



## Objectives



### Short-term (today)

Increase understanding of **when** and **how** to complete and document screening and referrals for tobacco cessation, maternal depression, intimate partner violence and child development



### Medium-term

Demonstrate through data the incredible work home visitors engage in to provide screening and referrals to families they serve



### Long-term

Continue to maintain or increase MIECHV funding for home visiting services in Oregon



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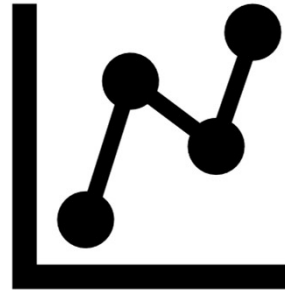
What are some of the measures (or topics) MIECHV collects data on?



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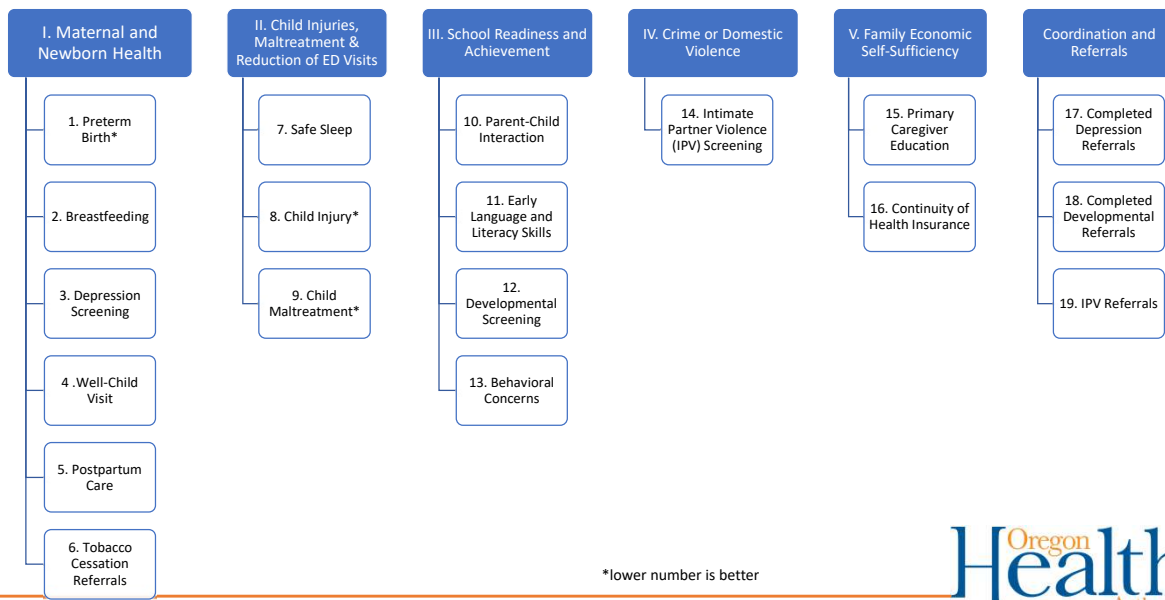
## Why do we collect these data?

- Required for all MIECHV grantees
- Demonstrates the work of MIECHV at a national level
- Supports quality improvement efforts
- Demonstrate measurable improvement over time



