**Video Directly Observed Therapy (VDOT) instructions**

Video Directly Observed Therapy (VDOT) is the use of video recording device to record self-administration of TB medications by either live streaming (“Virtual” DOT) or video recordings. VDOT allows the TB caseworker to verify administration of TB medications from a remote location, so that doses can be counted as directly observed. Please follow the instructions below to ensure that doses are correctly observed.

**I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ agree to complete the following actions:**

**(Name of Client)**

1. Announce the day and date at the beginning of each video (e.g. Monday, September 8th)

2. Show medication package to the camera, showing label, before opening it.

3. Show each pill to the camera before swallowing.

4. Show yourself swallowing pill(s).

5. Show empty mouth to the camera, after swallowing pill(s) and/or say something to camera after all pills are taken.

6. Show the empty medication packet when done taking all the pills.

7. Review the recorded videos with Local Health Department Nurse or other staff at agreed upon time.

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Signature of ClientDate

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of TB Nurse Case ManagerDate