

# MMP FACT SHEET:

2015-2017

## HIV POSITIVE ADULTS IN OREGON

### MMP Helps Oregon:

Evaluate how efforts to eliminate new infections are working and make care better for people living with HIV by identifying needs and gaps in health care and support services.

### How MMP collects data:

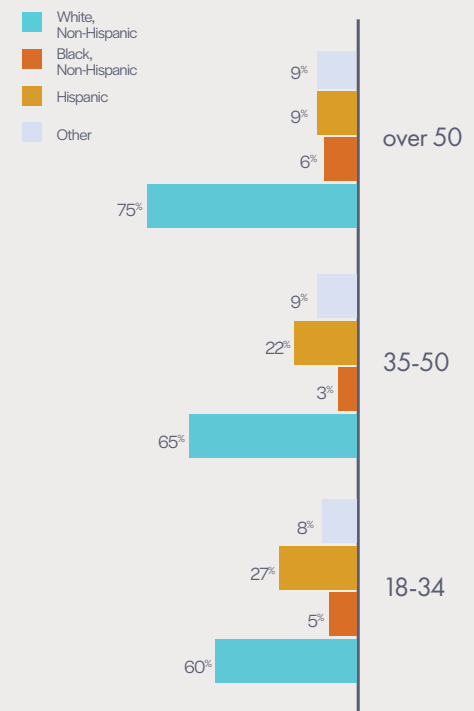
MMP gathers data from interviews and medical records.

Funded by the Centers for Disease Control and Prevention, the Medical Monitoring Project (MMP) is conducted in 17 states and 6 cities to gather representative data on people living with HIV.

### Who participated in MMP?

- 87% identify as male
- 65% some college education or higher
- 59% identify as gay, 11% bisexual, 27% heterosexual
- 47% over age 50
- 47% employed or self-employed
- 38% long-term survivors (diagnosed before 1996)
- 32% people of color
- 31% live in poverty
- 16% born outside of the US
- 13% moved 2 or more times in last year
- 8% homeless in last year

### Race/Ethnicity by Age



Note: Other category includes Asian, Pacific Islander, American Indian/Alaskan Native, and respondents reporting more than one category. These categories are grouped because of small numbers in each.

## RECENT DIAGNOSIS

12% of MMP participants tested positive in the last 5 years. Among recent diagnoses:

- 93% received HIV medical care within three months of testing positive
- 80% were virally suppressed
- 41% first tested HIV-positive at their doctor's office, 12% at an HIV testing site, and 19% at an STD clinic

## EXPERIENCE WITH HEALTH CARE

### Past-year HIV care

- 80% had all suppressed ( $\leq 200$  copies/ml viral loads)
- 60% had all CD4 counts  $\geq 500$
- Average of 4 face-to-face HIV medical visits

### Past-year preventative health care

- 68% tested for syphilis
- 33% tested for gonorrhea and chlamydia
- 75% of current smokers (33% of participants, n=203) offered help to quit smoking at last healthcare visit

### Antiretroviral therapy (ART)

- 96% currently on ART
- Only 1% never on ART
- 4% missed a dose of ARTs in last 30 days

### Gaps in Services

- 7% reported gap in health insurance coverage in the past 12 months
- 36% received care in ER or urgent care (an indicator of possible gaps in care)
- 50% reported one or more unmet needs for services in the past 12 months

## BEHAVIORAL HEALTH CONDITIONS

### Mental health conditions (past year)

- 43% diagnosed or treated for depression
- 41% diagnosed or treated for anxiety
- 38% reported symptoms consistent with PTSD (2017 data only)
- 21% reported needing mental health services but not receiving them

### Substance use (past year)

- 32% used marijuana recreationally
- 20% used other non-injection drugs; among these 47% used methamphetamine
- 5% used injection drugs
- 16% report binge drinking in the past 30 days

## SEX, HIV PREVENTION, AND ATTITUDES

### Past-year sexual activity

- 42% reported no sex partners
- Among the 58% of sexually active participants:
  - 51% used condoms and/or have only HIV+ partners
  - 49% had condomless anal sex with HIV or unknown status partners who were not known to be on PrEP
    - Of these, 81% were virally suppressed

### Attitudes

- 31% somewhat or strongly agreed that if they have an undetectable HIV viral load, they are more likely to have unprotected sex
- 25% somewhat or strongly agreed that if they have an undetectable HIV viral load, it means they can worry less about having to use condoms