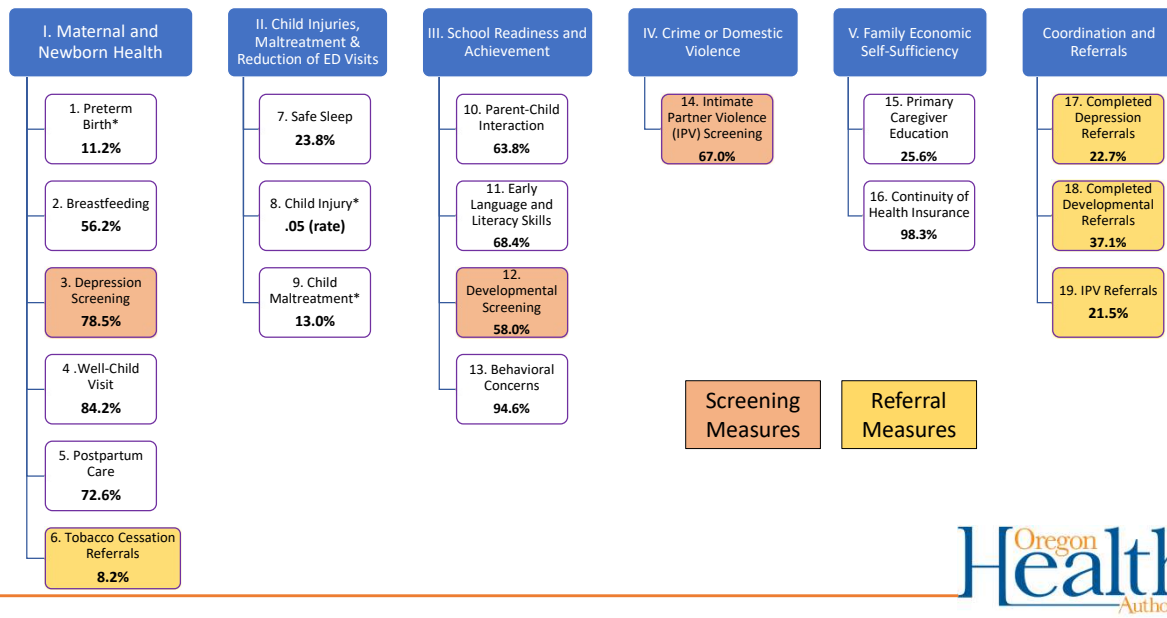
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## 19 Performance Measures across 6 Benchmarks



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## FY 2019 Oregon Annual Data



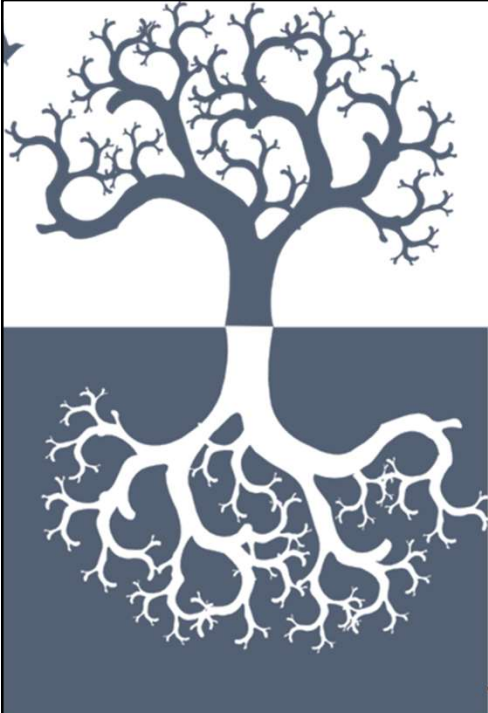
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## Screening and Referrals Measure Data

| Measure type | Measure                                  | FY 2018 | FY 2019 |
|--------------|--|---------|---------|
| Screening    | #3: Maternal Depression                  | 56.7%   | 78.5%   |
| Screening    | #12: Child Development                   | 64.5%   | 58.0%   |
| Screening    | #14: Intimate Partner Violence           | 70.3%   | 67.0%   |
| Referral     | #6: Tobacco Cessation                    | 10.4%   | 8.2%    |
| Referral     | #17: Completed Depression Referrals      | 5.7%    | 22.7%   |
| Referral     | #18: Completed Developmental Referrals   | 30.9%   | 37.1%   |
| Referral     | #19: Intimate Partner Violence Referrals | 25.6%   | 21.5%   |


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## Root cause analysis on screening and referrals


- Virtual meetings held with volunteer HV and HVS between May –and June 2020. **THANK YOU VOLUNTEERS!**
- Brainstormed root causes for lower performance (than previous year and/or compared to national average) on these measures and began identifying possible solutions
- Outcomes included this webinar, revised MIECHV data forms and other technical assistance and resources



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## Types of changes made to October 2020 forms

- Added instructions (e.g. if client is positive for IPV, give referral information)
- Added definitions (e.g. what counts as a maternal depression referral")
- Added clarifications (e.g. "Current tobacco use"; MIECHV timeframes)
- Reduced response options (e.g. reasons why screening did not occur)
- Reordered questions (e.g. Part A: IPV Screening, Part B: IPV Referrals)
- Simplified referrals forms (e.g. removed additional lines for referral entries for maternal depression and ASQs)



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# Tobacco Cessation Referrals

