

Appendix C: Babies First! Self-Assessment of Learning Needs:

Review the list below and determine areas of strength and areas for enhancement/growth.

Topics	Self-Assessment Rate 1-5*	Individual Education Plan Write N/A if no support is needed in this area.	Target date for Completion	Date Completed
Cultural and linguistic responsiveness				
Understanding culture, cultural responsiveness				
Health disparities and health equity				
Trauma-informed approaches to working with families				
Dynamics of family relationships and engagement				
Father engagement				
Building relationships with families				
Family health and well-being				
Pregnancy Wellness, Danger Signs				
ACES				

Topics	Self-Assessment Rate 1-5*	Individual Education Plan Write N/A if no support is needed in this area.	Target date for Completion	Date Completed
Substance Use				
Intimate Partner Violence				
Injury Prevention				
Period of Purple Crying/Shaken Baby				
Reproductive life planning (contraception/ birth intervals)				
Child abuse and neglect				
Immunizations				
Sudden Unexplained Infant Death (SUID)/Sudden Infant Death Syndrome (SIDS)				
Food insecurity				
Family self sufficiency				
Establishing family goals				

Topics	Self-Assessment Rate 1-5*	Individual Education Plan Write N/A if no support is needed in this area.	Target date for Completion	Date Completed
Case management and assisting families to access basic needs				
Human growth and development				
Fetal Development				
Nutrition-prenatal, infants, children				
Breastfeeding				
Infant cues				
Normal infant and child growth and development				
Professional best practices				
Motivational Interviewing				
Reflective Practice/Supervision				
Documentation and data collection				

Topics	Self-Assessment Rate 1-5*	Individual Education Plan Write N/A if no support is needed in this area.	Target date for Completion	Date Completed
Continuous Quality Improvement				
Professional well-being				
Home Visitor Safety				
Self-care				
Screening and assessment				
Assessment of pregnant women/ postpartum women				
Assessment of neonate/infant/ toddler health and development				
Service system coordination				
Choosing childcare				
Transition/ Discharge planning				
Health and Human Services- housing, legal aid, health insurance,				

Topics	Self-Assessment Rate 1-5*	Individual Education Plan Write N/A if no support is needed in this area.	Target date for Completion	Date Completed
TANF, SNAP, WIC				
Social emotional well-being				
Attachment				
Parent Child Interaction				
Maternal mental health				
Infant mental health				
Behavior/ Discipline				

* **Scoring:** 1- not confident and limited experience with this topic, 5- very confident and a lot of experience with this topic. Area of strength 5, Area for Enhancement 3-4, Area for Growth 1-2. Supervisors will need to provide additional support for home visitors scoring in 1-4 range. Determine if you or your team can provide support or if you need to access outside resources. Determine a plan to assure home visitor feels supported and knows what to do or who to ask when questions arise.