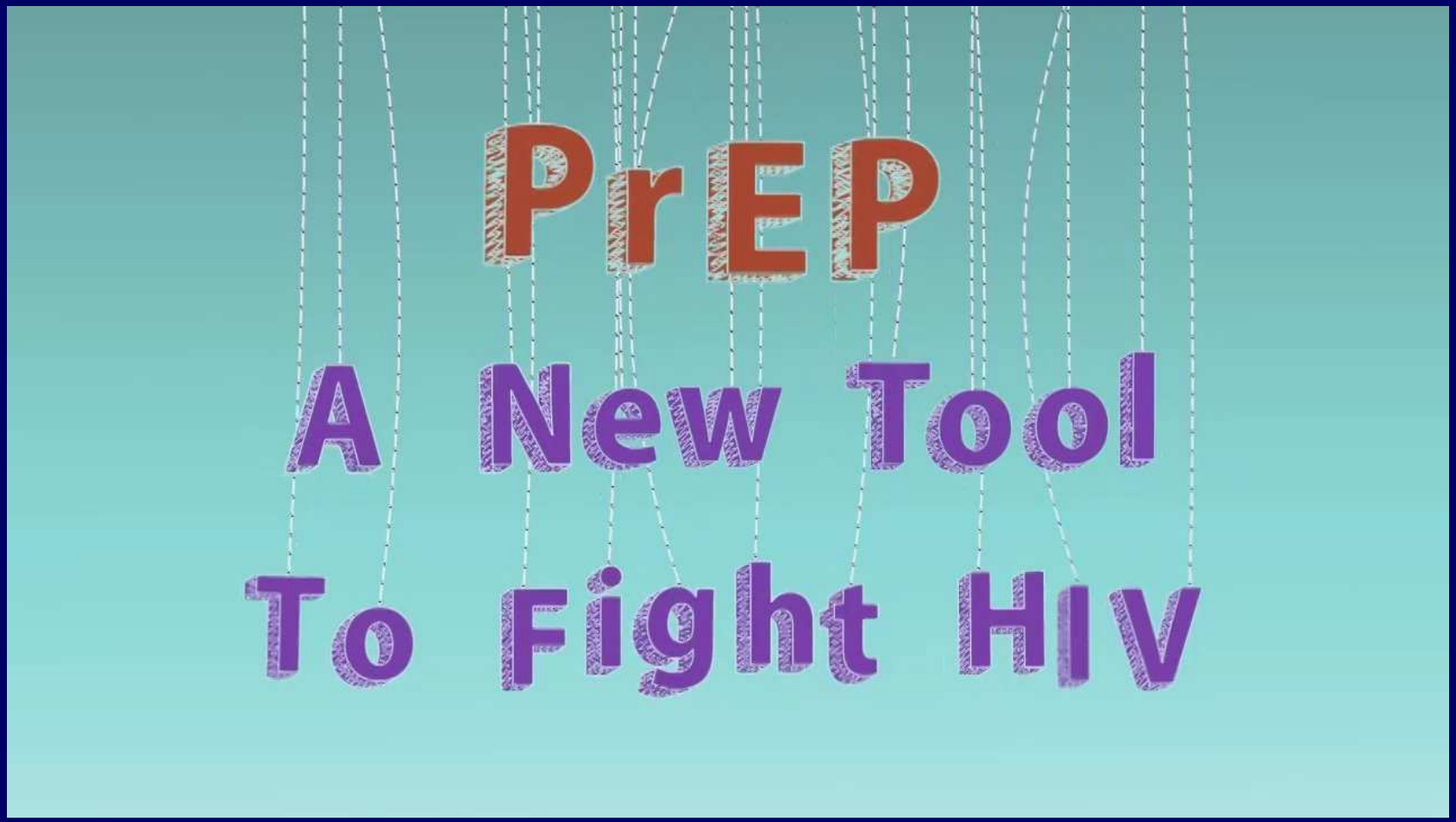
HIV Pre-Exposure Prophylaxis (PrEP)

