

2026 CAREAssist | Individual dental plan application

You are eligible to enroll if:

- > You are fully enrolled in CAREAssist
- > Your health coverage is not through Oregon Health Plan (OHP)

You cannot enroll unless you meet the requirements. You must check the box confirming your eligibility for your application to be reviewed.

☐ I confirm I meet these requirements.

If it is determined that you are not CAREAssist-qualified, you may still be able to enroll on a Delta Dental individual plan if you are eligible for special enrollment.

- ☐ New dental policy due to meeting CAREAssist qualifications

☐ I am applying for the:
☐ Delta Dental PPO

Section 1: Enrolling - Subscriber information

This section must be completed with subscriber information.

Name (<i>Last, First, M.I.</i>)			
Date of birth (<i>mm/dd/yyyy</i>)		Social Security number	
Home address			
City	State	ZIP	County
Phone number		Email	
Mailing address (<i>if different</i>)			
City		State	ZIP
Gender ☐ M ☐ F	Gender identity *	Race/ethnicity**	Primary language

We are committed to understanding and valuing diversity among our members. We ask for gender identity and race/ethnicity information so we can refer to and communicate with you appropriately and respectfully. This information is optional. Use these codes to fill out the information for each member:

*Gender identity: **M**-male, **F**-female, **T**-transgender, **C**-cisgender, **GN**-gender nonconforming, **NB**-nonbinary, **TG**-third gender, **Q**-questioning, **O**-other, **P**-prefer not to answer

Race/ethnicity: **AI-American Indian/Alaska Native, **A**-Asian, **B**-Black/African American, **C**-Caucasian, **H**-Hispanic/Latino, **PI**-Native Hawaiian/other Pacific Islander, **O**-other, **P**-prefer not to answer

Section 2: Other insurance

Will you have other dental insurance? ☐ Yes ☐ No other coverage

Section 3: Credit toward benefit exclusion period (for new dental coverage)

Have you had dental insurance for the last 12 months with no more than a 90-day break in coverage from the end of the old policy to the expected effective date of this new policy?

☐ No ☐ Yes If this coverage was through Delta Dental Plan of Oregon, we'll automatically waive the exclusion period on your dental coverage. If this coverage was through a different carrier, we can credit your prior coverage toward the benefit exclusion period. Attach a letter from your prior carrier or employer documenting the start and end dates of your prior dental coverage.

Section 4: Basic terms of enrollment

I understand and agree that:

- > This application is not an offer of coverage. Coverage does not begin until this application is received and reviewed by Delta Dental and an effective date of coverage is assigned.
- > This application becomes part of my policy.
- > I have the right to examine and return the policy within 10 days of receipt.
- > Subscriber must be enrolled in CAREAssist to apply for and keep coverage under this Delta Dental plan. Resident means a person who lives in Oregon and intends to live in Oregon permanently or indefinitely. Delta Dental may require proof of residency, including but not limited to, my street address (not a post office box).
- > No benefits are available under a Delta Dental plan for services or supplies you received before the effective date of this coverage.
- > Changes to state or federal laws or rules may change the benefits or rates of the plan. Changes will be effective January 1.
- > Regardless of my enrollment date, my plan premium will renew January 1.
- > I have read the Delta Dental privacy statement that is available on DeltaDentalOR.com.

Section 5: Certification of completion and correctness

Be sure to sign and date the application below.

I affirm that the answers given on this application are complete and correct to the best of my knowledge. I understand that if this application contains any intentional misrepresentations of material fact, Delta Dental may deny coverage, modify or cancel the contract and/or take other legal action. I will promptly inform Delta Dental in writing if anything happens before my coverage takes effect that makes this application incomplete or incorrect. If approved, coverage will be in force as of the effective date determined by Delta Dental. Delta Dental may contact me to clarify answers on this application. As the applicant, I understand I have the right to inspect the information in my file.

I have read and understand this application, terms and certification, and privacy statements.

Applicant (subscriber) or parent/guardian:

Printed name of: ☐ Parent ☐ Guardian ¹ ☐ Applicant	
Signature X	Date

¹If not a parent, please attach legal documentation if you are the legal guardian or holder of Power of Attorney.

By providing my contact information, I am consenting to receive communications from Delta Dental Plan of Oregon and their affiliates and business partners regarding my health plan benefits, payments and treatment.

Please keep in mind that communications via email over the internet may not be secure. Although it is unlikely, there is a possibility that information included in an email could be obtained by other parties besides the person to whom it is addressed. We recommend that you do not include personal identifying information such as your birth date or personal medical information in any emails you send to us. You do not have to provide your email address or phone number as a condition to purchasing any goods or services.

Ready to submit?

- > Have you filled out the application completely, and signed it?
- > Have you attached required documentation (guardianship, etc.)?

Send your signed, completed application and attachments to CAREAssist:

Email: Scan and send to care.assist@odhsoha.oregon.gov

Fax: 971-673-0177

Mail: CAREAssist, 800 NE Oregon St. #1105, Portland, OR 97232

Go paperless!

