

# WAST (Abuse Screening Tool)

1. In general, how would you describe your relationship?
  - A lot of tension (3)
  - Some tension (2)
  - No tension (1)
2. Do you and your partner work out arguments with:
  - Great difficulty? (3)
  - Some difficulty? (2)
  - No difficulty? (1)
3. Do arguments ever result in you feeling down or bad about yourself?
  - Often (3)
  - Sometimes (2)
  - Never (1)
4. Do arguments ever result in hitting, kicking or pushing?
  - Often (3)
  - Sometimes (2)
  - Never (1)
5. Do you ever feel frightened by what your partner says or does?
  - Often (3)
  - Sometimes (2)
  - Never (1)
6. Has your partner ever abused you physically?
  - Often (3)
  - Sometimes (2)
  - Never (1)
7. Has your partner ever abused you emotionally?
  - Often (3)
  - Sometimes (2)
  - Never (1)
8. Has your partner ever abused you sexually?
  - Often (3)
  - Sometimes (2)
  - Never (1)

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## ***Scoring Instructions***

Total scores range from 8 to 24.

### POINTS:

3 points (often, a great deal of difficulty/tension)

2 points (sometimes/some difficulty)

1 point (no tension/ no difficulty).

### TOTAL:

13 or more points indicate presence of abuse and positive screening.