



PUBLIC HEALTH DIVISION  
Center for Health Protection, Radiation Protection Services

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### Informational Bulletin 2016-01

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To: Medical Therapy Licensees and Interested Parties

From: Todd S. Carpenter, Program Manager  
Radiation Protection Services

#### **Subject: Nuclear Regulatory Commission (NRC) Request for Sodium Iodide-131 (I-131) Patient Release Information**

The Oregon Health Authority, Radiation Protection Services (RPS) is issuing this Informational Bulletin to notify medical therapy licensees of the NRC's request to obtain information on how licensees provide their patients with discharge instructions after receiving I-131 treatment (also known Radioactive Iodine (RAI) procedures) on how to reduce radiation doses to family and members of the public.

The NRC's mission is to collect information how licensees currently provide their patients with media outlining RAI procedure information and how to reduce radiation doses to others. The NRC is also interested in learning if patient advocacy, medical professional organizations, licensees, or other individuals provide brochures with this information.

The NRC is considering establishing a website that would provide potential patients with information on RAI treatment procedures so that patients will understand the reason for the procedures, the process, and how to reduce radiation exposure to others. In addition, the NRC is also considering developing a standard set of guidelines that licensees use to provide discharge instructions to patients receiving RAI.

This information request is voluntary and licensees and interested parties are encouraged to submit information to the NRC by February 16, 2016. Complete instructions for obtaining and submitting information can be obtained by visiting the Federal Rulemaking Website <http://www.regulations.gov> and search for Docket ID NRC-2015-0020 within the website.

For technical questions, please contact Donna-Beth Howe, Ph.D., Office of Nuclear Materials Safety and Safeguards, U.S. Nuclear Regulatory Commission, Washington DC, 20555-0001; telephone: 301-415-7848; email: [Donna-Beth.Howe@nrc.gov](mailto:Donna-Beth.Howe@nrc.gov). If you would like further clarification, please feel free to contact Todd S. Carpenter, Radiation Protection Services, (971) 673-0500; email: [Todd.s.carpenter@state.or.us](mailto:Todd.s.carpenter@state.or.us).