Acute hepatitis B

Hepatitis B is a vaccine-preventable viral disease of the liver that occurs when the virus of an infected person passes (through blood, semen, or saliva) into the blood stream of a non-immune person. Percutaneous or permucosal exposures take place when hypodermic needles are shared; when blood splashes into an eye; during sex; by biting; from lapses in hygiene involving glucometer and other fingerstick devices in diabetics; from breaches in infection control in health care settings; and when the baby of a mother who is a hepatitis B carrier is being born.

Acute hepatitis B virus infection (diagnosed by the presence in serum of IgM antibody to the hepatitis B core antigen [IgM anti-HBc]) usually, but not always, causes jaundice. Some infections are mild, even asymptomatic, and may go undetected. Hepatitis B has been vaccine-preventable since 1982 and, to promote universal vaccination and hence protection, was added to the recommended childhood immunization schedule in 1992 with the series starting at birth.

Acute hepatitis B continues to decline in Oregon — a decline that started here after the hepatitis B vaccine was licensed in 1982.

Local health departments investigated and reported 44 acute cases in 2010. Sixty-eight percent of the cases were male. The most commonly reported risk factors include injection drug use (IDU) and sexual risk factors (history of multiple sexual partners; men who have sex with men [MSM]). No risk factor was identified for 17% of cases. There were no outbreaks of hepatitis B in 2010.
Incidence of acute hepatitis B by age and sex: Oregon, 2010

Incidence of acute hepatitis B: Oregon vs. nationwide, 1995-2010
Reported risk factors for acute hepatitis B: Oregon, 2010

- No risk ID/Unknown risk - 17%
- IDU - 14%
- Contact Hep B - 8%
- MSM - 14%
- Multiple sex partners - 18%
- IDU - 14%
- Reported dental care - 6%
- Health care associated* - 14%
- Occupational risk - 3%
- Other risk** - 6%

*Infusions, transfusions, dialysis or surgery.
**Other risk: Street drugs, pierced, tattoo, accidental needlestick and blood exposure.

Incidence of acute hepatitis B by county of residence: Oregon, 2000–2010

cases per 100,000
- 0.0 - 0.4
- 0.5 - 1.5
- 1.6 - 2.1
- 2.2 - 3.0
- 3.1 - 5.7