

Background

The Oregon Climate and Health Program held a series of speakers in 2015 to explore definitions of resilience and make connections with various programs within the field of public health. The events were mainly attended by staff in the State's Public Health Division, but also included local health department partners, community partners, and members of the general public.

We averaged 18 attendees per speaking engagement and 7 participated in a post-event online survey. The following speakers were part of the series:



Bob Doppelt

Wednesday, June 30 Noon-1pm Transformational Resilience

How do we build leadership capacity to cope and thrive in response to increasing change and adversity? Come learn how the [Transformational Resilience Initiative](#) is working to build 'Human Resilience Councils' across the nation to foster and support individual, organizational, and community resilience.



Dr. Safina Koreishi

Tuesday, July 28 Noon-1pm | Room #1D Resilience in Healthcare Transformation

Dr. Safina Koreishi, Medical Director of the Columbia Pacific Coordinated Care Organization (CCO), will talk about the importance of supporting individual and team resilience as a means to achieving broader organizational goals. Recently awarded an OHA Clinical Innovation Fellowship, she will discuss a new pilot project that aims to develop practitioner-led strategies for building organizational resilience across the Columbia Pacific CCO.



Trudy Townsend

Tuesday, August 18 Noon-1pm | Room #1E Cross-Sector Transformation

The Dalles is the first community to attempt a community-wide implementation of The Sanctuary Model. Creating Sanctuary in the Columbia River Gorge utilizes a collective impact approach to transform communities through the science of trauma and resilience. Learn more about the Sanctuary Model and how leaders representing law enforcement, education, and behavioral health have all joined together to mobilize existing resources to build community resilience.

How useful was the information presented?

- a. Very Useful – 57%
- b. Moderately Useful – 14%
- c. Slightly Useful – 14%
- d. Not Very Useful – 14%

Was the content relevant to your work? If so, how might you apply what was discussed?

- Doppelt - brought some of the exercises to team meetings and discussed ideas around building personal and group resilience and appreciating the support we already have. Welcomed to continue bringing resilience building/informing exercises to meetings. Townsend - will discuss Sanctuary Model at team meeting, spoke with manager about some of the sanctuary model concepts and how to apply to our work in relationship building with current and future partners.
- I think it helps to give speakers an understanding of who their audience is likely to be, particularly if they're public health practitioners.
- I think Dr. Koreishi geared her presentation to medical directors and/or staff and the links to public health were not clear. There was some more general content related to resilience, but it was so abstract it was difficult to apply.
- Our department is considering adopting a trauma informed care model. So, Trudy Townsend's talk was directly applicable to our work.
- Yes. I Hope to connect with Trudy to get more details on how they managed to create this collaborative to apply to other areas of the state.
- yes - the classes I teach (at Willamette Univ), & my research interests on psychology and sustainability.

Did the speaker(s) help you think about something in a new way or teach you something new? If so, please share.

- Yes, I loved the positive aspects of the work. Our department has spent a lot of time focusing on trauma and little time on the healing aspects. It was great to see a model that focuses on healing that was successful.
- Yes, absolutely. Just talking about resilience as something we can control and build has shifted some energy or the way I am thinking about problems - professionally and personally.
- I think the specific skills/exercises
- Yes, First example I've heard of a functioning city-wide TIC collaborative.

Would you like to share any additional thoughts, concerns, or ideas when it comes to building the resilience of our public health system?

- I like that it's a conversation that is taking place across public health program and systems. It's helpful to have common language and understanding, so we can work together better.
- I have been able to apply some of the knowledge and new ways of thinking to not only my professional life and current work, but also to my personal life and that of family and friends. The few sessions I have attended have been the most meaningful of any session at PSOB in my five years here. Thank you!
- I definitely think a lot of work needs to be done on transportation issues, including creating "no idling zones" in various public places (schools, parks, etc).

Do you have any suggestions for future speakers?

- Someone from the Community Capacitation Center at Multnomah County Health Dept.
- No - I really love the variety and different perspectives, the mix of personal and system/community.

What would make you likely to attend future talks in the Resilience Speaker Series?

- Topics or speakers that come with new ideas and/or solutions for public health practitioners.
- More talks on implementing trauma informed care with a focus on resiliency.
- Knowing that the presentation is relevant to public health and understanding why that particular speaker is the right person to deliver the message.
- Lunch time is often helpful, but if it is possible to have the speaker talk twice in one day - morning & afternoon or something (is that crazy?), then it is more likely to fit in my schedule. Or to announce it a month out and then again at usual intervals.
- To know that the "workshop" would be nothing except a series of exercises for actually building resilience. Sorry to be harsh - I work in advocacy against climate change and the last thing I needed was to be stirred up about the need and left hanging, not given the tools to bring me down.
- not sure... I live & work in Salem...
- Practical examples of work being done rather than more general, theoretical discussions.

** The Speaker Series will continue through Fall 2015*

Evaluation Findings: Resilience Speaker Series



Mike Wetter, ED
The Intertwine Alliance

Thursday, Oct. 1 Noon-1pm | Room #1E
Our Common Ground:
transportation, jobs, health, wealth, education & environment.
Intertwined.

Everyone benefits from salmon in our streams, safer public spaces, clear air to breathe and savings in the bank. We all feel better when nature intertwines with our communities. Learn how the Intertwine Alliance is using the collective impact model to improve environmental determinants of health in the Portland Metro region and how this work is helping to build the resilience of our most vulnerable communities.



Leann Johnson, Director
Office of Equity & Inclusion

Thursday, Oct. 29 Noon-1pm | Room #1E
Transforming Together

With a background in industrial organizational psychology, Leann will speak about how the Office of Equity and Inclusion (OEI) is helping to build the organizational resilience of OHA. Through new mechanisms that diversify leadership and inclusion within the agency, OEI is institutionalizing equity and accelerating the agency's organizational learning. Come hear how OEI can help us grow into a more adaptive and responsive public agency, ultimately helping us navigate the uncertainties that lie ahead.



Monica Cuneo,
PSU Health Equity
Project Manager

Tuesday, Nov. 17 Noon-1pm | Room #1E
Developmental Origins Strategy Collaborative

Science now shows that vulnerabilities are "programmed" into human biology through nutritional and social stressors experienced by the mother prior to conception and through the first thousand days of life. Learn how the Developmental Origins Strategy Collaborative is using this science to create, expand and accelerate opportunities that build social capital, expand economic development, and increase access to healthful foods in disadvantaged communities, where climate change magnifies existing stressors.