Whom to test for Zika virus in Oregon

As a healthcare provider, you may want to consider testing your patient for Zika virus infection. The algorithm below will help you determine whether or not to test your patient for this infection. For more information on how to send specimens for testing to the Oregon State Public Health Laboratory, see How to request testing for Zika virus in Oregon.

If your patient is....

Experiencing or has recently experienced symptoms of Zika*

Symptoms of Zika:

Rash
Red eyes
Joint pain
Fever
Guillain-Barré Syndrome

Ask the following questions

Has the patient recently traveled to a Zika-affected area?

OR

Has the patient had unprotected sex with a partner who has lived in or traveled to a Zika-affected area?

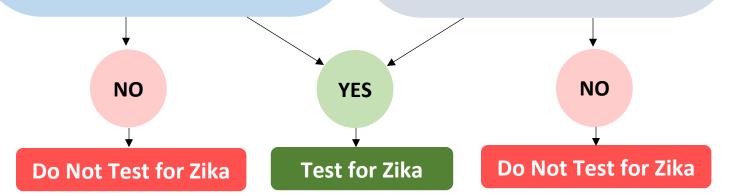
A pregnant woman without symptoms

Ask the following questions

Does the patient have ongoing possible exposure to Zika virus†?

OR

Has the patient recently traveled or had unprotected sex with a partner who has lived in or traveled to a Zika-affected area AND has prenatal findings on ultrasound consistent with congenital Zika virus syndrome?



^{*}Includes infants with abnormalities consistent with congenital Zika syndrome and possible maternal Zika virus exposure

Testing is not recommended for asymptomatic, non-pregnant individuals.



[†]Ongoing possible exposure to Zika virus includes frequent (e.g., at least monthly) travel to a Zika-affected area or unprotected sex with a partner who frequently travels to a Zika-affected area.