New to Delta Dental Plan of Oregon? After your application is approved, you will receive a welcome letter with your member ID number. With this ID number, simply set up your Member Dashboard account by visiting DeltaDentalOR.com. Log in to your Member Dashboard to:

- > View your Member Handbook
- > See how your claims were paid by opting to receive electronic explanations of benefits (EOBs)
- > Go paperless - you'll receive an email when your first bill is ready

Questions?

Contact Delta Dental at 855-718-1767 or CAREAssist at 971-673-0144.

DeltaDentalOR.com

Dental plans in Oregon provided by Delta Dental Plan of Oregon.
Delta Dental is a trademark of Delta Dental Plans Association.

ATTENTION: If you speak English, free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 1-877-605-3229 (TTY: 711) or speak to your provider.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 1-877-605-3229 (TTY: 711) o hable con su proveedor.

LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số (Người khuyết tật: 1-877-605-3229 (TTY: 711) hoặc trao đổi với người cung cấp dịch vụ của bạn.

주의: [한국어]를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 1-877-605-3229 (TTY: 711))번으로 전화하거나 서비스 제공업체에 문의하십시오.

ВНИМАНИЕ: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 1-877-605-3229 (TTY: 711) или обратитесь к своему поставщику услуг.

注：日本語を話される場合、無料の言語支援サービスをご利用いただけます。アクセシブル（誰もが利用できるよう配慮された）な形式で情報を提供するための適切な補助支援やサービスも無料でご利用いただけます。1-877-605-3229 (TTY: 711) までお電話ください。または、ご利用の事業者にご相談ください。

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzen zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 1-877-605-3229 (TTY: 711) an oder sprechen Sie mit Ihrem Provider.

PAALALA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyonang tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 1-877-605-3229 (TTY: 711) o makipag-usap sa iyong provider.

УВАГА: Якщо ви розмовляєте українська мова, вам доступні безкоштовні мовні послуги. Відповідні допоміжні засоби та послуги для надання інформації у доступних форматах також доступні безкоштовно. Зателефонуйте за номером 1-877-605-3229 (TTY: 711) або зверніться до свого постачальника».

ማሳሰቢያ፡- አማርኛ የሚናገሩ ከሆኑ፣ የቋንቋ ድጋፍ አገልግሎት በነፃ ይቀርብልዎታል። መረጃን በተደራሽ ቅርጽ ለማቅረብ ተገቢ የሆኑ ተጨማሪ እዛዎች እና አገልግሎቶች እንዲሁ በነፃ ይገኛሉ። በስልክ ቁጥር 1-877-605-3229 (TTY: 711) ይደውሉ ወይም አገልግሎት አቅራቢዎን ያናግሩ።

FIIRO GAAR AH: Haddaad ku hadasho Soomaali, adeegyo kaalmada luuqadda ah oo bilaash ah ayaad heli kartaa. Qalab caawinaad iyo adeegyo oo habboon si loogu bixiyo macluumaadka qaabab la adeegsan karo ayaa sidoo kale bilaa lacag heli karaa. Wac 1-877-605-3229 (TTY: 711) ama la hadal bixiyahaaga.

ATTENTION : Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 1-877-605-3229 (TTY: 711) ou parlez à votre fournisseur.

注意：如果您说[中文]，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电（文本电话：1-877-605-3229 (TTY: 711)）或咨询您的服务提供商。

ເຊີນຊາບ: ຖ້າທ່ານເວົ້າພາສາ ລາວ,
ຈະມີບໍລິການຊ່ວຍດ້ານພາສາແບບບໍ່ເສຍຄ່າໃຫ້ທ່ານ.
ມີເຄື່ອງຊ່ວຍ ແລະ
ການບໍລິການແບບບໍ່ເສຍຄ່າທີ່ເໝາະສົມເພື່ອໃຫ້ຂໍ້ມູນໃນຮູບ
ແບບທີ່ສາມາດເຂົ້າເຖິງໄດ້. ໂທຫາເບີ 1-877-605-3229
(TTY: 711) ຫຼື ລົມກັບຜູ້ໃຫ້ບໍລິການຂອງທ່ານ.

หมายเหตุ: หากคุณใช้ภาษาไทย
เรามีบริการความช่วยเหลือด้านภาษาฟรี นอกจากนี้
ยังมีเครื่องมือและบริการช่วยเหลือเพื่อให้ข้อมูลในรูปแบบที่เข้าถึง
ได้โดยไม่เสียค่าใช้จ่าย โปรดโทรติดต่อ 1-877-605-3229
(TTY: 711) หรือปรึกษาผู้ให้บริการของคุณ

توجه دین: اگر آپ اردو بولتے ہیں، تو آپ کے لیے زبان کی مفت مدد کی
خدمات دستیاب ہیں۔ قابل رسائی فارمیٹس میں معلومات فراہم کرنے
کے لیے مناسب معاون امداد اور خدمات بھی مفت دستیاب ہیں۔ -
1-877-605-3229 (TTY: 711) پر کال کریں یا اپنے فراہم
کنندہ سے بات کریں۔"

