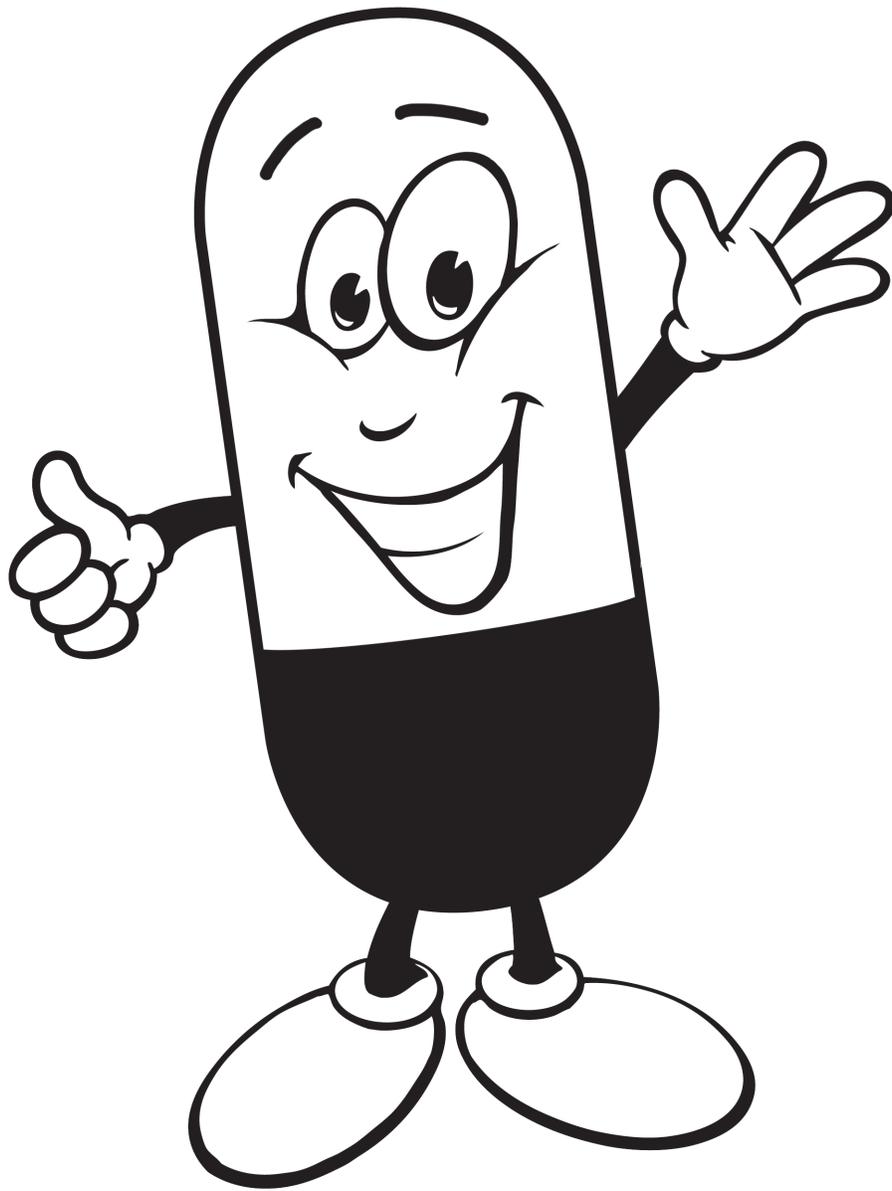


# Antibiotic Resistance Activity Kit



Oregon Alliance Working for  
Antibiotic Resistance Education

# Parents' corner

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## Protect your family against superbugs!

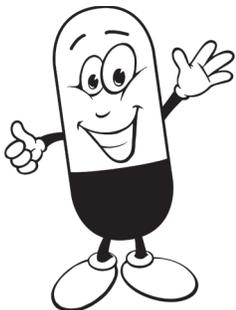
Taking antibiotics when they're not needed helps resistant bacteria grow. When bacteria become resistant the antibiotics may no longer be effective. These resistant bacteria can stay in your body or spread to other people. They can cause severe illnesses that are difficult and expensive to treat. Highly resistant bacteria ("superbugs") sometimes cause infections that can't be cured.