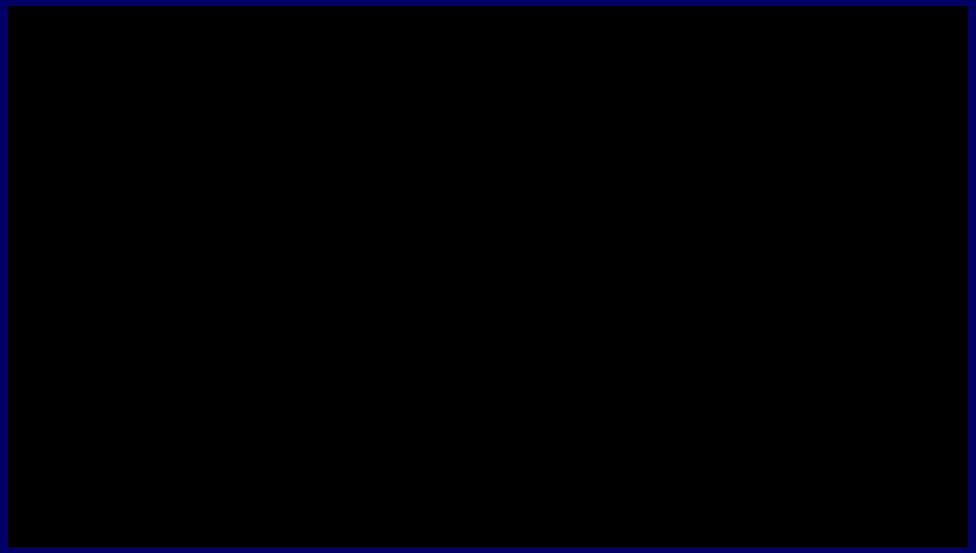
Josh Ferrer
HIV/STD Regional Training
Fall, 2016

