

Topics	Self-Assessment Rate 1-5*	Individual Education Plan Write N/A if no support is needed in this area.	Target date for Completion	Date Completed
<b>Cultural and linguistic responsiveness</b>				
Understanding culture, cultural responsiveness				
Health disparities and health equity				
Trauma-informed approaches to working with families				
Race Equity				
<b>Dynamics of family relationships and engagement</b>				
Father and Significant other engagement				
Building relationships with families				
<b>Family health and well-being</b>				
Pregnancy Wellness, Danger Signs				
ACES				

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Substance Use				
Intimate Partner Violence				
Injury Prevention				
Period of Purple Crying/Shaken Baby				
Reproductive life planning (contraception/ birth intervals)				
Child abuse and neglect				
Immunizations				
Sudden Unexplained Infant Death (SUID)/Sudden Infant Death Syndrome (SIDS)				
Food insecurity				
Family self sufficiency				
Establishing family goals				

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Case management and assisting families to access basic needs				
Human growth and development				
Fetal Development				
Nutrition-prenatal, infants, children				
Breastfeeding				
Infant cues				
Normal infant and child growth and development				
Professional best practices				
Motivational Interviewing				
Reflective Practice/Supervision				
Documentation and data collection				

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Continuous Quality Improvement				
Professional well-being				
Home Visitor Safety				
Self-care				
Screening and assessment				
Assessment of pregnant / postpartum people				
Assessment of neonate/infant/toddler health and development				
Assessment of child/youth health and development				
Assessment of special health needs				
Service system coordination				
Choosing childcare				

Transition/ Discharge planning				
Health and Human Services- housing, legal aid, health insurance,				
Topics	Self- Assessment Rate 1-5*	Individual Education Plan Write N/A if no support is needed in this area.	Target date for Completion	Date Completed
TANF, SNAP, WIC				
Transition from pediatric to adult care				
Coordinating Care with Multiple Providers				
Shared Care Planning				
Social emotional well- being				
Attachment				
Parent Child Interaction				
Maternal mental health				
Infant mental health				
Behavior/ Discipline				

\* **Scoring:** 1- not confident and limited experience with this topic, 5- very confident and a lot of experience with this topic. Area of strength 5, Area for Enhancement 3-4, Area for Growth 1-2. Supervisors will need to provide additional support for home visitors scoring in 1-4 range. Determine if you or your team can provide support or if you need to access outside resources. Determine a plan to assure home visitor feels supported and knows what to do or who to ask when questions arise.