Performance Measure #6

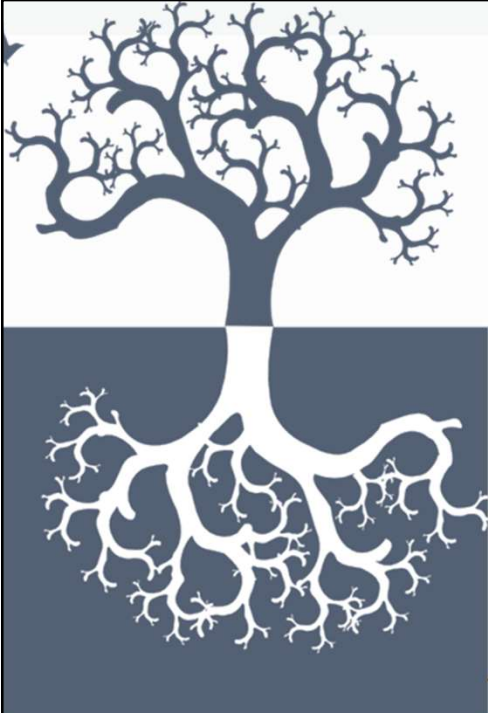
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**Performance Measure #6:  
Tobacco Cessation Referrals**

| Measure Definition   | FY 2019     |
|--|-------------|
| Percent of primary caregivers who <u>reported using tobacco or cigarettes at enrollment</u> and who were <u>referred</u> to tobacco cessation counseling services <u>within three months of enrollment</u> . | 8.2% (5/61) |

- NFP sites = 19.4% (6/31)

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## Root Causes: low rates of tobacco cessation referrals

- Initial enrollment form missing data on current tobacco use → counts against measure
- M2B form not completed with referral date or submitted by HV
- Lack of information on when a referral is needed and what counts as a referral

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## What Counts as Tobacco Use?


- Based on self-report, if the mother **currently** uses tobacco products or has been identified as using tobacco through a substance abuse screening administered during intake.
- Tobacco includes combustibles (cigarettes, cigars, pipes, hookahs, and bidis), non-combustibles (chew, dip, snuff, snus, and dissolvables), and Electronic Nicotine Delivery Systems (ENDS).

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## Tobacco Use Data Collection: MIECHV Demographics: Pregnancy-Intake Form

**MIECHV Demographics: Pregnancy-Intake**

 Nurse-Family Partnership  
*Helping First-Time Parents Succeed*

M7. Do you currently use tobacco products? (Tobacco includes combustibles [cigarettes, cigars, pipes, hookahs, and bidis], non-combustibles [chew, dip snuff, snus, and dissolvables], and ENDS)


☒ Yes

If Yes, are you currently receiving tobacco cessation services?

☐ Yes

☒ No → To meet Tobacco Cessation Referral Measure: Record Date Referred to Tobacco Cessation Services within 3 months of Enrollment on M2B-MIECHV Referrals Tracking & Follow-up form.

Provide Tobacco Referral and Complete M2B

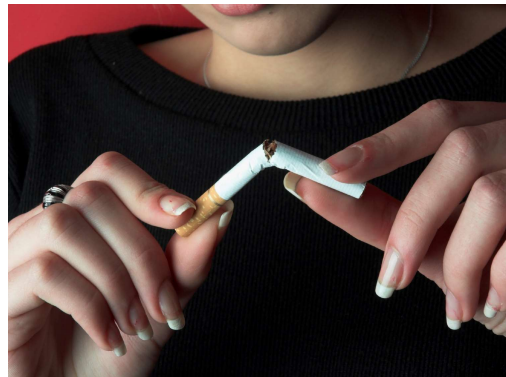
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## What counts as a tobacco cessation referral?

Recommended referrals include those made for tobacco cessation counseling or services:

- tobacco quit line
- primary care provider
- other tobacco cessation programs



**Note:** Clients who are *currently* receiving tobacco cessation services do not need a referral

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**M2B**  
**MIECHV REFERRALS TRACKING & FOLLOW-UP – INDEX PARENT**  
 Please complete this form with Referral and/or Service Dates as updates occur and enter in THEO (EHS/HFA) or send to State (NFP)

**Current**
**Revised Version**

|                       | <b>INITIAL REFERRAL</b>  | <b>FOLLOW-UP</b>              |
|-----------------------|--------------------------|-------------------------------|
| Type of Service       | Date Referred to Service | Date Service Started/Received |
| 1) Depression         | / / 20                   | / / 20                        |
| 1A) Depression        | / / 20                   | / / 20                        |
| 1B) Depression        | / / 20                   | / / 20                        |
| 1C) Depression        | / / 20                   | / / 20                        |
| 2) Tobacco Cessation  | / / 20                   | / / 20                        |
| 2A) Tobacco Cessation | / / 20                   | / / 20                        |
| 2B) Tobacco Cessation | / / 20                   | / / 20                        |
| 2C) Tobacco Cessation | / / 20                   | / / 20                        |

**To meet Tobacco Cessation Referral Measure:** Client must receive a Referral for Tobacco Cessation Counseling or Services within 3 months of Enrollment in MIECHV. Only ONE Referral is required for MIECHV; the service does not have to be started or received.