HIV/STD/TB SECTION
Public Health Division


PrEP
A New Tool
To Fight HIV

Video introduction

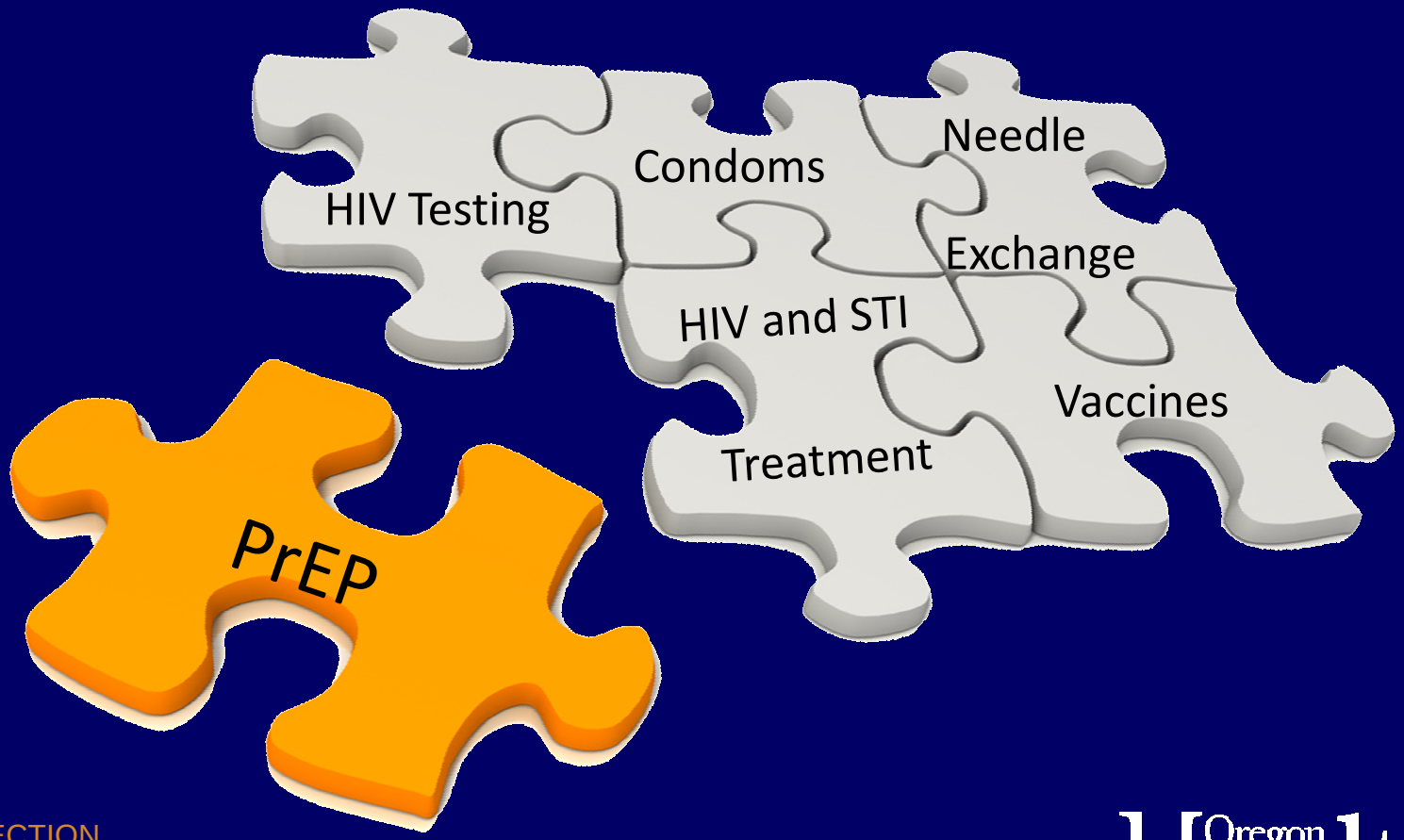
- https://youtu.be/-Xx92whZS0o



What is PrEP?

- PrEP stands for pre-exposure prophylaxis
- Prophylaxis = prevention
- In HIV PrEP, an HIV-uninfected individual takes HIV antiretroviral medication(s) ***before*** potential HIV exposure
- The idea of providing a medication as prophylaxis against an infectious disease is well established
  - e.g. for malaria

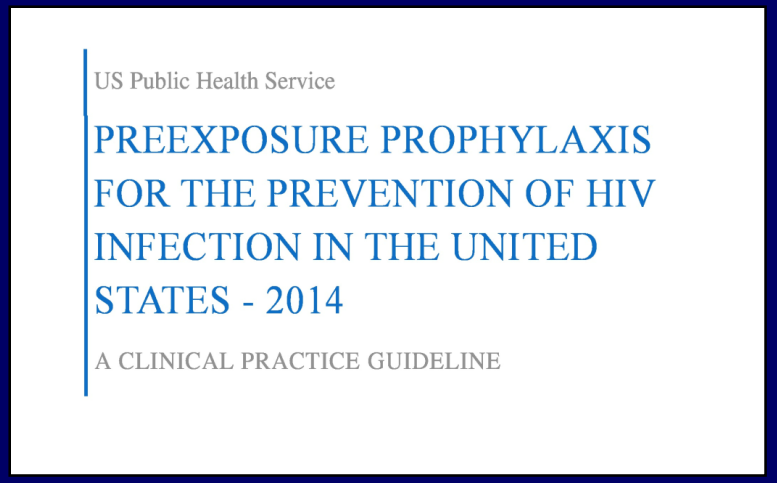
Highly Active HIV Prevention



Clinical Guidelines for PrEP

- Federal guidelines recommend PrEP be considered for people who are HIV-negative & at substantial risk for acquiring HIV:
  - Sexual transmission
  - Injection drug use
- This includes individuals who have ongoing sexual relations with HIV+ partners

www.cdc.gov/hiv/guidelines/preventing.html



Ideal candidate for PrEP referral

- MSM diagnosed with an STD, particularly rectal GC/CT and/or syphilis
- MSM with multiple partners who does not regularly use condoms
- Someone diagnosed with >1 bacterial STD in a year
- HIV negative partner of someone living with HIV, particularly if that person is not virally suppressed (undetectable)
- A person who injects drugs and sometimes shares needles/works and does not use condoms
- Someone who exchanges sex for drugs or money regularly and sometimes does not use condoms

Starting on PrEP

- Testing for HIV
  - Rule out possibility of acute HIV infection
- Testing for STDs, Hepatitis B, renal function
  - Truvada not indicated for individuals with eCrCL <60ml/min
- Rx for no more than 3 months of drug
  - Truvada (200 mg emtricitabine/300 mg tenofovir disoproxil fumarate)
  - 1 tab PO daily
- Return in 3 months for follow-up including testing

Paying for PrEP

- Most insurance plans will cover PrEP
  - CCO coverage in Oregon varies
  - Two CCOs do not cover PrEP
- Co-pays vary widely depending on type of plan
  - Co—pay assistance card from Gilead
- Some insurance plans only cover one HIV test/annually
- Other assistance available through Gilead, Patient Advocate Foundation, and Patient Access Network Foundation

Referrals into PrEP

- Cascade AIDS Project PrEP Navigators
- prep@cascadeaids.org
- 503-223-5907

PrEP PROVIDER LIST: PORTLAND—OREGON—WASHINGTON

We build this list with the help of our community! If you have an experience with a provider who is not on this list, we'd love to hear from you! We'd also like to know if you have any concerns about referring folks to any of the listed providers in the future. **Your feedback will help our community!** prep@cascadeaids.org.

