# Implementing Core Elements of Antibiotic Stewardship in Critical Access Hospitals

Oregon Healthcare-associated Infections Program
Lunch and Learn Webinar
February 26, 2020



## **CDC Core Elements**



#### **Leadership commitment**

Demonstrate support and commitment to safe and appropriate antibiotic use in your facility



#### **Accountability**

Identify physician, nursing and pharmacy leads responsible for promoting and overseeing antibiotic stewardship activities in your facility



#### **Drug expertise**

Establish access to consultant pharmacists or other individuals with experience or training in antibiotic stewardship for your facility



#### Action

Implement **at least one** policy or practice to improve antibiotic use



#### **Tracking**

Monitor at least one process measure of antibiotic use and at least one outcome from antibiotic use in your facility



#### Reporting

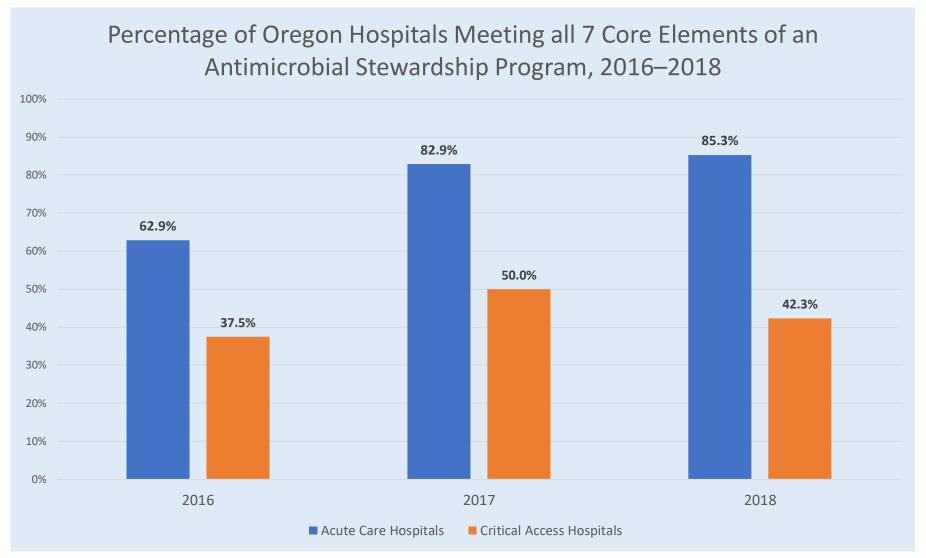
Provide regular feedback on antibiotic use and resistance to prescribing clinicians, nursing staff and other relevant staff



#### **Education**

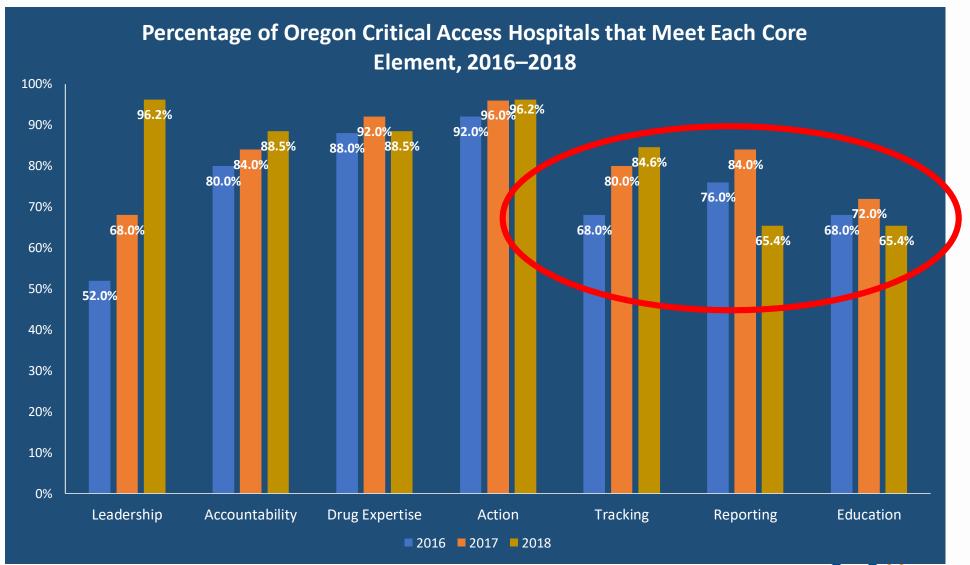
Provide resources to clinicians, nursing staff, residents and families about antibiotic resistance and opportunities for improving antibiotic use