Recommended referrals include those made for tobacco cessation counseling or services. These referrals may include:

- tobacco quit line,
- primary care provider,
- other tobacco cessation programs.

| TYPE              | REFERRAL<br>Date Referred to Service | FOLLOW-UP<br>Date Service Started/Received |
|-------------------|--------------------------------------|--|
| Tobacco Cessation | / / 20                               | N/A  |

**To meet Depression Referral Measure:** Client must receive a Referral AND at least one Service. Only ONE Referral and ONE Receipt of Service is required for MIECHV.

Recommended referral services include:

- Internal referral to self or other staff member trained in Mothers and Babies intervention
- Internal referral to self or other staff member trained in Mental Health Intervention (for NFP programs)
- Licensed or licensed-eligible mental health provider (LMHC, LCSW, or LMFT) using cognitive behavioral therapy or another evidence-based treatment
- Medication therapy from a primary care provider, psychiatrist, or women's health provider

| TYPE       | REFERRAL<br>Date Referred to Service | FOLLOW-UP<br>Date Service Started/Received |
|------------|--------------------------------------|--|
| Depression | / / 20                               | / / 20                                     |

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Be sure to record the status of your client's tobacco use on the MIECHV Demographics: Pregnancy-Intake Form

Complete or update a M2B form with a Referral date and submit to OHA


Provide a referral within 3 months of client enrollment in MIECHV

The service does not have to be started or received to meet measure, just provided

Only one referral is needed to count towards the measure

## Tips for ensuring tobacco cessation referrals count

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**Contact the Quit Line**

- 1-800-QUIT-NOW   
1-800-784-8669   
[quitnow.net/oregon](http://quitnow.net/oregon)
- Spanish Quit Line  
1-855-DEJELO-YA  
1-855-335356-92  
[quitnow.net/oregonsp](http://quitnow.net/oregonsp)
- TTY: 1-877-777-6534 

## Tobacco Cessation Resources

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Tobacco Prevention:  
<https://www.oregon.gov/oha/PH/PreventionWellness/TOBACCOPREVENTION/Pages/index.aspx>

Oregon Tobacco Quit Line:  
<https://www.oregon.gov/oha/ph/preventionwellness/tobaccoprevention/gethelpquitting/pages/oregonquitline.aspx>

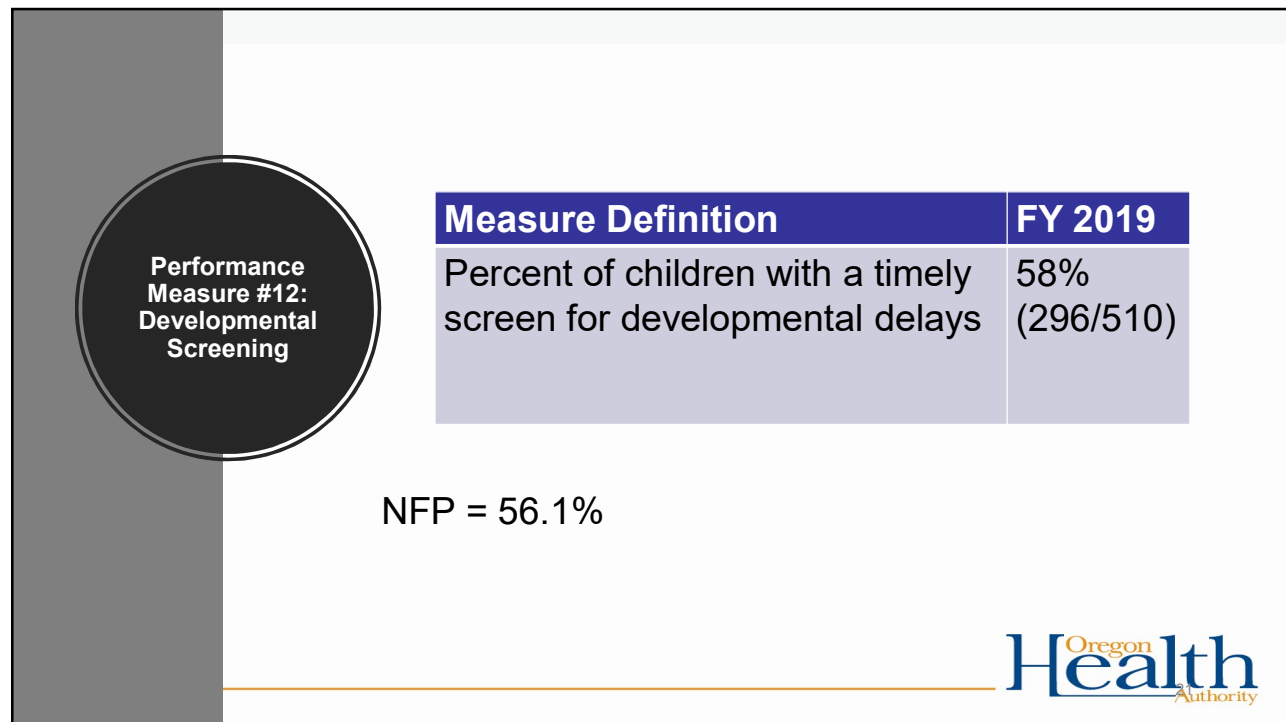
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# Developmental Screening and Referrals

