Kelly Ave. The Dalles, OR 97058 541-298-4101 marvin.pohl@mccog.com
Grant	CDSMP	Rochelle Hamilton	Community Connection of Northeast Oregon	541-523-3186 rochelle@ccno.org
Harney	CDSMP	Amy Dobson	Harney District Hospital	557 W. Washington Burns, OR 97720 541-573-8318 adobson@harneydh.com

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Hood River	CDSMP	Marvin Pohl	Mid-Columbia Council of Governments	1113 Kelly Ave. The Dalles, OR 97058 541-298-4101 marvin.pohl@mccog.com
Jackson	CDSMP	Lauren Champagne	Rogue Valley Council of Governments	155 N 1 st Street Central Point, OR 97502 541-864-9611 livingwell@rvcog.org www.sohealthyoregon.org
Jefferson	CDSMP	Sarah Worthington	Deschutes County Health Department	2577 NE Courtney Dr Bend, OR 97701 (541) 322-7446 sarah.worthington@deschutes.org www.livingwellco.org
	Tomando Control	Yara Santos	Mosaic Medical Clinics	541-408-9466 yara.santos@mosaicmedical.org
Josephine	CDSMP	Lauren Champagne	Rogue Valley Council of Governments	155 N 1 st Street Central Point, OR 97502 541-864-9611 livingwell@rvcog.org

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Lane	CDSMP & Tomando Control	Leslie Gilbert	Lane Council of Governments	1015 Willamette Street Eugene, OR 97401 541-682-2484 livingwell@lcoq.org
Klamath	CDSMP & DSMP	Valerie Franklin	Sky Lakes Medical Center	541-274-7252 Valerie.franklin@skylakes.org
Lake	CDSMP & DSMP	Gertie Dias	Klamath Falls Senior Center	541-883-7171 gertie.dias@kbscc.org

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Lincoln	CDSMP	Kaity Lundgren	Oregon Cascades West Council of Governments	203 N Main St. Toledo, OR 97391 541-574-3752 klundge@ocwcog.org
Linn	CDSMP	Mitch Heath	Samaritan Health Services	325 Industrial Way Lebanon, OR 97355 541-768-6070 miheath@samhealth.org
	Tomando Control	Aimee Esquer	Benton County Health Department	PO Box 579 Corvallis, OR 97339 541-766-2132 aimee.esquer@co.benton.or.us
Malheur	CDSMP	April Mackenzie	Malheur Council on Aging	842 SE First Ave. Ontario, OR 97914 541-889-7651 april@mcoainfo.org
Marion	CDSMP	Jeanine Stice	Willamette Valley Providers (WVP) Health Authority	2995 Ryan Dr. SE Salem, OR 97301 503-587-5133 or 503-587-5129 livinghealthy@mvipa.org
	Tomando Control	Sandra Echavarria	Salud Medical Center	1175 Mt. Hood Ave. Woodburn, OR 97071 503-982-2000 x6424 sandraec@yfwc.org

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Morrow	CDSMP	Juli Gregory	Good Shepherd Medical Center	610 NW 11 th Avenue Hermiston, OR. 97838 541-667-3506 jgregory@gshealth.org
Multnomah	CDSMP	Bethany Chamberlin	Multnomah County Aging, Disability & Veteran Services	421 SW Oak St., Ste 510 Portland, OR 97204 503-988-8116 bethany.chamberlin@multco.us
		Susan Palmer	Multnomah County Health Department	10317 E Burnside Portland, OR 503-988-6250 x 22975 susan.l.palmer@multco.us
	PSMP	Shyle Ruder	Cascade Aids Project	208 SW Fifth Ave, Suite 800 Portland, OR 97201 503-278-3820 sruder@cascadeaids.org
	Tomando Control	Delfina Hernandez	Los Promotores de Salud de la Iglesia	9205 S.W. Barnes Road, WP-2002 Portland, OR 97225 503-216-7192 (English y Español) Delfina.hernandez@providence.org
Polk	CDSMP	Jeanine Stice	Willamette Valley Providers (WVP) Health Authority	2995 Ryan Dr. SE Salem, OR 97301 503-587-5133 or 503-587-5129 livinghealthy@mvipa.org

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Sherman	CDSMP	Marvin Pohl	Mid-Columbia Council of Governments	1113 Kelly Ave. The Dalles, OR 97058 541-298-4101 marvin.pohl@mccog.com
Tillamook	CDSMP	Stacey Zuercher	NW Senior and Disability Services	5010 E Third Street Tillamook, OR 97141 503.815.2062 stacey.zuercher@nwsds.org
Umatilla	CDSMP	Rochelle Hamilton	Good Shepherd Medical Center	610 NW 11 th Avenue Hermiston, OR. 97838 541-963-3186 rochelle@gshealth.org
Union	CDSMP	Rochelle Hamilton	Community Connection of Northeast Oregon	2802 Adams Ave. La Grande, OR 97850 541-963-3186 rochelle@ccno.org
Wallowa	CDSMP	Rochelle Hamilton	Community Connection of Northwest Oregon	541-9633186 rochelle@ccno.org

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Wasco	CDSMP	Marvin Pohl	Mid-Columbia Council of Governments	1113 Kelly Ave. The Dalles, OR 97058 541-298-4101 marvin.pohl@mccog.com
Washington	CDSMP / Tomando Control	Sandy Madsen	Tuality Healthcare	Not currently providing programs.
	Tomando Control	Delfina Hernandez	Los Promotores de Salud de la Iglesia	9205 S.W. Barnes Road, WP-2002 Portland, OR 97225 503-216-7192 (English y Español) Delfina.hernandez@providence.org
Wheeler	CDSMP	Marvin Pohl	Mid-Columbia Council of Governments	1113 Kelly Ave. The Dalles, OR 97058 541-298-4101 marvin.pohl@mccog.com
Yamhill	CDSMP	Emily Piper	Yamhill County Public Health – Abacus	412 NE Ford Street McMinnville, OR 503-434-4724 pipere@co.yamhill.or.us