LUS CEEV TSHWJ XEEB: Yog hais tias koj hais Lus
Hmoob muaj cov kev pab cuam txhais lus pub
dawb rau koj. Cov kev pab thiab cov kev pab cuam
ntxiv uas tsim nyog txhawm rau muab lus qhia
paub ua cov hom ntaub ntawv uas tuaj yeem nkag
cuag tau rau los kuj yeej tseem muaj pab dawb tsis
xam tus nqi dab tsi ib yam nkaus. Hu rau
1-877-605-3229 (TTY: 711) los sis sib tham nrog
koj tus kws muab kev saib xyuas kho mob.

सावधान: यदि तपाईं नेपाली भाषा बोल्नुहुन्छ भने तपाईंका
लागि निःशुल्क भाषिक सहायता सेवाहरू उपलब्ध छन्।
पहुँचयोग्य ढाँचाहरूमा जानकारी प्रदान गर्न उपयुक्त
सहायता र सेवाहरू पनि निःशुल्क उपलब्ध छन्।
1-877-605-3229 (TTY: 711) मा फोन गर्नुहोस् वा आफ्नो
प्रदायकसँग कुरा गर्नुहोस्।

ശ്രദ്ധിക്കുക: നിങ്ങൾ മലയാളം ഭാഷ
സംസാരിക്കുമെങ്കിൽ, സൗജന്യ ഭാഷാ
സഹായ സേവകങ്ങൾ നിങ്ങൾക്ക്
ലഭ്യമാണ്. ആകസ്മം ചെയ്യാവുന്ന
ഫോർമാറ്റുകളിൽ വിവരങ്ങൾ
നൽകാനുള്ള ഉചിതമായ അനുബന്ധ
സഹായങ്ങളും സേവനങ്ങളും കൂടെ
സൗജന്യമായി ലഭ്യമാണ്. 1-877-605-3229
(TTY: 711) ലേക്ക് വിളിക്കുക അല്ലെങ്കിൽ
നിങ്ങളുടെ ദാതാവിനോട്
സംസാരിക്കുക.

PANANGIKASO: No agsasaoka iti llocano, magun-
odmo dagiti libre a serbisio ti tulong iti pagsasao.
Libre met laeng a magun-odan dagiti maitutop a
katulongan ken serbisio a mangipaay iti
impormasion kadagiti ma-akses a pormat.
Awagan ti 1-877-605-3229 (TTY: 711) wenno
makisarita iti mangipapaay kenka.

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क
भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में
जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन
और सेवाएँ भी निःशुल्क उपलब्ध हैं। 1-877-605-3229
(TTY: 711) पर कॉल करें या अपने प्रदाता से बात करें।

సావధానం: మీరు తెలుగు మాట్లాడితే, మీకు
ఉచిత భాషా సహాయ సేవలు అందుబాటులో
ఉంటాయి. యాక్సెస్ చేయగల ఫార్మాట్‌లలో
సమాచారాన్ని అందించడానికి తగిన సహాయక
సహాయాలు మరియు సేవలు కూడా ఉచితంగా
అందుబాటులో ఉంటాయి. 1-877-605-3229
(TTY: 711) కి కాల్ చేయండి లేదా మీ ప్రొవైడర్‌తో
మాట్లాడండి.

تنبيه: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات المساعدة
اللغوية المجانية. كما تتوفر وسائل مساعدة وخدمات مناسبة لتوفير
المعلومات بتنسيقات يمكن الوصول إليها مجانًا. اتصل على الرقم
877-605-3229 (TTY: 711) أو تحدث إلى مقدم الخدمة."

AKIYESI: Ti o ba sọ Yorùbá, awọn işe iranlọwọ
ede ọfẹ wa fun ọ. Awọn iranlọwọ iranlọwọ ti o yẹ
ati awọn işe lati pese alaye ni awọn ọna kika
wiwọle tun wa laisi idiyele. Pe 1-877-605-3229
(TTY: 711) tabi sọrọ si olupese rẹ.

MAKINIKA: Ikiwa wewe huzungumza Kiswahili,
msaada na huduma za lugha bila malipo
unapatikana kwako. Vifaa vya usaidizi vinavyofaa
na huduma bila malipo ili kutoa taarifa katika
mifumo inayofikiwa pia inapatikana bila malipo.
Piga simu 1-877-605-3229 (TTY: 711) au
zungumza na mtoa huduma wako.

ATENÇÃO: Se você fala Português do Brasil,
serviços gratuitos de assistência linguística estão
disponíveis para você. Auxílios e serviços
auxiliares apropriados para fornecer informações
em formatos acessíveis também estão disponíveis
gratuitamente. Ligue para 1-877-605-3229
(TTY: 711) ou fale com seu provedor.