Data from the NHSN Annual Surveys





Data from the NHSN Annual Surveys





#### Newsroom

Press Kit

Data

Contact

Blog

**Podcast** 

Fact sheet

#### Omnibus Burden Reduction (Conditions of Participation) Final Rule CMS-3346-F

Sep 26, 2019 | Initiatives, Legislation, Physicians







Omnibus Burden Reduction (Conditions of Participation) Final Rule CMS-3346-F

On September 26, 2019, the Centers for Medicare & Medicaid Services (CMS) took action at President Trump's direction to "cut the red tape," by reducing unnecessary burden for American's healthcare providers allowing them to focus on their priority – patients. The Omnibus Burden Reduction (Conditions of Participation) Final Rule removes Medicare regulations identified as unnecessary, obsolete, or excessively burdensome on hospitals and other healthcare providers to reduce inefficiencies and moves the nation closer to a healthcare system that delivers value, high quality care and better outcomes for patients at the lowest possible cost.

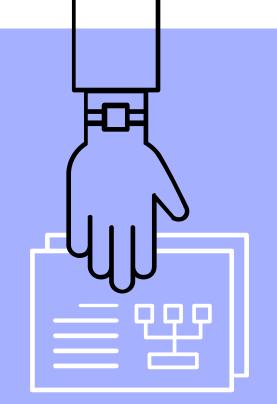


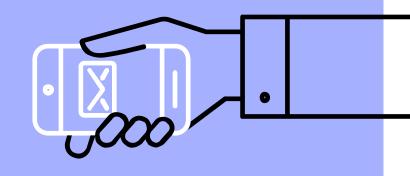
## Today's Speakers

Dr. Dominic Chan
 Clinical Coordinator
 Legacy Health

Kira Buresh
 Quality Improvement Specialist
 St. Charles Prineville Hospital

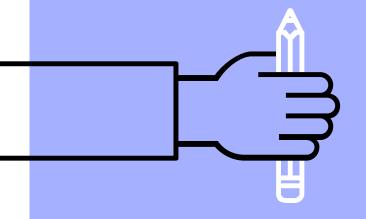






Centers of Medicare & Medicaid Services: Conditions of Participation in Critical Access Hospitals (CAH)

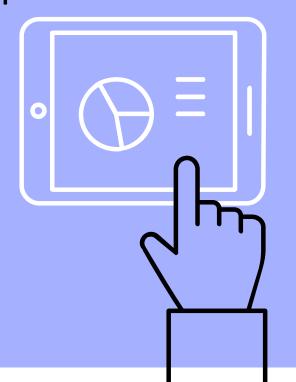
**Antimicrobial Stewardship** 



Dominic Chan, PharmD, BCPS AQ-ID

Legacy Health

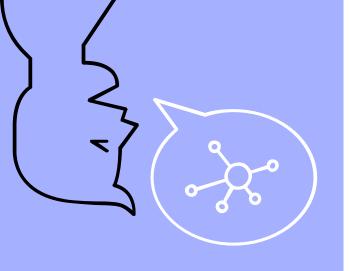
On behalf of OHA



## Agenda

- Describe the timeline for implementation
- Describe elements of the CMS conditions of participation (CoP) for antimicrobial stewardship (AS)
- Evaluate the differences between TJC/DNV & CMS (AS) requirements