Performance Measures #12 and #18

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## Root Causes: low rates of developmental screening

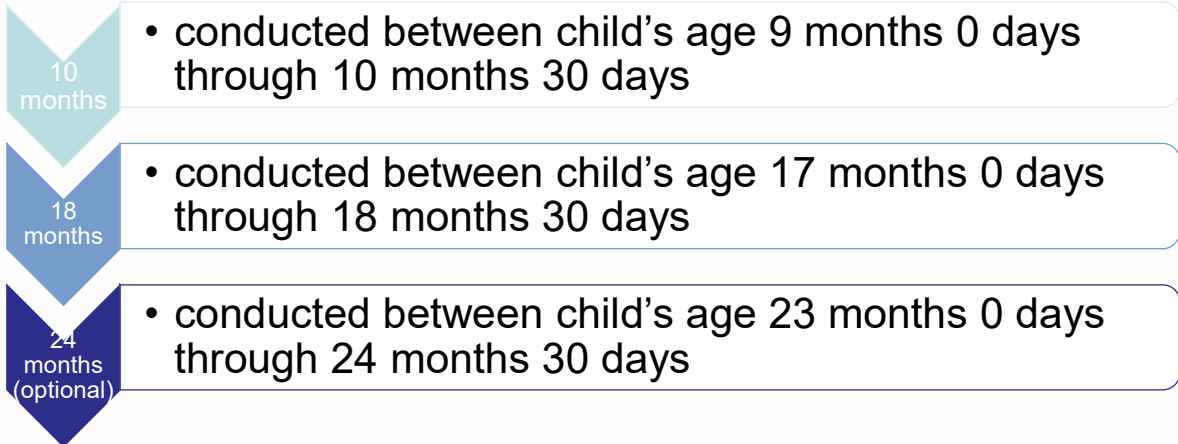
- **Screening not completed with client**
  - **Home visitors not filling out forms as needed**
    - recently completed a non-MIECHV time period one
    - NHV doesn't have a developmental concern for child
    - ASQ completed by PCP
- **Paper forms not easy to use or understand**
  - combined ASQ Questionnaire with referral tracking form on back is confusing as to when each are necessary to complete
- **Screening occurred outside of window period**
  - Clients unavailable/can't be located
- **HVs need more information on:**
  - Which screening time points are MIECHV
  - Exact timeframes by ASQ screen
  - Age adjusting correctly and marking on form

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## When do ASQ screenings occur for MIECHV?



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## Developmental Screening Data Collection: ASQ Questionnaire

The image shows two versions of the ASQ (ASQ-3) Questionnaire. The left version is a smaller, simplified form with green annotations. The right version is the full form with a green box highlighting the 'MIECHV' section and a green arrow pointing to a text box.

