

The Network
News
2020
May/June
Issue #237



Next Meeting

July 14th 9-11:00 a.m.

Screening of "Born To Be" brought to us by MCHD Health Services Center

This film will be shown via Webex

If you are interested send an email to lagermes@ohsu. edu for the link

I hope that everyone is doing well at this time and still prioritizing you! Remember the saying, "Put on your own oxygen mask before you help someone else". If we continue to take care of others without taking care of us, we will burn out, and be of no use to anyone. Especially now as we are in continue to be the midst of a pandemic, we need to be sure we are well.

We find ourselves at an important time in the world; being in the middle of a pandemic and a racial justice awakening. So many people have been saying why now? What is different this time then when we witnessed the murders of Philando Castile or Eric Garner and too many others? Why are more white people all over the world protesting, donating, lifting up black voices and standing in solidarity with Black Americans. I don't know who has the answer to why now but I know that I am personally taking actions to look at my own biases and how I can do better and be a true white ally. At Partnership Project we will be looking at ourselves as an agency to determine where we have done harm and how we can do better. We know we are not perfect, no one is.

In the next several pages, I offer some places to learn and listen as you go through your journey. I wish you all well on wherever your journey takes you.

Best,

Julia





Photo of Marsha P Johnson and Sylvia Rivera

Pride is a time to celebrate the strength, vibrancy and diversity of the LGBTQ+ community. It is also a time to learn about our history and to honor those who came before us.

Here is an article that offers one perspective about who started Stonewall and why it is and isn't important who threw the 1st brick. https://www.them.us/story/who-threw-the-first-brick-at- stonewall

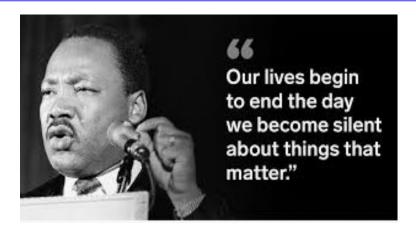
Here is another article that takes a look back at history to what Pride is today.



Self care reminder!

Don't ever be sorry for putting yourself first when it comes to your emotional and mental health.

Self-Care is a priority and necessity - not a luxury - in the work that we do.



As many of us are taking steps to understand what we each need to do to combat racism and how it impacts our communities, ourselves and our clients, I offer you these resources that I have gathered. This is not intended to be an exhaustive list. There are numerous other items to listen to, read, act with, support and watch. Thanks to those who have shared these with me.

Listen

Encore: A Black Father Answers Tough Ouestions From His Son

How to Talk about Race and Racism—Aspen Ideas to Go

Poet Eve Ewing Connects 1919 Chicago To Today's Racial Unrest

5 Podcasts at the Intersection of Pride Month and the Black Lives Matter Movement

1619 from the New York Times

Pod Save the People

Seeing White -Scene on Radio

About Race

Code Switch

Read

1619 from the New York Times Magazine

So You Want to Talk About Race

How to be an Antiracist

White Fragility

The Hate U Give

The Fire Next Time

Act

SixNineteen

Campaign Zero

#8toAbolition

PAALF

Black Lives Matter

Support

https://www.eatokra.com/

https://www.portlandincolor.com/directory/

Learn

Rachel Cargle

https://blavity.com/

https://madamenoire.com/

https://www.theroot.com/

Watch

13th

Just Mercy

When They See Us

Self Made

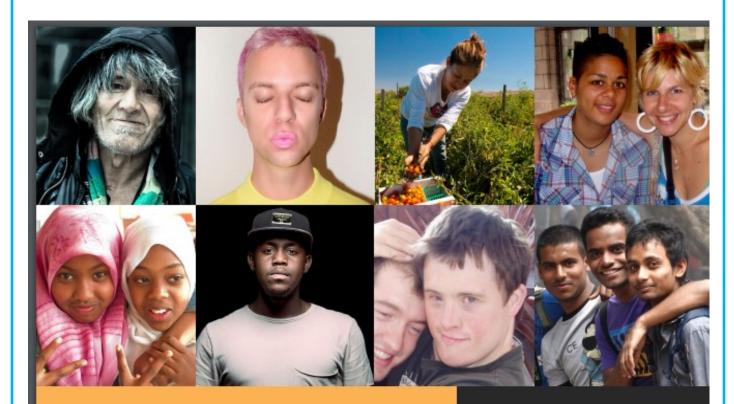
Selma

Malcolm X



https://www.facebook.com/events/202166560919104/

This list is not intended to be an exhaustive list.



