

# Oregon's CHOOSE SAFE PLACES



## RESOURCE GUIDE FOR SAFE CLEANING & DISINFECTING DURING THE COVID-19 PANDEMIC

**Oregon's Choose Safe Places for Early Care and Education (CSP) program** helps protect the health of children where they learn and play by providing guidance on how to make environments safer for kids. This program was developed with assistance from the Oregon Department of Education's Early Learning Division and with funding support from a federal agency, the Agency for Toxic Substances and Disease Registry. For more information about Oregon's CSP program, check out our website [www.HealthOregon.org/ChooseSafePlaces](http://www.HealthOregon.org/ChooseSafePlaces)

**About this guide:** There are many online resources with information about safe cleaning and disinfecting during the COVID-19 pandemic. We collected our favorite resources here for you!

If you're looking for resources to share on social media, take a look at our social media toolkit [www.SafeCleaningToolkit.oregon.gov](http://www.SafeCleaningToolkit.oregon.gov)

Let us know if you have any questions or feedback:

**Email:** [Oregon.CSP@dhsosha.state.or.us](mailto:Oregon.CSP@dhsosha.state.or.us)

# Resource Guide

Oregon’s Choose Safe Places for Early Care & Education

Version Date: 12/22/2021

## Table of Contents

- Resources on Safer Cleaning, Sanitizing, and Disinfecting Practices..... 3
  - Specific to Child Care Providers ..... 3
- Tools for Choosing Disinfectants Effective Against the Virus that Causes COVID-19 ..... 4
- Tools for Choosing Safer Products ..... 4
- Using Bleach ..... 5
- Asthma ..... 5
- General Safety..... 6
- Handwashing ..... 6

The infographic features a light blue background with a bucket and sponge icon on the left. The text 'Clean routinely' is in a large, bold, teal font. Below this, there is a yellow section with icons of a disinfectant spray can, a bleach bottle, and a disinfectant wipe packet. The text 'Disinfect as needed' is in a large, bold, red font. At the bottom, there is a white bar with the URL 'SafeCleaningToolkit.oregon.gov' on the left and the 'Oregon Health Authority' logo on the right. A small reference code 'OHA 3916A (10/14/2021)' is located in the bottom left corner of the white bar.

## Resources on Safer Cleaning, Sanitizing, and Disinfecting Practices

### [Pediatric Environmental Health Specialty Unit \(PEHSU\): Safer Disinfectant Use](#)

Answers to frequently asked questions about safe and effective disinfection. There is also a list of additional resources.

### [National Pesticide Information Center \(NPIC\): Disinfectants and COVID-19](#)

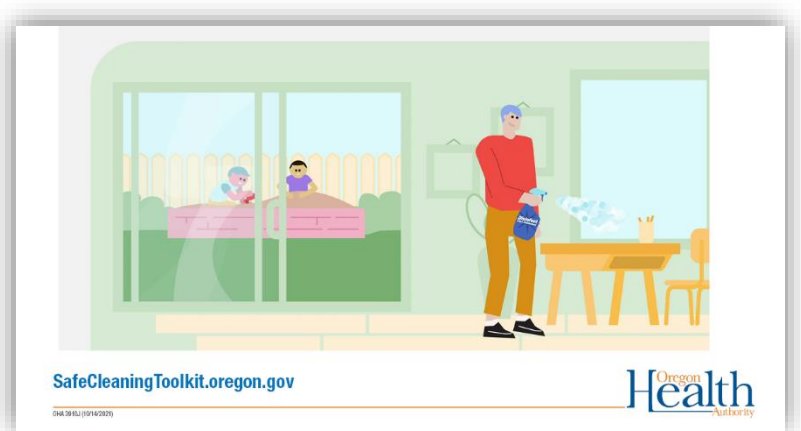
A collection of fact sheets, infographics, posters, answers to frequently asked questions, and webinars on disinfectant safety during the COVID-19 pandemic.

### **Specific to Child Care Providers**

#### [Centers for Disease Control and Prevention \(CDC\): Guidance for Cleaning and Disinfecting Your Facility](#)

Best practices for cleaning and disinfecting to reduce the spread of COVID-19 at facilities every day and when someone is sick.

Guidance includes instructions for using bleach to disinfect. Available in multiple languages.



### [Oregon Early Learning Division \(ELD\): COVID-19 Resources](#)

Download the latest Oregon ELD Child Care Provider COVID-19 Requirements and Recommendations in multiple languages. This document includes best practices for cleaning, sanitizing, and disinfecting.

### [Green Cleaning, Sanitizing, and Disinfecting: A Toolkit for Early Care and Education](#)

Toolkit for child care providers that includes a complete curriculum and multiple factsheets. This resource is also available in Spanish. Developed by UCSF Institute for Health & Aging, UC Berkeley Center for Environmental Research and Children's Health, Informed Green Solutions, and California Department of Pesticide Regulation.