**ASQ (ASQ-3) Questionnaire**

Infant ID  Infant Name  ♦ Infant DOB   
 Client ID  Client Name  DOB   
 Date  Nurse Home  Nurse Home   
☐ No contact with client at this time  
 Check one: ☐ Infancy ☐ Toddler ☐ 24 Months (optional)  
 (if applicable) Age-Adjusted Level of ASQ Questionnaire Used:  Months

**MIECHV** **MIECHV**

1. Please provide Ages and Stages scores for the child:  
 Communication: ☐ Child not eligible for screening in this subscale at this time because child is receiving services.  
☐ Parent declined further screening.  
 Gross Motor: ☐ Child not eligible for screening in this subscale at this time because child is receiving services.  
☐ Parent declined further screening.  
 Fine Motor: ☐ Child not eligible for screening in this subscale at this time because child is receiving services.  
☐ Parent declined further screening.  
 Problem Solving: ☐ Child not eligible for screening in this subscale at this time because child is receiving services.  
☐ Parent declined further screening.  
 Personal-social: ☐ Child not eligible for screening in this subscale at this time because child is receiving services.  
☐ Parent declined further screening.

2. Was a referral to services made?  
☐ Yes  
☐ No (If no, please indicate the reason)  
☐ Referral not needed at this time  
☐ Monitoring prior to referral

If Child scores 2 or more domains in gray (monitoring), or 1 or more domains in black (at-risk), or a combination of black and gray, complete MIECHV ASQ Referral Tracking & Follow-up Form. Also record referrals to EI on Use of Government and Community Services form.

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## Adjusting age for premature infants\*:

Screening still occurs during the MIECHV time points, but is adjusted based on number of weeks premature

\*Follow the ASQ-3 tool guidance for age-adjusting

Example: infant is 9 months 14 days old at home visit and is due for the 10-month ASQ screening. The infant was born 4 weeks premature. Conduct ASQ screening, using the 8-month ASQ Questionnaire to account for its prematurity

→ On ASQ Questionnaire, write in “8” to note age-adjusted screening

**ASQ (ASQ-3) Questionnaire**

Nurse-Family Partnership  
Helping First-Time Parents Succeed

Infant ID  Infant Name  ♦ Infant DOB

Client ID  Client Name  DOB

Date  Nurse Home  Nurse Home Visitor Name

☐ No contact with client at this time

Check one: ☐ Infancy 4 Months ☐ Infancy 10 Months ☐ Toddler 18 Months ☐ 24 Months (optional)

(if applicable) Age-Adjusted Level of ASQ Questionnaire Used:  Months

**MIECHV** **MIECHV**

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Ensure screening occurs during the time window provided in the client schedule



Remember to indicate if an age-adjusted ASQ questionnaire is being used

Tips for ensuring developmental screenings count

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## Developmental Screening Resources

Developmental Screening Resources (For Parents, Early Childhood Professionals, Primary Care):

[https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/BABIES/HEALTHSCREENING/ABCD/Pages/abcd\\_toolkit.aspx](https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/BABIES/HEALTHSCREENING/ABCD/Pages/abcd_toolkit.aspx)

Remote ASQ screening resources:

<https://institutebsp.org/covid-19-rapid-response-resources-screening>



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### Performance Measure 18: Completed Developmental Referrals

| Measure Definition   | FY 2019              |
|--|----------------------|
| Percent of children with positive screens for developmental delays who receive services in a timely manner | 37.1%*<br>(23*/62**) |

\*Of the 23:

-15 received individual support

-9 received Early Intervention

-2 received other community service

\*\*includes 5 children from previous reporting years

NFP = 56.5%

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## Root Causes: low rates of completed developmental referrals

- HVs need additional information on:
  - what counts as a positive ASQ screen
  - when an ASQ Referrals Tracking & Follow-up form should be completed
  - how individual developmental support counts towards measure
- HVs forget to go back to form, update with referral received dates and resend to OHA
- Clients decline referral
- Confusion with referral tracking form
- Challenges with community referrals

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## When to complete the ASQ Referral Tracking and Follow-up form

1. for a child screened by a MIECHV home visitor...
2. during a MIECHV-timed screening...
3. who scored 2 or more in the grey (“monitoring”) and/or 1 or more in the black (“at-risk”) zones...
4. and does not have a previously identified developmental delay

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# Three ways to complete a developmental referral

Completing any one or more of the following types of developmental support will meet the criteria for this measure:

1. Received individualized developmental support from a home visitor.
2. Received a referral to Early Intervention services and received an evaluation or individualized service plan within 45 days of that referral.
3. Received a referral to another community service and received services from that provider within 30 days of that referral.