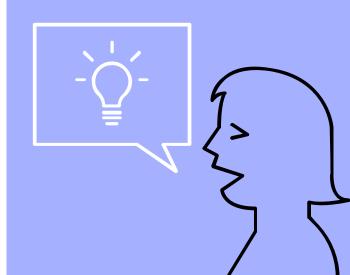




Federal Register / Vol. 84, No. 189 September 30, 2019

§ 482.42 (d) Infection prevention and control and antimicrobial stewardship programs

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## Timeline for Implementation:

6 months after the effective date of the final rule

September 30, 2019

CoP Effective Date

March 31, 2020

Enforcement of Antibiotic Stewardship provisions

# CMS Philosophy for Antimicrobial Stewardship

"...By adding 'antibiotic stewardship' to the title [of the CoP], we would emphasize the important role that a hospital should play in combatting antimicrobial resistance through implementation of a robust stewardship program that follows nationally recognized guidelines for appropriate antibiotic use."



## **Quality Improvement**

- Adherence to best practices for improving antibiotic use
- Antibiotic issues identified in the program must be addressed in collaboration with the hospitalwide quality assessment and performance improvement (QAPI) program

## Leadership

- Individual(s) qualified through education, training or experience in ID / antibiotic stewardship, appointed by the governing body as the leader(s) of the antibiotic stewardship program
- Appointment is based on the recommendations of medical staff leadership and pharmacy leadership

#### **Documentation**

- Demonstrates coordination among all components of the hospital responsible for antibiotic use & resistance (IPC, QAPI, medical staff, nursing services, pharmacy services)
- Documents the evidence-based use of antibiotics in all departments and services of the hospital
- Documents any improvements, including sustained improvements, in proper antibiotic use

#### **Processes & Activities**

- Adheres to nationally recognized guidelines, as
   well as best practices for improving antibiotic use
- Reflects the scope and complexity of the hospital services provided

#### **Education**

Competency-based training & education of hospital personnel/staff, including medical staff/contracted services on practical applications of antibiotic stewardship guidelines, policies and procedures

## Health System Antimicrobial Stewardship

Unified & integrated program allowed, but must demonstrate:

- Takes into account each member hospital's unique circumstance/significant different patient populations/services
- Policies/procedures ensure the needs/concerns of each hospital given due consideration
- Issues localized to particular hospitals are duly considered and addressed
- Qualified individual(s) with expertise designated at the hospital as responsible for communicating with the united ASP for implementing and maintaining policies and procedures governing antibiotic stewardship as directed by the unified program & for providing education and training

# How are the CMS CoP different than TJC or DNV?

#### CMS Emphasizes:

- Documentation
- Sustainability
- Collaboration
- Systematic quality improvement
- Flexibility



# CMS Philosophy for Antimicrobial Stewardship

"... a certain degree of latitude must be left in the requirements to allow for innovations in medical practice that improve the quality of care and move toward the reduction of medical errors and patient harm.

Therefore, we intentionally built flexibility into the revised regulations by proposing language that requires hospitals to demonstrate adherence to nationally recognized guidelines (and best practices where applicable)."



## Take Aways & Recommendations

#### One

Documentation will be key.

Conduct a documentation gap analysis of your existing program (e.g. with the CDC ASP Assessment Tool\*)

#### Two

CMS may expect a formal appointment process

Engage medical leadership and assimilate applicable workflow in medical staff president appointment

#### Three

Engage your department of quality to establish systematic quality improvement that satisfies CMS methodology

Engage your regulatory group re: how CMS surveys differ from TJC/DNV/other surveys



<sup>\* &</sup>lt;a href="https://www.cdc.gov/antibiotic-use/core-elements/hospital.html">https://www.cdc.gov/antibiotic-use/core-elements/hospital.html</a>

# Additional Take Aways & Recommendations specific to CAHs

#### One

CMS recognizes the limited resources in CAHs and has stated support

Ask for help.

