Climate Change Impacts on Youth Mental Health
2021 Study

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Study Design

Participatory
- Collaboration through participation
- Empowerment of participants

Research
- New knowledge
- Documented lessons

Action
- Real life experiences, emotions
- Promising practices, solutions
Approach: This study will center the voices of youth, especially tribal youth and youth of color in Oregon, recognizing the intersectionality of these issues with other long-standing, human crises caused by colonization, racism and other forms of systemic oppression. We will use a framework that is focused on:

- *Population-level mental health*, taking into account social determinants
- *Prevention*, rather than on clinical services
- *Grounded in cultural and community knowledge about mental health*, rather than based solely on the bio-medical mental health model
Study Inputs

Spring  | Summer  | Fall  | December 2021

Youth
- Focus Groups & Storytelling Circles
- Virtual gathering
- Youth Advisors

Experts
- Project Advisors
- Key Informant Interviews

Lit.
- Annotated Bibliography
- Draft Conceptual Model Development

Report that summarizes findings
The study will prioritize engagement with Native youth and youth of color in Oregon.

Co-Investigators:

- **University of Oregon Suicide Prevention Research Lab**: Focus groups
- **The Hearth**: Storytelling events at Phoenix High School, Southern Oregon community affected by 2020 wildfires, large Latinx population

An interactive virtual gathering will be hosted by research team to engage with focus group participants and additional interested youth in Oregon.
Expert advisors include those working at the intersection of the broad fields of public health, behavioral health, equity, youth, and climate change. Experts will provide perspectives from government, tribal communities, community-based organizations, academic and clinical settings.

Project advisors will be invited to provide input throughout the course of the study and review the final report before it is published.

The University of Oregon Suicide Prevention Research Lab will lead a series of key informant interviews with identified experts.
Research team is compiling literature and conceptual models to inform study details and final report.

- Effects on youth mental wellness
- Oregon-specific considerations
- Approaches to address mental health effects of climate change
- Culturally-responsive approaches

Identification of conceptual models or frameworks that could be used to approach the intersecting issues of: climate change, mental health, youth, and racial equity.
How does climate change affect youth mental health?

Based on the Pillars of Well Being from Prevention Institute’s Mental Health: A Path Forward