

HIV Pre-exposure Prophylaxis (PrEP) and Men Who Have Sex with Men (MSM) in the Portland Metropolitan Area, 2017



What is Chime In?

In 2017, Portland participated in its second year of National HIV Behavioral Surveillance (NHBS). This system is locally known as Chime In. We surveyed and offered HIV tests to Portland metropolitan area residents.



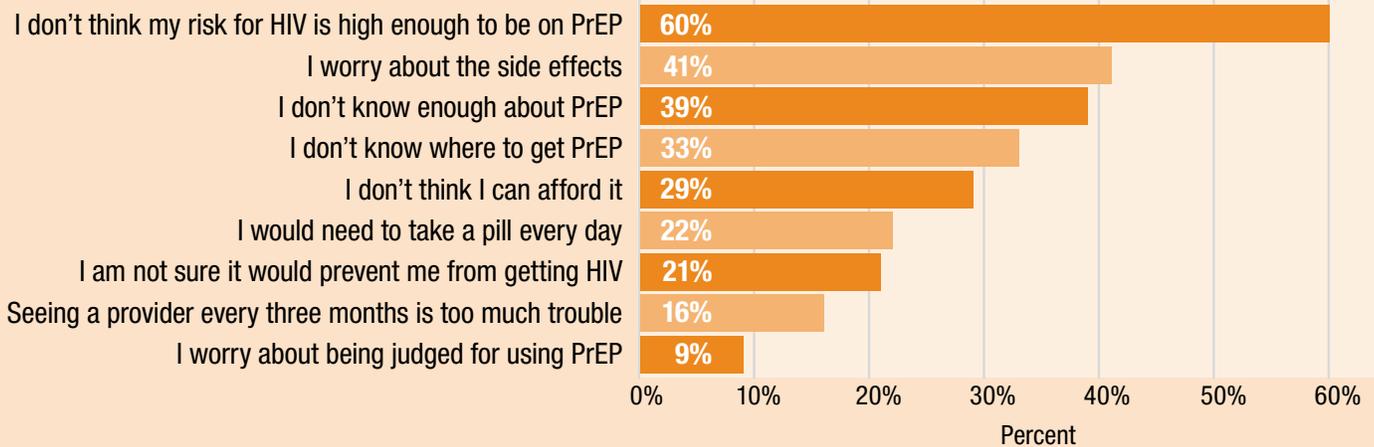
Who did we include in our sample for these analyses?

We included 330 men who had sex with men (MSM) in our analyses as defined by the following:

- Residence within the Portland metropolitan area, including Vancouver
- 18 years or older
- Self-identified as both born as male and currently male
- Anal or oral sex with a man in the last 12 months
- Reported being HIV negative

MSM NOT reporting PrEP use in the last 12 months

Reasons MSM reported not being on PrEP, Chime In 2017



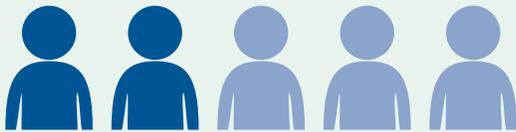
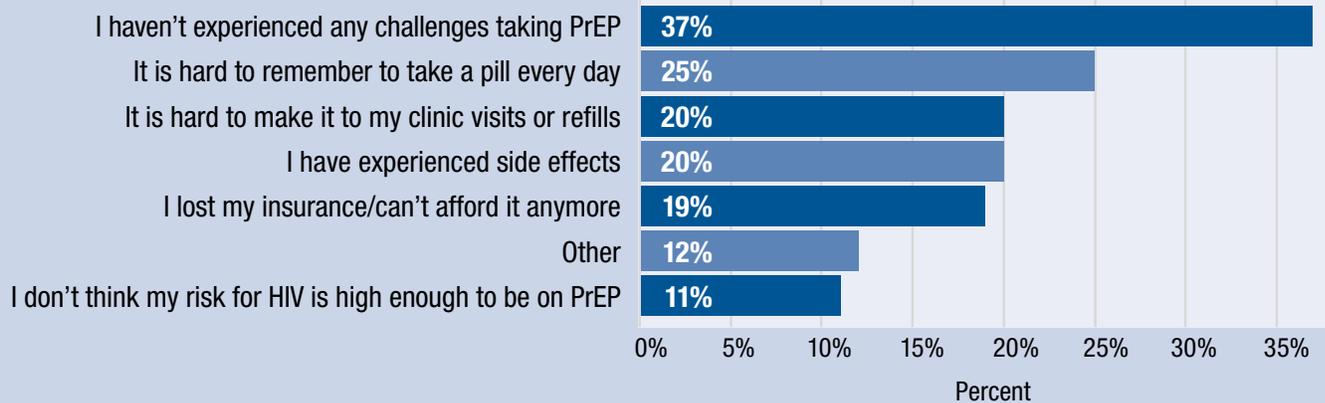
One in three MSM who reported they did not think they were at high enough risk for PrEP reported condomless casual anal sex in the last 12 months.

MSM reporting PrEP use in the last 12 months

Services MSM want to help with their PrEP prescription:

1. Assistance paying for PrEP (70%)
2. Assistance with the costs of labs and medical visits (64%)
3. Reminders for provider follow-up every three to six months (52%)
4. Support with adherence (37%)

Challenges PrEP users reported, Chime In 2017



Two in five MSM on PrEP have stopped taking their prescription at least once in the last 12 months.

Why did they stop taking their prescription?

Challenges refilling their prescription, change in risk status and change in insurance are the top reasons MSM reported for why they stopped taking PrEP.

One of the three primary goals of End HIV Oregon (www.endhivoregon.org) is to increase PrEP use. Chime In data show that we can help achieve this goal by:

1. Addressing reasons MSM are not on PrEP
2. Providing more PrEP-related services
3. Limiting possible challenges that current PrEP users face



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