CMS Contact:

Scott Cooper 410-786-9465

#### Two

CMS has changed annual review of policies to biennial review

Prioritize policy review according to patient-need, but take advantage of the more relaxed review schedule

#### Three

Limited personnel

Short term: Use grants to assist with acquiring trained individuals

CMS allows for a single individual to lead both the Infection Control & ASP if they possess proper training

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<sup>\* &</sup>lt;a href="https://www.ruralhealthinfo.org/states/oregon/funding">https://www.ruralhealthinfo.org/states/oregon/funding</a> & <a href="https://www.oregon.gov/oha/Pages/Grants-Contracts.aspx">https://www.oregon.gov/oha/Pages/Grants-Contracts.aspx</a>



Questions?



## Creating America's healthiest community, together.



## **Antimicrobial Stewardship**

February 26, 2020

## Antimicrobial Stewardship Committee

The Antimicrobial Stewardship Committee is chaired by the Medical Director for infection prevention and membership will consist of representatives from:

Antimicrobial stewardship pharmacist (co-chair)

Executive sponsor (Chief Quality & Safety Officer)

- Hospital and community medical providers
- Microbiology
- · Direct care nurse
- Infection prevention
- Medication Safety Officer
- Pharmacy leadership
- · Nursing leadership
- Information Technology

The Medical Director for Infection Prevention may appoint ad hoc committees and/or work groups as needed to achieve the goals of the ASC.



## Roles and Responsibilities of Members

The Antimicrobial Stewardship Committee is an interdisciplinary collaborative committee to provide leadership and direction for developing policies, procedures, and overseeing:

- Executive Leadership and Operational Commitment: Dedicating necessary human, financial and information technology resources.
- · Accountability: Collaboration between the Medical Director for infection prevention pharmacy, providers, infection prevention, and the medication safety officer to achieve program outcomes.
- Drug Expertise: Appointing a single pharmacist expert responsible for working to improve antibiotic use.
- · Action: Evaluation of antibiotic use improvement opportunities, prioritization, and implementation of policies and specific interventions that support optimal antibiotic use.
- Tracking: Monitoring antibiotic prescribing and resistance patterns.
- Reporting: Regular reporting information on antibiotic use and resistance to providers, nurses and relevant staff and committees.
- Education: Educating practitioners, staff, and patients on the antimicrobial program, which includes information about resistance and optimal prescribing



## Antimicrobial Stewardship Checklist

Requirement	Ye	No	Notes or Actions Taken if Needed
	S		
EP 1 – Leaders establish			
antimicrobial stewardship as a			
priority			
EP 2 – Staff and licensed			
independent practitioners			
involved in antimicrobial			
ordering, dispensing,			
administration, and monitoring			
are educated about antimicrobial			
resistance and antimicrobial			
stewardship practices.			
Education is at the time of hire or			
granting of privileges and			
periodically thereafter.			
EP 3 – Patients and families are			
educated about appropriate use			
of antimicrobial medications,			
including antibiotics.			
EP 4 – There is a multidisciplinary			
team to include: infectious			
disease physician, infection			
preventionist(s), pharmacist(s),			
practitioner			

EP 5 – The antimicrobial stewardship program includes: . leadership commitment . accountability . drug expertise . action . tracking . reporting . education		
EP 6 – The antimicrobial stewardship program uses organization-approved multidisciplinary protocols		
EP 7 – The hospital collects, analyzes, and reports data on the antimicrobial stewardship program.		
EP 8 – Action is taken on improvement opportunities identified in the antimicrobial stewardship program.		