Here's what you can do to use antibiotics wisely and protect your family against antibiotic-resistant bacteria:

- ✓ Never pressure your health care provider for antibiotics. Taking antibiotics when they're not necessary puts you and your family at risk for developing resistant infections.
- ✓ Don't take antibiotics to treat viral infections like colds or the flu. Antibiotics have no effect against viruses and can cause serious side effects.
- ✓ If your doctor prescribes an antibiotic, finish the prescription even if your symptoms get better.
- ✓ Never share antibiotics, take leftover antibiotics or use them without a prescription.

For more information about antibiotic resistance, visit our Web site:  
[www.healthoregon.org/antibiotics](http://www.healthoregon.org/antibiotics).

## About Oregon AWARE



Oregon AWARE is a team of more than 30 government agencies, health plans, health care provider organizations, academic programs and community groups working together to reduce the problem of antibiotic resistance in Oregon. We teach parents, kids and health care professionals how to use antibiotics wisely.

For more information about how you can help Oregon AWARE spread the word about antibiotic resistance call 971-673-1111.

Cartoon characters appear courtesy of the Wisconsin Antibiotic Resistance Network (WARN). Find the Antibiotics, Get Well Word Find and Antibiotic Word Scramble are adapted from materials ©2002 Arkansas Foundation for Medical Care. All rights reserved. (Used with permission.) "Antibiotic Maze" is the copyrighted property of the Arkansas Foundation for Medical Care and may not be reproduced, published, broadcast or distributed without express written permission from AFMC.



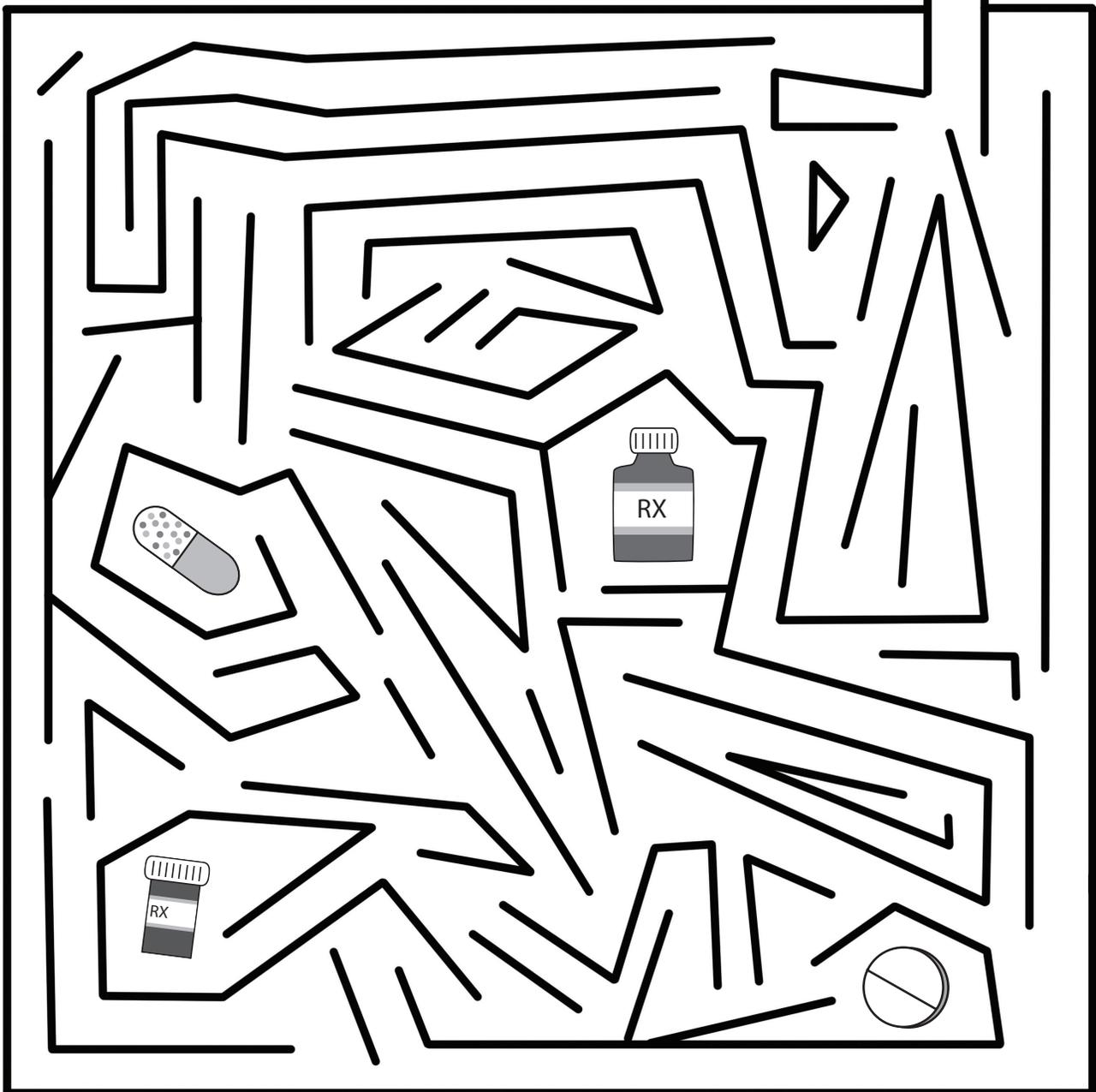
Hi! We're antibiotics. We're a special kind of medicine that cures infections like strep throat. We can't cure colds or the flu.