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## ASQ REFERRAL TRACKING & FOLLOW-UP – INDEX CHILD \*For Children who Screened at Risk for Developmental Delay\*

Please complete this form with Referral and/or Service Dates as updates occur and enter in THEO (EHS/HFA) or send to State (NFP)

### Current

| Type of Service  | INITIAL REFERRAL CONTACT<br>Date Service Referral Contacted | FOLLOW-UP<br>Date Service Started/Received | If Service NOT received within 30 days of initial referral contact – REASON:  |
|--|---|--|---|
| 1) Individualized developmental support from a home visitor  | N/A   | / / 20                                     | N/A   |
| 1a) Individualized developmental support from a home visitor | N/A   | / / 20                                     | N/A   |
| 2) Another Community Service:<br>Type: _____                 | / / 20  | / / 20                                     | <input type="checkbox"/> Parent declined the referral or did not take action<br><input type="checkbox"/> Child is waiting for service<br><input type="checkbox"/> Parent was unable to access service due to barriers (such as transportation, cost, time, child care, etc.)<br><input type="checkbox"/> Other: _____ |
| 2a) Another Community Service:<br>Type: _____                | / / 20  | / / 20                                     | <input type="checkbox"/> Parent declined the referral or did not take action<br><input type="checkbox"/> Child is waiting for service<br><input type="checkbox"/> Parent was unable to access service due to barriers (such as transportation, cost, time, child care, etc.)<br><input type="checkbox"/> Other: _____ |

| Type of Service                 | INITIAL REFERRAL CONTACT<br>Date EI Referral Contacted | FOLLOW-UP<br>Date of EI Evaluation | If EI Evaluation NOT completed within 45 days of initial referral contact – REASON:   | Enrolled in EI?   |
|---------------------------------|--|------------------------------------|---|---|
| 3) Early Intervention Services  | / / 20   | / / 20                             | <input type="checkbox"/> Parent declined the EI referral or did not take action<br><input type="checkbox"/> Child is waiting for EI evaluation<br><input type="checkbox"/> Other: _____ | <input type="checkbox"/> Yes<br><input type="checkbox"/> No |
| 3a) Early Intervention Services | / / 20   | / / 20                             | <input type="checkbox"/> Parent declined the EI referral or did not take action<br><input type="checkbox"/> Child is waiting for EI evaluation<br><input type="checkbox"/> Other: _____ | <input type="checkbox"/> Yes<br><input type="checkbox"/> No |

To count towards the Developmental Referral performance measure: Children screened positive for being at risk must receive at least one of the supports/services below (according to timelines found in Follow-Up information).

| Type of Service                         | FOLLOW-UP<br>Date Provided | INFORMATION  |
|---|----------------------------|--|
| 1) Individualized Developmental Support | / / 20                     | Individualized Developmental Support can be done at any time by a home visitor and counts as a completed referral regardless of whether the client is also referred to Early Intervention or another community service. Examples of this include activities by model curriculum, ASQ activities, and CDC materials to target the developmental skill or domain for which there was a concern or positive screen. |

| Type of Service                              | INITIAL REFERRAL CONTACT<br>Date Service Referral Contacted | FOLLOW-UP<br>Date Service Started/Received | INFORMATION   |
|--|---|--|---|
| 2) Another Community Service:<br>Type: _____ | / / 20  | / / 20                                     | A community services must be started or received within 30 days of initial contact to count towards the measure. Examples may include referrals to health or mental health services, speech, occupational or physical therapy services, parent-child groups, parent classes or early literacy supports. |

| Type of Service                | INITIAL REFERRAL CONTACT<br>Date EI Referral Contacted | FOLLOW-UP<br>Date of EI Evaluation | INFORMATION  |
|--------------------------------|--|------------------------------------|--|
| 3) Early Intervention Services | / / 20   | / / 20                             | About Early Intervention Services<br>An EI evaluation must occur within 45 days of initial contact to count towards the measure. |

Revised Version

## Completed Developmental Referrals Data Collection: ASQ Referral Tracking and Follow-up form

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## Referral method #1: Individualized developmental support

Emotional, social, or physical  
development activities home visitor  
conducts with the caregiver and/or  
child

Examples include:

More  
frequent  
screenings

Activities  
by model  
curriculum

ASQ  
activities

CDC  
materials

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## Individualized Developmental Support, cont.