PORTLAND			
PROVIDER	**ORGANIZATION**	**QUADRANT**	**PHONE NUMBER**
Christina Kithil, ND	Hands On Medicine	N	(503) 281-0308
Diana Antoniskis, MD	Kaiser at North Interstate	N	(503) 249-5536
Megan Danish, FNP	Kaiser at North Interstate	N	(503) 249-5536
Colleen Finnegan, MD	Kaiser at North Interstate	N	(503) 249-5536
Panagiotis Fourtounis, MD	Kaiser at North Interstate	N	(503) 249-5536
Katie Goodwin, MD	Kaiser at North Interstate	N	(503) 249-5536
James McDonald, NP	Kaiser at North Interstate	N	(503) 249-5536
Molly Stenzel, MD	Kaiser at North Interstate	N	(503) 249-5536
Douglas Beers, MD	Legacy at North Vancouver	N	(503) 413-4340
Christopher Atchele, ARNP	Pacific Medical Group	N	(503) 285-6607
Teri Bunker, DNP, FNP	Bridge City Family Medical Clinic	NE	(503) 460-0405
Robert Lusk, MD	Providence Portland Medical Ctr.	NE	(503) 215-6601
James Leggett, MD	Providence Portland Medical Ctr.	NE	(503) 215-6601
Jose M Negron, MD	Providence Medical Group - Gateway	NE	(503) 215-4250
Angela Carter, ND	Sacred Vessel Natural Medicine	NE	(503) 719-5000
J. Brooke Huffman, ND	2bwell Clinic	NW	(503) 841-6828
Leslie Johnson, MD	Legacy – Good Samaritan	NW	(503) 413-8988
Stephen Baugh, MD	Legacy – Good Samaritan	NW	(503) 413-8988
Tovi Anderson, MD	OHSU at Richmond	SE	(503) 418-3900
Brian Frank, MD	OHSU at Richmond	SE	(503) 418-3900
Laurel Hallock Koppelman, DNP, FNP-C, APRN	OHSU at Richmond	SE	(503) 418-3900
Jason Kroening-Roche, MD	OHSU at Richmond	SE	(503) 418-3900
Kira Paisley, MD	OHSU at Richmond	SE	(503) 418-3900
Will Perez, MD	OHSU at Richmond	SE	(503) 418-3900
Kimberly Faye Power, PA	ZoomCare – E Burnside	SE	(503) 684-8252
Donald Valerio, MD	Fanno Creek Clinic	SW	(503) 452-0915
Angie Marshall-Olson, MD	Fanno Creek Clinic	SW	(503) 452-0915
Multnomah County STD Clinic	Multnomah County STD Clinic	SW	(503) 988-3700
Amelia Baker, MD	OHSU at Gabriel Park	SW	(503) 494-9992
Kristin Benderl, MD	OHSU at Gabriel Park	SW	(503) 494-9992
Sarah Skog, MD	OHSU at Gabriel Park	SW	(503) 494-9992
Christopher Evans, MD	OHSU at Marquam Hill	SW	(503) 494-8562
Christopher Fox, ANP-BC	OHSU at Marquam Hill	SW	(503) 494-8562
Anthony Cheng, MD	OHSU at South Waterfront	SW	(503) 494-8573
Alison Herson, MD	OHSU at South Waterfront	SW	(503) 494-8573
Jade Kolde, MD	OHSU at South Waterfront	SW	(503) 494-8573
Ben Pederson, MD	OHSU at South Waterfront	SW	(503) 494-8573
Christopher Terndrup, MD	OHSU at Sam Jackson Hall	SW	(503) 4948-562
Mark Bajorek, MD	Portland State University	SW	(503) 725-2800
Chris Hanel, MD	Portland State University	SW	(503) 725-2800
Cristina Mondragon, MD	The Portland Clinic	SW	(503) 221-0161

