

# HIV Testing Among Men Who Have Sex With Men (MSM) in the Portland Metropolitan Area

## Results from Chime In 2017



### What is Chime In?

In 2017, Portland participated in its second year of National HIV Behavioral Surveillance (NHBS). This system is locally known as Chime In. We surveyed and offered HIV tests to Portland metropolitan area\* residents using venue-based sampling.

### Who did we include in our sample for these analyses?

We included 356 men who had sex with men (MSM) in our analyses as defined by the following:

- Residence within the Portland metropolitan area, including Vancouver
- 18 years or older
- Self-identified as both born male and self-identifies as male
- Anal or oral sex with a man in the last 12 months
- Reported being HIV negative

## HIV Testing

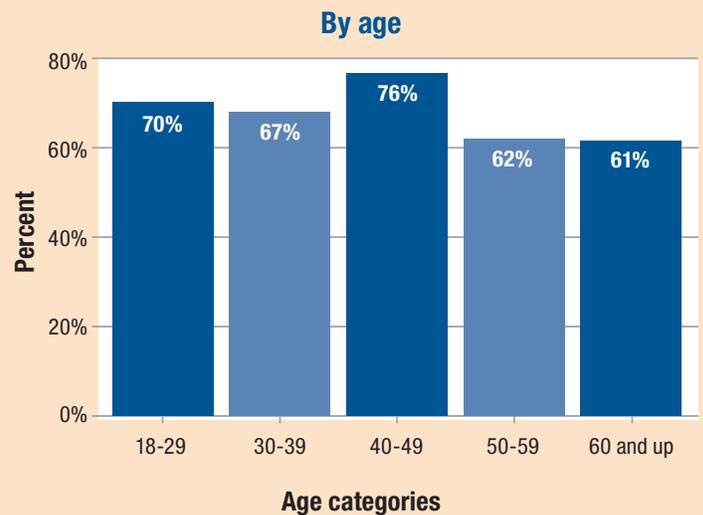
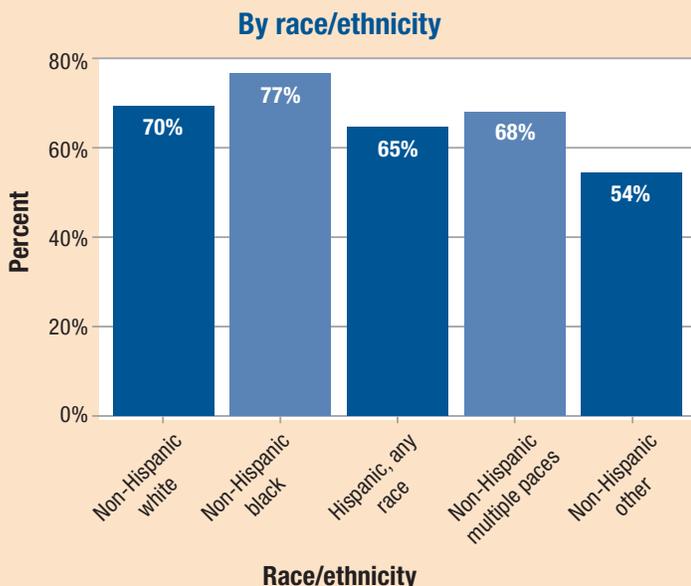
### How often should MSM be getting tested for HIV?

Centers for Disease Control recommends annual HIV testing for sexually active MSM if HIV status is unknown or negative and the patient himself or his sex partner(s) have had more than one sex partner since most recent HIV test.



**Two out of three** MSM reported having an HIV test in the last 12 months.

### Percent of MSM who were tested in the last 12 months in the Portland metropolitan area, 2017

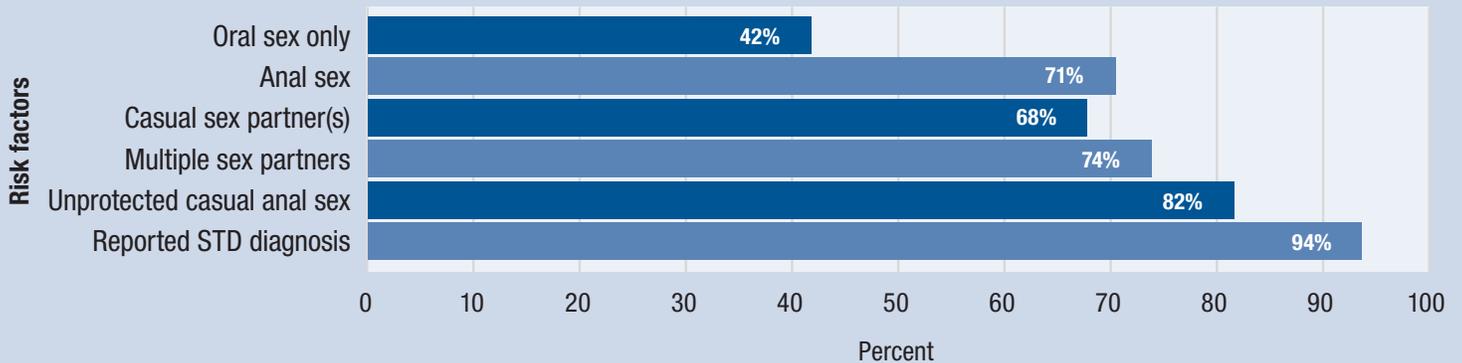


\*STD includes chlamydia, gonorrhea and syphilis

\* Portland metropolitan area includes Clackamas, Columbia, Multnomah, Washington, and Yamhill counties in Oregon and Clark and Skamania counties in Washington

## HIV Testing

### HIV testing by risk factor among MSM in the Portland metropolitan area, 2017

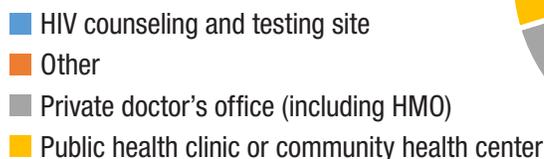


### The most common reasons for not being tested for HIV were:

1. Self-perceived low risk of HIV infection (60%)
2. No particular reasons (17%)
3. Didn't have time (10%)
4. Afraid of finding out they had HIV (8%)

## Location of HIV Testing

### Location of most recent HIV test within the past 12 months among MSM in the Portland metropolitan area



### Home Testing:

Only 5% of those who were tested for HIV reported doing a home test in the last 12 months. Home testing is a great alternative for those who don't have time to go to the clinic or want more privacy.

## End HIV Oregon and HIV testing



Oregon Health Authority launched the End HIV Oregon initiative to end new HIV infections in Oregon. One of the 3 main pathways to achieve this goal is to increase HIV testing. Testing is easy and necessary to help end new HIV infections. Find out more about testing at [www.endhivoregon.org](http://www.endhivoregon.org).

You can get this document in other languages, large print, braille or a format you prefer. Contact the HIV/STD/TB section at 971-673-0178 or 971-673-0144. We accept all relay calls or you can dial 711.