



# Supporting the Next Generation of Environmental Health Professionals

## OEHA Trainee Study Group

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Resources • Weekly Study Calls • Peer Support • REHS Exam Preparation

Oregon Environmental Health Association

# What is the OEHA Trainee Study Group?

A supportive space for trainees preparing for professional growth and credentialing.



**The study group helps trainees build confidence, learn from one another, and stay connected while preparing for the REHS exam and environmental health careers.**

1

## **Weekly study calls**

Regular online sessions focused on exam topics, discussion, and questions.

2

## **Peer learning**

A place to connect with other trainees and share study strategies.

3

## **Practical support**

Guidance from environmental health professionals familiar with Oregon programs.

# Why was the Study Group Created?



- Gap identified: new trainees often overwhelmed by the breadth of exam material
- Need for a consistent, structured study rhythm
- Opportunity to create a supportive learning community across counties

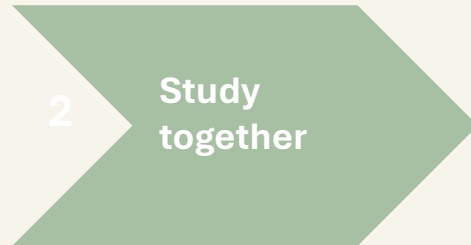


# What trainees can expect

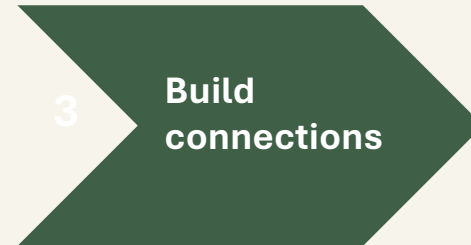
The format is practical, informal, and focused on steady progress.



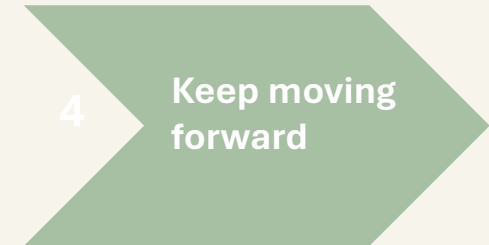
Participants can ask about exam topics, field experience, or trainee requirements.



Calls may include practice questions, discussion prompts, and speakers.



Trainees meet peers and subject matter experts from across Oregon.



The group helps create consistency and accountability.

**Designed for trainees preparing for the REHS exam.**

# REHS Trainee Study Group Resources

Use the members-only resource page to prepare, connect, and stay on track for the REHS exam.



The OEHA REHS Trainee Study Group webpage brings together the key tools trainees need: the syllabus, meeting link, recordings, study materials, and additional resources.

1

## Join the weekly study call

Connect with trainees across Oregon, ask questions, and learn from environmental health professionals.

2

## Follow the six-month syllabus

Work through recommended courses and study topics that build familiarity with exam content.

3

## Use posted resources

Access recordings, guides, videos, books, helpful websites, and suggested tours.

4

## Get involved with OEHA

Attend the Annual Education Conference and regional events to build your professional network.

### Trainee Resource Page

[oregoneha.org/trainee](https://oregoneha.org/trainee)

**Free OEHA Trainee Membership is required to access Members-Only Trainee Page, study group resources and participate.**

[OEHA Membership: oregoneha.org/membership](https://oregoneha.org/membership)

# Weekly Topics & Six-Month Syllabus

The study group follows a guided syllabus to build broad REHS exam familiarity over time.

## How the syllabus works

1

### Weekly topic focus

Each call centers on a core environmental health subject area.

2

### Six-month rotation

Topics are organized to expose trainees to the wide breadth of exam content.

3

### Self-paced review

Trainees use the first pass for exposure, then revisit details and practice questions.

## Weekly topics include:

- General Environmental Health
- Statutes and Regulations
- Food Protection
- Potable Water
- Institutions and Licensed Establishments
- Wastewater
- Solid and Hazardous Waste
- Hazardous Materials
- Zoonoses, Vectors, Pests and Weeds
- Occupational Safety and Health
- Radiation Protection
- Swimming Pools and Recreational Facilities
- Air Quality and Environmental Noise
- Housing Sanitation and Safety
- Disaster Sanitation

Find the syllabus, meeting link, recordings, and study resources on the members-only page. For non-members who are curious reach out to [sarah.puls@oem.Oregon.gov](mailto:sarah.puls@oem.Oregon.gov) [Shawn.priddle@oha.Oregon.gov](mailto:Shawn.priddle@oha.Oregon.gov)

Environmental Public Health Online Courses (EPHOC) offered through Tulane PACE Learning Management System.

The link to the **Environmental Public Health Online Courses (EPHOC)** is available here: [Environmental Public Health Online Courses \(EPHOC\) | Tulane PACE Learning Management System](#)

# Get connected with OEHA

Membership helps trainees and REHS stay connected to education, networking, and professional opportunities.



**OEHA membership brings environmental health professionals together through professional development, continuing education, conference opportunities, scholarships, newsletters, and connections across Oregon.**

## 2026 OEHA AEC

### We're Headed Back to the Beach!

Join us at Chinook Winds Casino Resort  
October 27-29, 2026.

Keep an eye on this page for updates!

## OEHA Membership

Join or renew online

[oregoneha.org/membership](https://oregoneha.org/membership)

*Questions? Reach out to Sarah or Shawn*

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