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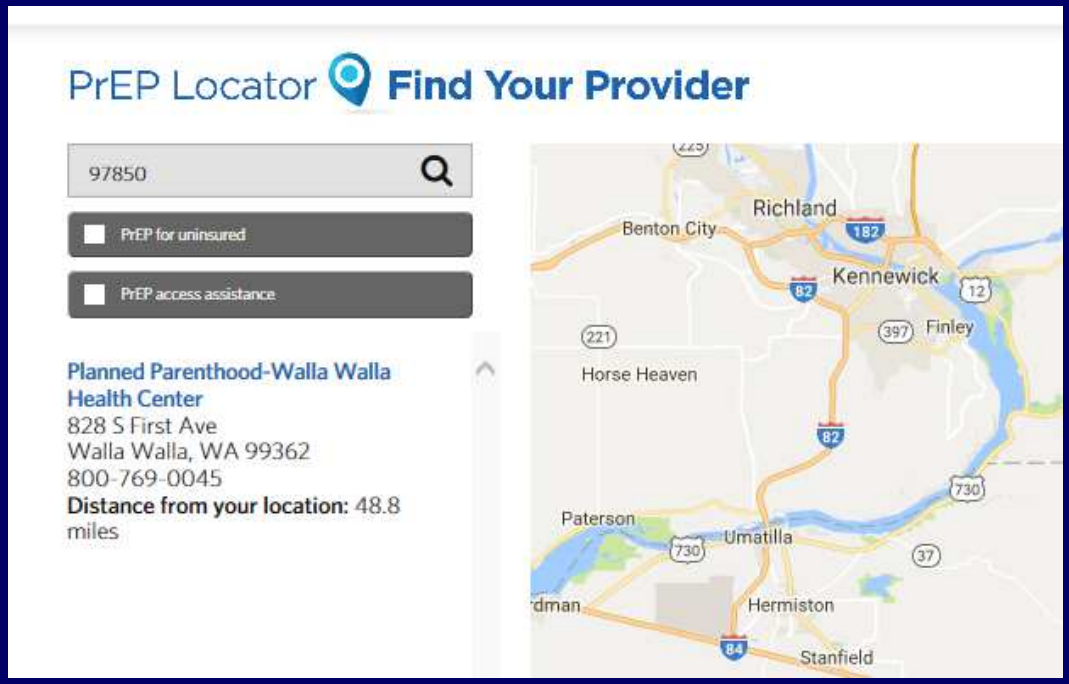
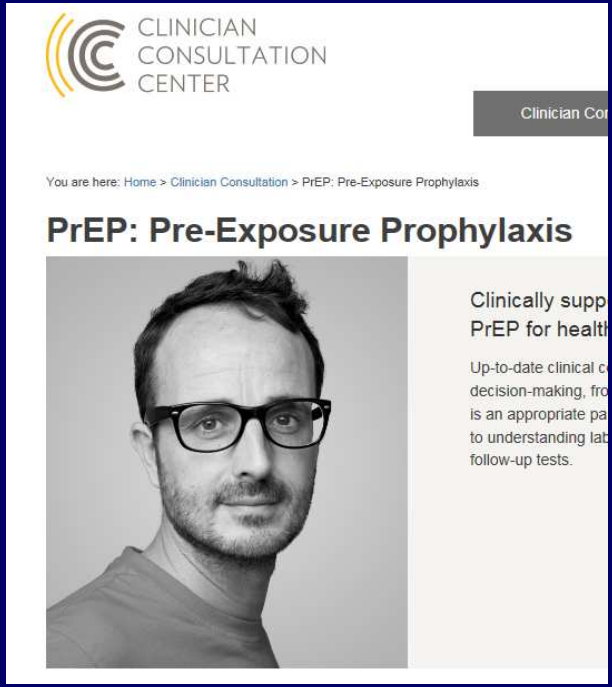
Referrals into PrEP

- PrEP Provider Directory
- http://www.greaterthan.org/get-prep/



Referrals into PrEP

- PrEP Clinician Consultation Center
- (855) 448-7737 or (855) HIV-PrEP
- Monday – Friday, 11 a.m. – 6 p.m. EST
- http://nccc.ucsf.edu/