

Influenza Outbreak Control Measure Report for Long Term Care Facilities

Facility Name: _____

Corporation Name: _____

Completed by: _____ Date: _____ County: _____

Please check the box next to each measure implemented.

Control Measures for Facility Infection Control

- Encourage vaccination of all unvaccinated staff and residents.
- Begin treatment doses of antivirals for all symptomatic residents and for staff in high risk groups.
- Begin prophylactic doses of antivirals for all residents (within 48 hours).
- Consider antiviral chemoprophylaxis for unvaccinated staff.

Environmental Controls

- Clean all high-traffic areas and high-touch items (i.e. faucets, door handles, and toilet or bath rails).
- Use EPA-registered disinfectants or detergents/disinfectants approved for use against influenza for routine cleaning and disinfection.
<https://epa.gov/sites/production/files/2015-09/documents/list-m-avianflu.pdf>
- Enforce strict hand hygiene for all facility staff.
- Supplement hand washing with soap and water with ethanol or alcohol-based hand sanitizers.

Administrative Controls

- Exclude ill staff from work for at least 24 hours after they no longer have a fever.
- Minimize resident and staff movement between affected and unaffected units.
- Institute droplet precautions for symptomatic residents for the longer of 1) 7 days after illness onset or 2) until 24 hours after fever and respiratory symptom resolution.
- Limit group activities as much as possible until after the outbreak is contained.
- Post signage about the outbreak, proper hand hygiene, and cough etiquette.
- Limit new admissions to a non-infected wing or close to new admissions altogether until 7 days after the last case's symptoms resolve without antipyretic use.

Recommendations for Residents and Visitors

- Encourage ill residents to stay in their room or apartment. If resident movement is necessary, have the resident wear a facemask.
- Promote good hand hygiene for residents after using the toilet, having contact with an ill individual, and before preparing food, eating or drinking.
- Consider restricting visitation until the outbreak has subsided.

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Internal and External Communications

Identify a single point of contact for internal communications.

Identify a single point of contact for external communications, especially with local public health authority.

Notify staff of outbreak and control measures, and conduct enhanced surveillance for ill staff.

Notify residents/guardians of outbreak and control measures, and request ill residents report to nursing staff.

Consider a final communication to staff, residents, and guardians when the outbreak has resolved.