

HIV-Positive Adults in Oregon

2015—2016

- Funded by the Centers for Disease Control and Prevention, the Medical Monitoring Project (MMP) is conducted in 17 states and 6 cities to gather representative data on people living with HIV.
- MMP contributes to Oregon’s effort to 1) evaluate the impact of comprehensive efforts to eliminate new infections and 2) optimize care for people living with HIV by identifying gaps in the health care and services they receive.



MMP Data

- MMP gathers data from face-to-face interviews and medical records.
- 389 people living with HIV in Oregon participated in MMP in 2015 and 2016.

Characteristics

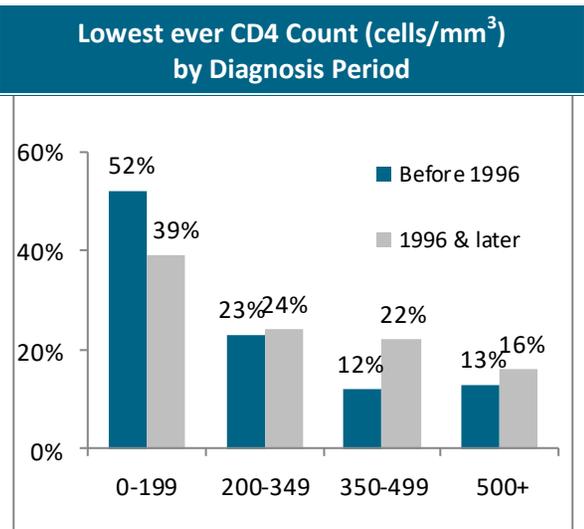
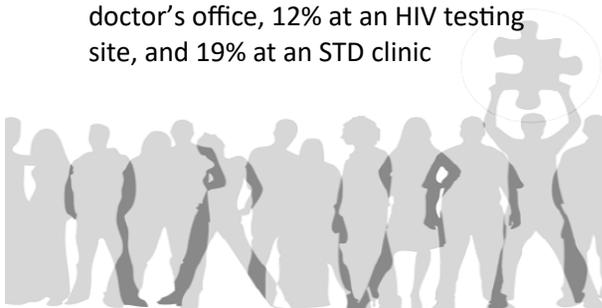
Race/Ethnicity by Age			
	18-34	35-50	over 50
White, non-Hispanic	62%	66%	77%
Black, non-Hispanic	6%	4%	6%
Hispanic	27%	23%	9%
Other	5%	7%	8%

Note: Other category includes Asian, Pacific Islander, American Indian/Alaskan Native, and respondents reporting more than one group.

86% identify as male
 59% identify as gay and 11% as bisexual
 48% over age 50
 30% people of color
 17% born outside of the US
 67% some college education or higher
 30% people of color
 49% receive public assistance
 34% live in poverty
 9% moved 2 or more times in last year
 8% homeless in last year
 6% incarcerated in last year

HIV History

- 68% diagnosed since 1996 (advent of Highly Active Antiretroviral Therapy or ART)
- 13% tested positive in last 5 years, of these:
 - 94% received HIV medical care within 3 months of testing
 - 41% first tested HIV-positive at their doctor’s office, 12% at an HIV testing site, and 19% at an STD clinic



HIV Care and Treatment

HIV care in the past year

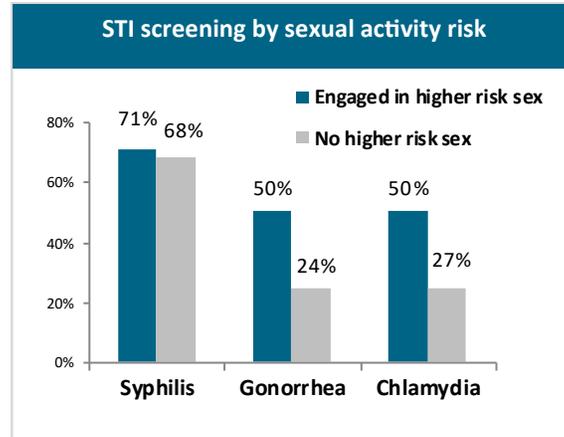
- 39% received care in ER or urgent care
- Average of five face-to-face HIV visits
- Average of two lab visits for CD4 and/or viral load testing
- 83% had all suppressed (<200 copies/ml) viral loads
- 53% had all CD4 counts ≥500

STI testing

- 69% were tested for syphilis
- 32% were tested for gonorrhea
- 32% were tested for chlamydia

Antiretroviral therapy (ART)

- 96% currently on ART; 2% never on ARTs
- 41% missed a dose of ARTs in last 30 days



Note: higher risk sex=condomless anal or vaginal sex with an HIV-negative or unknown status partner in the past year.

Other Health Conditions

Mental health in the last year

- 32% diagnosed or treated for depression
- 29% diagnosed or treated for anxiety
- 11% report needing mental health services but not receiving them

Co-morbidities

- 54% report currently experiencing chronic pain
- 17% report ever having Hepatitis B
- 15% report ever having Hepatitis C

Health Behaviors

Sexual health in the past 12 months

- 42% report no sex partners
- 60% are sexually active, of these:
 - 53% used condoms and/or had a sero-concordant partner
 - 30% had condomless anal sex with an HIV-negative or unknown status partner not on PrEP or not known if on PrEP
 - 15% report 10 or more sex partners

Alcohol and tobacco use

- 58% used alcohol in past 30 days
- 14% report binge drinking past 30 days
- 34% current smokers
- 80% of smokers were offered help to quit smoking at last healthcare visit

Substance use in the past 12 months

- 33% report recreational marijuana use
- 23% report non-injection drug use (excluding marijuana), of these:
 - 53% used methamphetamines
- 5% report injection drug use