# Find the Antibiotics

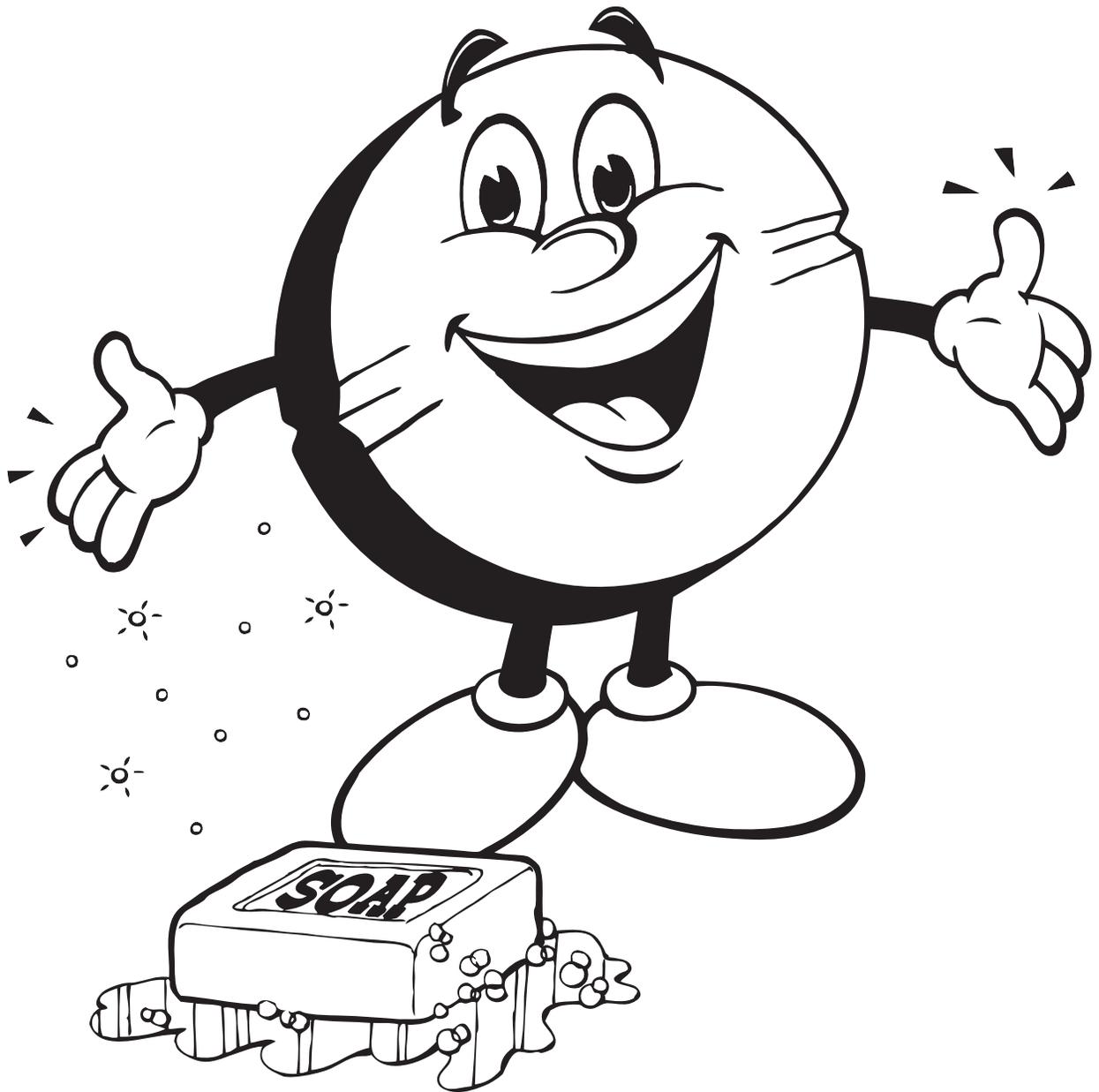
Billy needs to take all of his medicine to make sure his infection is gone. Help him find all of his antibiotics so he can get well!



