

Safe Donning and Removal of Personal Protective Equipment (PPE)

DONNING PPE

GOWN

- Fully cover torso from neck to knees, arms to end of wrist, and wrap around the back
- Fasten in back at neck and waist

MASK

- Secure ties or elastic band at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin

GOGGLES/FACE SHIELD

- Put on face and adjust to fit

GLOVES

- Use non-sterile gloves for isolation
- Extend to cover wrist of isolation gown

REMOVING PPE

Remove PPE at doorway before leaving patient room, or in anteroom.

GLOVES

- Outside surfaces of gloves are contaminated!
- Grasp outside of glove with opposite gloved hand; peel off
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist

GOGGLES/FACE SHIELD

- Outside surfaces of goggles or face shield are contaminated!
- To remove, handle by “clean” head band or ear pieces
- Place in designated receptacle for reprocessing or in waste container

GOWN

- Gown front and sleeves are contaminated!
- Unfasten neck, then waist ties
- Remove gown using a peeling motion; pull gown from each shoulder toward the same hand; gown will turn inside out
- Hold removed gown away from body, roll into a bundle and discard into waste or linen receptacle

MASK OR RESPIRATOR

- Front of mask/respirator is contaminated – DO NOT TOUCH!
- Grasp ONLY bottom, then top ties/elastics and remove
- Discard in waste container

HAND HYGIENE

Perform hand hygiene immediately after removing all PPE!

Reference:

Siegel JD, Rhinehart E, Jackson M, Chiarello L. Healthcare Infection Control Practices Advisory Committee. 2007 Guidelines for isolation precautions: preventing transmission of infectious agents in healthcare settings. Available at: <http://www.cdc.gov/ncidod/dhqp/pdf/guidelines/isolation2007.pdf>