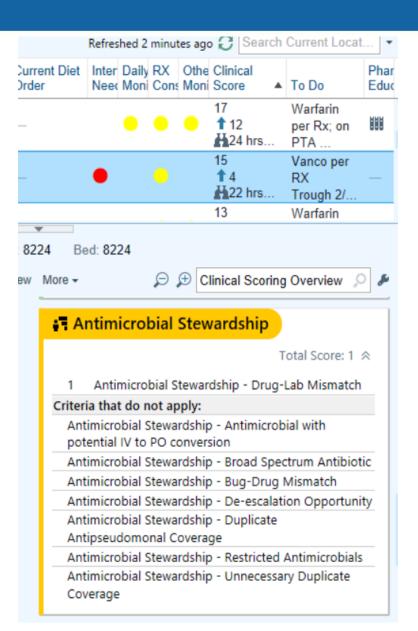


## AMS Program Pharmacy Initiatives

- Weekly ID rounds with ID physician
  - Drug/bug mismatch
  - Drug/lab mismatch
  - De-escalation
- IV to PO conversion protocol
- Renal dosing protocol
- Vancomycin and aminoglycoside consults/protocol
- Restricted antibiotics

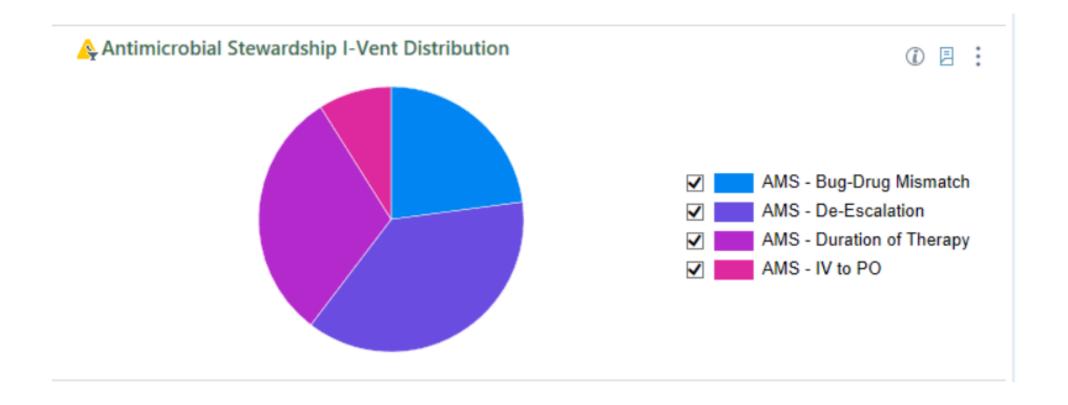


## **Epic Scoring Tool for Pharmacists**



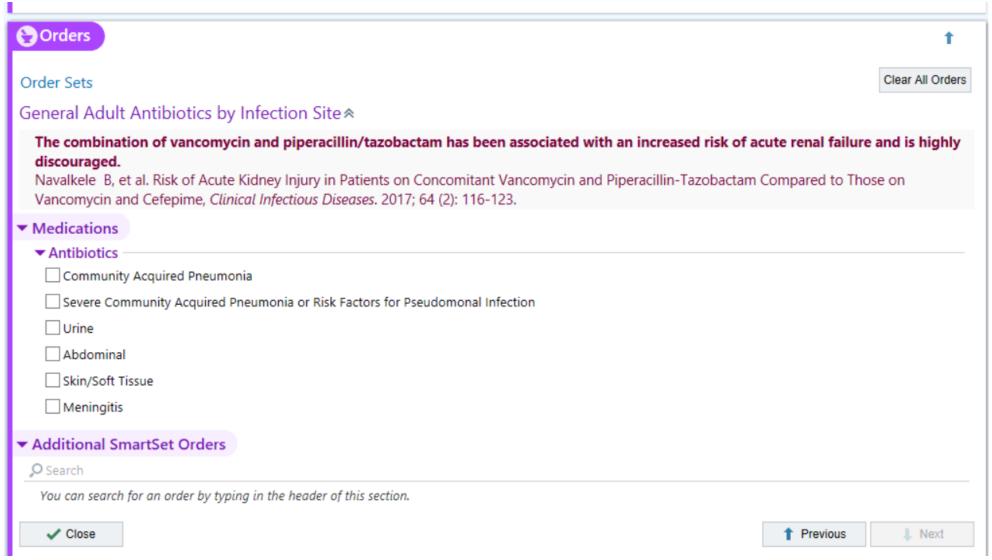


### Pharmacist Intervention Documentation





## Infection and Syndrome Specific Interventions





## Antibiogram

#### CENTRAL OREGON - January 1, 2019 - December 31, 2019

Values represent percent susceptibility

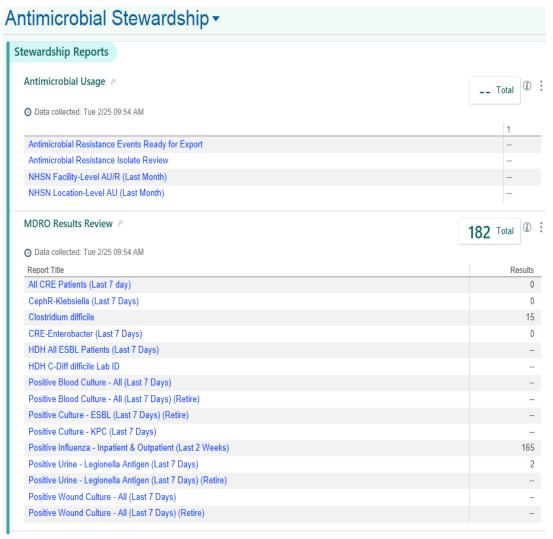
	*Ave IV	E. coli	K. pneum	P. mirab	Ps. aerug	E. cloacae	Enterococcus	S. pneum	Coag Pos Staph	Coag Neg Staph
TOTAL # ISOLATES	Cost/Day	6093	859	288	417	221	704	69	2235	674
Ciprofloxacin	<\$	90%	99%	84%	90%	97%	87%			
Levofloxacin	<\$						89%	97%		
Nitrofurantoin	<\$ po	98%	45%			48%	96%		99%	99%
Tetracycline	<\$po							59%	97%	83%
