

# Met & Unmet Needs of Adults Living with HIV in Oregon

2015 – 2021



## What Kind of Data are Collected by MMP?

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- MMP gathers data from face-to-face interviews and medical records
- From June 2015—May 2021, 1,346 people living with HIV in Oregon participated in MMP

## Who Receives Care in Oregon?

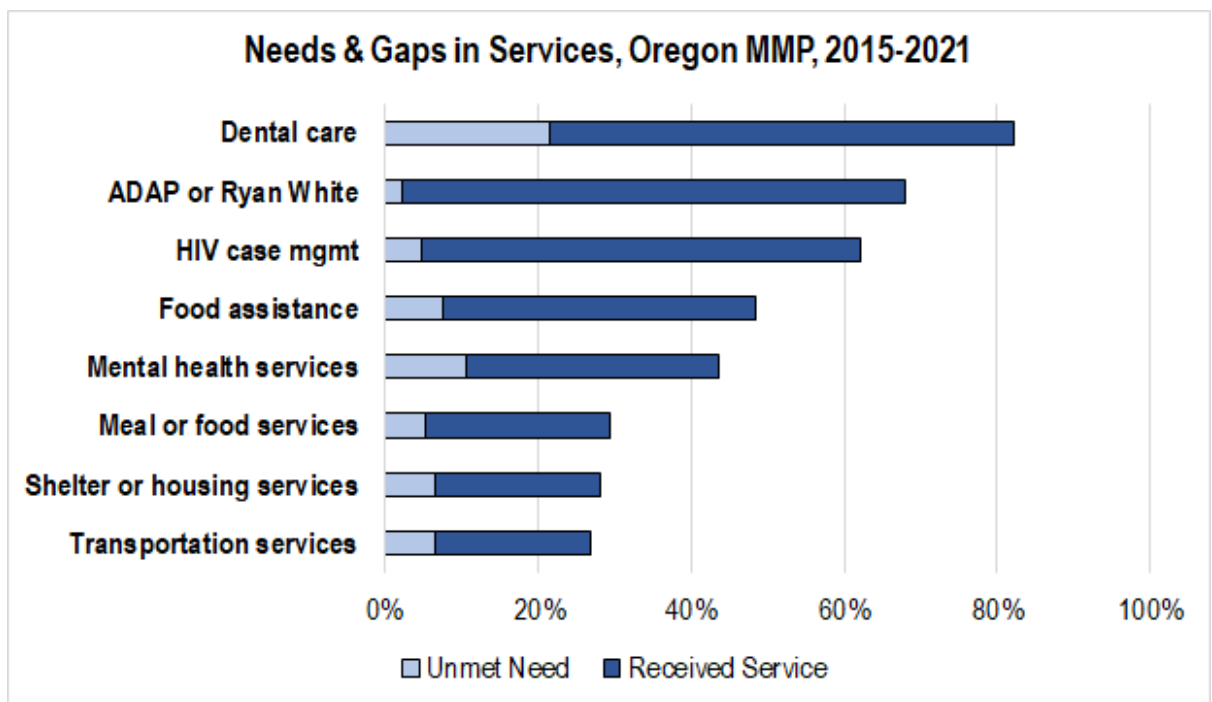
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- 87% identify as male
- 59% identify as gay, 11% bisexual
- 44% ages 18-49
- 68% have some college education or higher
- 45% are employed or self-employed

## Are People Living with HIV Getting the Services They Need?

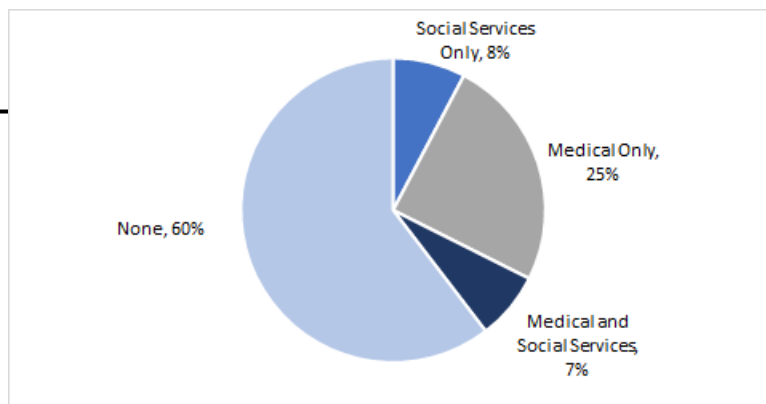
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MMP asks participants about their medical & social service needs across 16 service categories. Participants are first asked if they received a specific service. If they did not receive that service, they are asked if they needed the service. Participants who needed but did not receive a service are asked the main reason why they were unable to get that service.



## What Kind of Needs Went Unmet?

Over a third of MMP participants reported at least one unmet medical need (including dental care and HIV case management) or social services need (including public benefits and transportation assistance).



## Who Had at Least One Unmet Need?

People reporting at least one unmet need were more likely to be/have:

### Demographics

- Younger than 50
- Female or Transgender
- Hispanic
- No bachelor's degree
- Living in poverty
- Homeless
- Out of work
- Born outside of the U.S. and Mexico

### Health Conditions

- Viral load not sustainably suppressed past 12 months
- Major depressive symptoms in the past two weeks
- Mild to severe anxiety in the past two weeks

### Health Behaviors

- Not 100% adherent to ART dose in past 30 days
- Current smoker
- Used marijuana in past 12 months
- Used other non-injection drugs in past 12 months
- Used injection drugs in past 12 months
- Binge drinking in past 30 days
- Felt high level of stigmatization

## Barriers to Receiving HIV Care Services

Unmet Need	Lack of Money/ Insurance	Lack of info needed to receive service	Service not meet needs/not eligible	Personal reasons
Dental Care	40%	18%	14%	47%
Mental Health Counseling	18%	32%	16%	58%
Food Assistance	Not Asked	31%	67%	24%
Shelter/Housing	Not Asked	34%	53%	24%
Transportation	Not Asked	53%	27%	31%

All figures and statistics are based on weighted MMP participant data for the combined years 2015-2021.