COMMUNITY CONVERSATIONS

What Gets in the Way?

The time for **meaningful change** is now.

Help us open pathways to justice & support for marginalized & oppressed people in Oregon.

LET'S TALK ABOUT...

Your experiences with Institutional racism and implicit bias

Oregon's new hate crime law

How Oregon DOJ can engage with your community



Scan here or go to <u>www.doj.state.or.us/oregon-department-of-justice/bias-crimes/community-conversations/</u> for login and call-in information.



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Online Community Conversations Dates and Times

If you require an accommodation to participate in this virtual community conversation or have questions, please contact Ben Bradshaw by phone call or text at 971-301-0241 or email Benjamin.Bradshaw@doj.state.or.us.

LGBTQIA+ Session: Monday, July 6th, 1-3pm

Religious Minority Session: Wednesday, July 8th, 1-3pm

Latinx Session: Friday, July 10th, 1-3pm

Black/African American Session: Monday, July 13th, 1-3pm

Asian Pacific Islander Session: Wednesday, July 15th, 1-3pm

Undocumented/ Migrant Farm Worker Session: Friday, July 17th 1-3pm

Houseless/Mental Illness/ Substance Issues Session: Monday, July 20th, 1-3pm

Native American Session: Wednesday, July 22nd, 1-3pm

Deaf & Hard of Hearing Session: Friday, July 24th, 1-3pm

Disabilities and Limitations Session: Monday, July 27th, 1-3pm

Refugee/Immigrant Session: Wednesday, July 29th, 1-3pm



"To the protesters around the country, and in Oregon: We are with you. Violence is not the answer, but your courage and thirst for meaningful change cannot be overlooked." - Ellen Rosenblum

formation.





NATIONAL HIV TESTING DAY JUNE 27

EL DÍA NACIONAL DE LA PRUEBA DEL VIH

27 DE JUNIO









Despite being in the middle of the COVID-19 pandemic it is still important to remind our communities of the important of being tested for HIV. Share these pictures (courtesy of END HIV Oregon) and this content on your social media platforms.

Tomorrow is #NationalHIVTestingDay – when were you last tested? Find more information and testing locations at www.endhivoregon.com #pridemonth #gaypride #HIV #HIVTesting #Oregon #HIV prevention #testing #ENDHIVOregon

Mañana es el Día Nacional de la Prueba del VIH: ¿cuándo fue la última vez que te hiciste la prueba? Obtenga más información en www.endhivoregon.org/es #pridemonth #gaypride #HIV #HIVTesting #Oregon #HIV prevention #testing #ENDHIVOregon

You can also find additional content for social media platforms at https://www.cdc.gov/hiv/library/awareness/testingday.html

Aging with Pride: IDEA = Innovations in Dementia Empowerment and Action



ARE YOU OR SOMEONE YOU KNOW EXPERIENCING MEMORY LOSS?

The IDEA program uses easy video chatting!

Receive \$125 per pair for completing 5 phone interviews

- Coaches provide 9 virtual sessions for the person with memory loss and their care partner.
- Sessions are designed to improve the health and well-being of both.
- Either the person with memory loss or care partner must be LGBTQ.
- This free program is available in Washington, Oregon and California.

Contact us at 1-888-655-6646 or ageIDEA@uw.edu

Community partners include GenPRIDE, Openhouse, Family Caregiver Alliance, and LA LGBT Center.

