

A WORLD
free of TB
starts with a
COMMUNITY
free of TB!



CHILDHOOD TUBERCULOSIS ACTIVITY BOOK

THINGS TO REMEMBER

- * Tuberculosis is curable if you take your treatment properly
- * TB is transmitted through the air
- * The spread of TB can be prevented by taking treatment regularly, opening windows to allow air flow, and covering our mouths when we cough
- * Children can have different signs and symptoms of TB than adults
- * Contact tracing is one of the best ways we can help to fight the spread of TB in our families and our community
- * A world free of TB starts with a community free of TB. We can all work together to cure TB.



A world free of TB starts with a community free of TB!

DRAWING PAGE

Draw a picture to go with the words in each box.

COUGHING

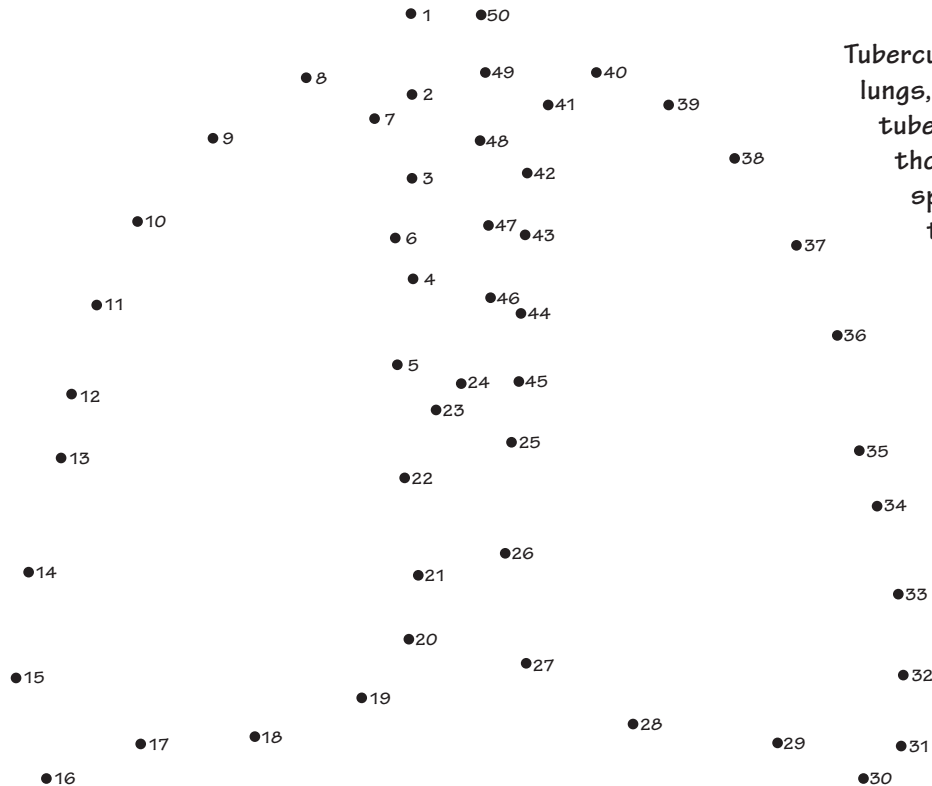
NIGHT SWEATS

LOSS OF APPETITE AND WEIGHT

FEELING TIRED AND WEAK

TB SYMPTOMS: Adults who have TB usually cough for more than two weeks, lose their appetite, are often very tired, and sometimes have night sweats. Children often have different symptoms than adults.

WHERE DOES TB BACTERIA INFECT?



Tuberculosis usually infects the lungs, this is called **PULMONARY** tuberculosis. Sometimes though, the bacteria can spread to other parts of the body, like your bones or your kidneys, this is called **EXTRA-PULMONARY** tuberculosis.



PREVENTION METHODS

Circle the parts of these images that put you at higher risk for getting TB.

Put squares around the parts of these images that are ways to help prevent TB.



There are also other ways we can help prevent the spread of TB. We can leave our windows and doors open to allow air to flow, we can make sure we keep our bodies healthy, and we can cover our mouths if we start coughing.

If you have TB, the best thing you can do is finish your treatment fully!

CONTACT TRACING

Mark where these people show any of these symptoms.



FEVER



GETTING THINNER



COUGHING



NOT EATING



NIGHT SWEATS

Mother					
Father					
Sister					
Brother					
Other					
Other					
Other					



If you or your family are showing any of these signs or symptoms of TB, please go to the doctor to be tested.

Special thanks to Kick TB for allowing us to use their contact tracing worksheet.

For more information, visit www.kicktb.co.za



www.tballiance.org