Ceftriaxone	\$	98%	98%	100%						
Gentamicin	\$	96%	99%	92%	98%	99%				
Amikacin	\$	100%	100%	100%	100%	100%				
Moxifloxacin	\$								67%	73%
Tobramycin	\$	96%	99%	95%	100%	99%				
Vancomycin	\$						99%		100%	100%
Amp/Sulbactam	\$	73%	92%	88%						
Cefotaxime	\$\$							100%		
Cefazolin	\$\$	96%	96%	94%		0%				
Clindamycin	\$\$								86%	62%
Ampicillin	\$\$	68%	0%	82%						
Piperacillin/Tazo	\$\$\$	98%	99%	100%	100%	94%				
Penicillin	\$\$\$							80%		
Trimeth/Sulf	\$\$\$	86%	91%	80%		93%		87%	98%	67%
Cefepime	\$\$\$\$	99%	99%	100%	99%	100%				
Meropenem	\$\$\$\$\$	100%	100%		96%	100%				
Oxacillin	\$\$\$\$\$\$								74%	55%
Linezolid	\$\$\$\$\$\$\$						100%		100%	100%
Erythromycin	\$\$\$\$\$\$\$							81%	55%	47%
Ertapenem	\$\$\$\$\$\$\$	100%	100%	100%		99%				
Aztreonam	\$\$\$\$\$\$\$	98%	99%	98%		88%				
Tigecycline	\$\$\$\$\$\$\$	100%	100%	1%					100%	100%
Daptomycin	\$\$\$\$\$\$\$						100%		100%	100%
Cefoxitin Screen		·					·		74%	58%

<sup>\*</sup>Costs based on hospital acquisition cost for 1 day of IV therapy.