# Tools for Choosing Disinfectants Effective Against the Virus that Causes COVID-19

## [Environmental Protection Agency's \(EPA\) List N Tool: COVID-19 Disinfectants](#)

Search for disinfectants EPA approved to be effective against the virus that causes COVID-19.

## [EPA's Informational Website about List N](#)

To learn more about List N, check out the resources on this website such as infographic and video.



# Tools for Choosing Safer Products

## [EPA: Design for the Environment \(DfE\) - Certified Disinfectants](#)

Tool that helps consumers find disinfectant products that have been reviewed by EPA and found to meet standards for human and environmental health. Users can filter results by products that are effective against the virus that causes COVID-19.

## [EPA: Safer Choice Program](#)

Guidance on selecting cleaning products that meet EPA's Safer Choice's safety standards. Includes online tools to search for Safer Choice certified products.

## [Green Seal Safer Cleaning Products](#)

Green Seal is a nonprofit that generates a list of safer, Green Seal certified cleaning products.



## Using Bleach

### [Infographic on Using Bleach at Child Care Sites](#)

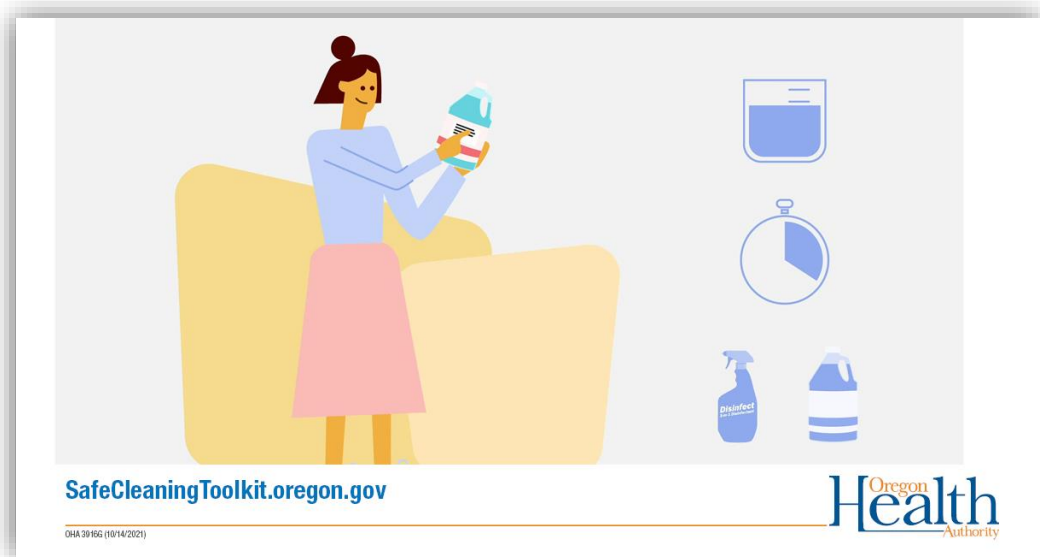
Infographic on using bleach safely made by the National Pesticide Information Center and Washington State Department of Health.

### [Disinfecting with Bleach during the COVID-19 Pandemic](#)

Article from Michigan State University describing how to figure out the expiration date for a bottle of concentrated bleach.

### [Additional Instructions for Making Bleach Solutions](#)

Factsheet from the Oklahoma State Department of Health on how to use and make bleach solutions.



## Asthma

### CDC: [Cleaning and Disinfecting: Asthma](#)

Precautions to take when cleaning or disinfecting spaces where people with asthma spend time.

## General Safety

### [Poison Control Center Prevention Download Webpage](#)

Videos and printable posters and brochures about poison control services in English and Spanish. Poison control services are free, expert, and confidential. Services are available 24 hours a day 7 days a week at 1-800-222-1222.

### [Steps to Take Off Gloves](#)

Factsheet from the Ontario Agency for Health Protection and Promotion that shows the correct way to take off disposable gloves. Proper technique keeps chemicals or germs on gloves from getting on hands.

## Handwashing

### [Handwashing Steps Video](#)

Review the proper, full coverage handwashing steps recommended by the CDC and the World Health Organization. The video is less than two minutes and was created by the Texas A&M AgriLife Extension.

### [Which is better: Soap or hand sanitizer?](#)

Six minute animated video created by TED-Ed comparing how soap and hand sanitizer work against COVID-19.

CDC: [Handwashing Poster](#) and [Stickers](#)

Downloadable poster and sticker templates from the CDC about handwashing.