

# BONNEVILLE DAM FISH ADVISORY



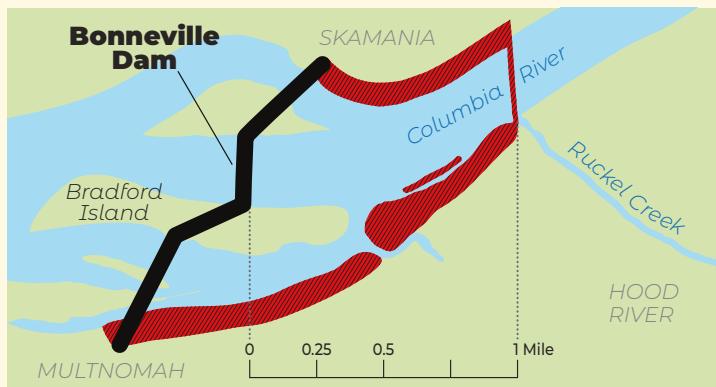
## EAT SALMON, SHAD, & STEELHEAD —LEAVE THE REST—

**What?** This fish advisory will help you make healthy choices about what fish you eat.

**Eat only salmon, shad, and steelhead**  
when fishing between the Bonneville Dam to one mile upstream at Ruckel Creek. Lamprey should only be eaten in limited amounts.

**Why?** Fish that live in this area (resident fish) are **not safe to eat** because they are polluted with a chemical called polychlorinated biphenyls, or PCBs. See examples of fish in the **DO NOT EAT** section. ▶

**Where?** This advisory covers the Washington and Oregon sides of the Columbia River at the dam to one mile upstream of the dam at Ruckel Creek. ▼



**Who?** PCBs consumed at high levels can impact everyone at all ages. Children and people who are pregnant, may become pregnant, or are nursing are at higher risk of negative health effects from PCBs. PCBs may cause health problems depending on the amount a person is exposed to, including:

- Lifelong learning and behavioral problems
- Damage to the immune system, reproductive system, and thyroid hormones
- Cancer

**When?** The advisory is in effect year-round. Bradford Island is a part of a federal cleanup program to remove the pollution from the river. This process can take years. This **Do Not Eat** fish advisory will remain in place until the cleanup is finished and the resident fish are clean and safe to eat.

**More information?**  
[healthoregon.org/fishadvisory](http://healthoregon.org/fishadvisory)  
or call 1-877-290-6767



### HEALTHY CHOICE: MIGRATORY FISH



SALMON



AMERICAN SHAD



STEELHEAD



### LIMIT: LAMPREY



Limit consumption to:

- **4 SERVINGS** per month for adults and children six years or older
- **2 SERVINGS** per month for children under 6 years old, people who are nursing, pregnant or may become pregnant, and people with thyroid or immune system problems

**Remember!** A serving size is about 8 oz. for adults, or the size of your palm



### DO NOT EAT: RESIDENT FISH



BLUEGILL



CARP



CATFISH



CRAPPIE



CRAYFISH



LARGEMOUTH BASS



SMALLMOUTH BASS



YELLOW PERCH



NORTHERN PIKEMINNOW



STURGEON



SUCKER



WALLEYE