<sup>&</sup>lt;\$\$\$1.00-\$9.00, \$\$\$\$\$\$-\$60.01-\$30.01, \$\$\$\$-\$30.01-\$40.00, \$\$\$\$\$-\$40.01-\$50.00, \$\$\$\$\$\$-\$50.01-\$60.00, \$\$\$\$\$\$-\$60.01-\$70.00, \$\$\$\$\$\$-\$70.00 H:Micro/Antibiogram 2016.xls 1-23-2017 boc

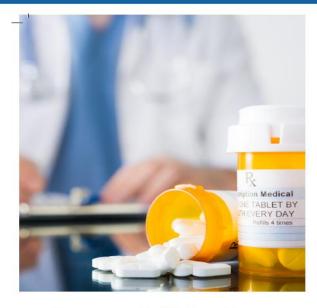
## EPIC Dashboard & Improvement Monitoring







## Patient and Caregiver Education



#### **Consequences of antibiotic resistance**

For many years, the introduction of new antibiotics outpaced the development of antibiotic resistance. In recent years, however, the pace of drug resistance has contributed to an increasing number of health care problems, resulting in:

- · More serious illness or disability
- · More deaths from previously treatable illnesses
- Prolonged recovery
- · More frequent or longer hospitalization
- More doctor visits
- · Less effective or more invasive treatments
- More expensive treatments

#### **Antibiotic stewardship**

The appropriate use of antibiotics — often called antibiotic stewardship — can help preserve the effectiveness of current antibiotics, extend their life span and protect the public from antibiotic-resistant infections.

You can help reduce the development of antibiotic resistance by taking the following steps:

- · Use antibiotics only as prescribed by your doctor.
- If you have an antibiotic prescription, ask your doctor what you should do if you forget to take a dose.
- If for some reason you have leftover antibiotics, throw them away. Never take leftover antibiotics for a later illness. Never take antibiotics prescribed for another person.
- Don't pressure your doctor to give you an antibiotic prescription. Ask your doctor for advice on how to treat symptoms.
- Practice good hygiene. Wash your hands regularly with soap and water, especially after using the toilet, before eating, before preparing food and after handling fresh meat. Wash fruits and vegetables thoroughly, and keep kitchen work surfaces clean.
- Make sure you or your children receive recommended vaccinations. Some recommended vaccines protect against bacterial infections, such as diphtheria and whooping cough (pertussis).
- If you think you may have penicillin allergy, talk to your doctor about getting an allergy skin test.
   Research has shown that penicillin or other antibiotic allergies may be overreported. Ruling out an antibiotic allergy can help your doctor prescribe the most appropriate antibiotic when it's needed.



## What everyone should know about antibiotics







## AMS Campaign

## What you need to know about





- Misuse and overuse have increased the number of drug-resistant germs.
- Taking antibiotics when they are not the appropriate treatment promotes antibiotic resistance.





## What you need to know about





- Antibiotics treat bacterial infections, but not viral infections.
- Common viral infections that do not benefit from antibiotic treatment include: a common cold, influenza and bronchitis.





## What you need to know about





- Failure to take an antibiotic as prescribed can contribute to antibiotic resistance.
- Take antibiotics only as prescribed and throw away any leftover antibiotics.





## Questions

## Thank you.

Kira Buresh, Quality Improvement Specialist Jennifer Tripp, Pharmacist

Contact: kmburesh@stcharleshealthcare.org



## Questions?



## Oregon HAI Program Reminders

Please complete your facility's 2019 NHSN Annual Survey before March 1st!

Check our website for upcoming Lunch and Learn Webinars!

https://www.oregon.gov/oha/PH/DISEASESCONDITIONS/COMMUNICABLEDISEASE/HAI/PREVENTION/Pages/lunch-and-learn.aspx



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