Aging with Pride: IDEA (Innovations in Dementia Empowerment and Action) is offering our innovative program using easy video chatting. We need your help! LGBTQ older adults are often isolated and difficult to connect with, and experiencing cognitive difficulties can increase social isolation. This free virtual program is available throughout Washington, Oregon and California. Please help us spread the word.

Visit https://ageidea.org/share/ to see how you can share information about this program. Check out the 2 minute video about the program on our website https://ageidea.org/ elementor-345/

Together we can make a difference in people's lives. Thank you for your support!

Contact: Amy Cunningham, MS, Research Coordinator, Aging with Pride: IDEA, University of Washington School of Social Work 206.543.8445 https://ageidea.org/



In an effort to remain aware of all of our programmatic and staff changes throughout the HIV community in Oregon we would like to collect and share that information.

Programmatic & staff changes should be sent to lagermes@ohsu.edu by the last Wednesday of the month.

Washington County Health Department STI Staffing COVID Staffing

DIS

Ivette Torres, Laura Minkiewitz and Doobie Gutierrez are currently working full-time on our COVID response. Send emails directed to DIS to Tessa Robinson, Tessa Robinson@co.washington.or.us, Raul Diestra, Raul Diestra@co.washington.or.us, and our new temp HIV/STI nurse Patrice Jean, Patrice Jean@co.washington.or.us.

Send Orpheus to dos and case/contact transfers to Tessa Robinson.

HIV/STI Administrative/Programmatic

Chris Keating is currently working full-time on our COVID response. Send emails you would direct to Chris to Erin Parrish@co.washington.or.us and Amy Manchester Harris, Amy Manchester Harris@co.washington.or.us.

Multnomah County Health Services Center Welcomes

Medical Case Managers Kristen Ceder (she/her) and Sam Hurley (he/him) who both started in March

Clackamas County Public Health Welcomes

Jeffrey Gander, Communicable Disease Nurse

Says Farewell to Mary Horman who retired on June 3rd

EOCIL is hiring

Behavioral health Specialist

ACRN Registered Nurse Medical Case Manager

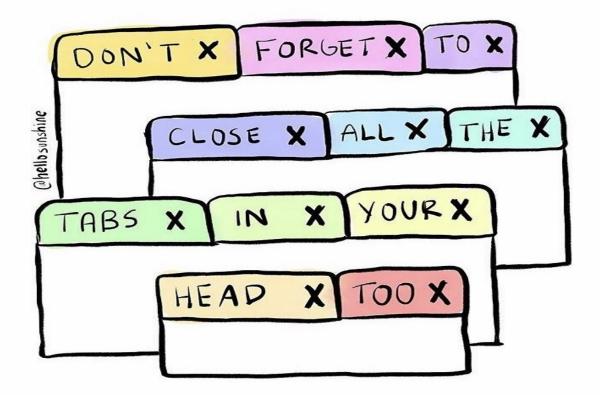
Cascade AIDS Project Welcomes

Roberto "Robert" Rico-Bilingual Prevention Navigator Mae Holsapple (they/them) - Cascadia Counselor Claudia Alder - CareLink Team Lead Kristin Keely (she/her/hers) Prism's receptionist Lif Bowers (they/them) Carelink Navigator

Says Farewell to

Julia Brown Carelink Navigator Jay Housgard, Bilingual Benefits Navigator Emilie Friedman, Housing Readiness Coordinator

Thanks for your help in keeping the community updated. Please send them your new staff announcement, farewells and program updates to lagermes@ohsu.edu to be included in the next newsletter.



This newsletter is published by OHSU/ Partnership Project.

Our thanks to OHA HIV Care and Treatment Program for website posting distribution of the newsletter.

The editor is Julia Lager-Mesulam.

Comments/questions about this publication should be directed to:

Julia Lager-Mesulam at lagermes@ohsu.edu, or call (503) 230-1202, FAX (503) 230-1213, 5525 SE Milwaukie Ave. Portland. OR 97202

This issue, and issues from January 2011 on, can be found electronically here