Start here



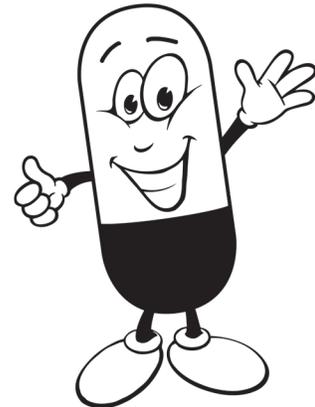
Washing your hands  
keeps infections away!



# Antibiotic Word Scramble

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Unscramble the words below and help antibiotics do their job against bacteria (not viruses).



- 1) DTRCOO \_\_\_\_\_
- 2) GOHUC \_\_\_\_\_
- 3) TRICABAE \_\_\_\_\_
- 4) SLDOC \_\_\_\_\_
- 5) BATNIIOCIT \_\_\_\_\_
- 6) LTEAHYH \_\_\_\_\_
- 7) MERG \_\_\_\_\_
- 8) KSCI \_\_\_\_\_
- 9) NCESISRETA \_\_\_\_\_
- 10) HAWS ORUY SNDAH! \_\_\_\_\_

Solution: Antibiotic word scramble

- |             |                     |
|-------------|---------------------|
| 1. doctor   | 5. antibiotic       |
| 2. cough    | 4. colds            |
| 3. bacteria | 9. resistance       |
| 6. healthy  | 8. sick             |
| 7. germ     | 10. wash your hands |

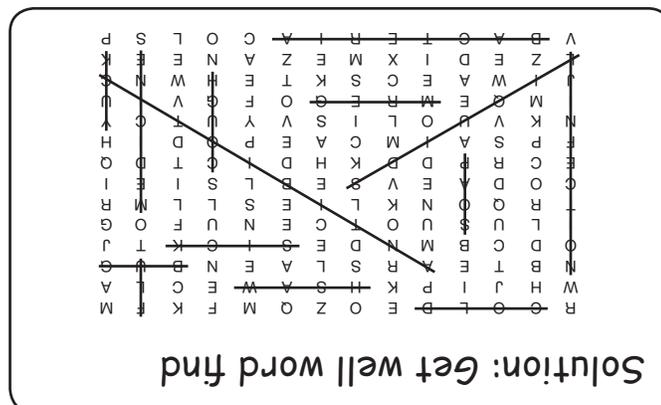
# Get Well Word Find

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Can you find the words hidden below?

antibiotic    cold    germ    medicine    wash  
bacteria    cough    infection    sick    yuck  
bug    flu    liquids    soap

R C O L D E O Z Q M F K F M  
W H J I P K H S A W E C L A  
N B T E A R S L A E N B U G  
O D C B M N D E S I C K T J  
I L U S U O T C E N U F O G  
T R Q O N K L I E S L L M R  
C O D A E V S E B L S I E I  
E C R P D D K H D I C T D Q  
F P S A I M C A E P O D I H  
N K V U O L I S V Y U T C Y  
I M Q E M R E G O F G V I U  
J I W A E C S K T E H W N C  
L Z E D I X M E Z A N E E K  
V B A C T E R I A C O L S P





## **Oregon AWARE**

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**Health**  
Authority