- Can be done at any time by a home visitor and counts as a completed referral, regardless of whether the client is also referred to Early Intervention or another community service.
- Enter the date the support was provided; it may be the same day as the screening took place or a future home visit

| FOLLOW-UP                               |               | INFORMATION  |
|---|---------------|--|
| Type of Service                         | Date Provided | About Individualized Developmental Support   |
| 1) Individualized Developmental Support | / / 20        | Individualized Developmental Support can be done at any time by a home visitor and counts as a completed referral regardless of whether the client is also referred to Early Intervention or another community service. Examples of this include activities by model curriculum, ASQ activities, and CDC materials to target the developmental skill or domain for which there was a concern or positive screen. |

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## Referral Method #2: Community Service



Includes referrals made to a community service other than Early Intervention, that provide support to enhance a child's development.



A community service must be started or received within 30 days of initial contact to count towards the measure.



Examples may include referrals to health or mental health services, speech, occupational or physical therapy services, parent-child groups, parent classes or early literacy supports.

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## Referral Method #2: Community Service

Enter the date the community service was contacted; it may or may not be the same day the screening took place

| Type of Service                              | INITIAL REFERRAL CONTACT        | FOLLOW-UP                     | INFORMATION   |
|--|---------------------------------|-------------------------------|---|
|  | Date Service Referral Contacted | Date Service Started/Received | About Another Community Service   |
| 2) Another Community Service:<br>Type: _____ | / / 20                          | / / 20                        | A community services must be started or received within 30 days of initial contact to count towards the measure. Examples may include referrals to health or mental health services, speech, occupational or physical therapy services, parent-child groups, parent classes or early literacy supports. |

Follow up with client during next visits to find out if/when client received the community services; enter information on form & resend to OHA

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## Referral Method #3: Early Intervention Services



EI services can be contacted by the home visitor, client or other person on behalf of the client



The referral can be made on the same day as the screening or at a later date



An Early Intervention evaluation must be completed within 45 days of initial contact to count towards the measure

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## Referral Method #3: Early Intervention Services

Enter the date Early Intervention was contacted; it may not be the same day as the screening

| Type of Service                | INITIAL REFERRAL CONTACT   | FOLLOW-UP             | INFORMATION   |
|--------------------------------|----------------------------|-----------------------|---|
|                                | Date EI Referral Contacted | Date of EI Evaluation | About Early Intervention Services   |
| 3) Early Intervention Services | / / 20                     | / / 20                | An EI evaluation must occur within 45 days of initial contact to count towards the measure. |

Follow up with client during next visits to find out if/when client received an EI evaluation; enter information on form & resend to OHA

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Always document individualized support provided by the HV – this counts!!



Set a calendar or paper reminders to check back in with client and send updated form to OHA

## Tips for completing developmental referrals

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## Maternal Depression Screening and Referrals

Performance Measures #3 and #17

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| Measure Definition  | FY 2019                 |
|---|-------------------------|
| Percent of primary caregivers who are screened for depression <u>within three months of delivery</u> (for those enrolled prenatally). | <b>78.5%</b><br>332/423 |

Bright spot: this measure increased from 2018 (56.7%)!

NFP = 74.7%

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## Root Causes: low rates of maternal depression screenings

- **Screening not completed with client**
  - **Home visitors decide not to complete PHQ-9 screening with client**
    - Providers are doing 6-week PP screenings; NHVs don't screen again
    - By postpartum, this is third PHQ-9 screening for NFP, might skip MIECHV time point
    - MD screening not a priority for immediate postpartum visit
    - Client not comfortable completing screening
  - **NFP clients are disengaging from services postpartum and not seen**
  - **Form options make it seem acceptable not to complete screening**
- **Screening occurred outside of window period**
  - Lack of clarity/challenges with timing for screening

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## When do maternal depression screenings occur for MIECHV?

Within 90 days of delivery (for those enrolled prenatally)

→ See client schedule for window period; if screened before or after this period, doesn't count for measure



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## What is required for maternal depression screening?

- All clients should receive a PHQ-9 screening - regardless of whether they are currently or have previously received mental health services
- A PHQ-9 screen should be offered and completed to meet the measure.

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**N2**  
**Addendum to NFP PHQ-9 Form**

*To be completed within 90 days of infant's date of birth*


| Current   | Revised Version   |
|---|---|
| <p><b>1. PHQ-9 completed (with mother)?</b></p> <p><input type="checkbox"/> Yes, completed → Date tool completed: ____ / ____ / 20 ____ → Go to Question 1a.</p> <p><b>1a. If Yes, result of PHQ-9:</b></p> <p><input type="checkbox"/> Score of 10 or higher → Go to Question 1b.</p> <p><input type="checkbox"/> Score of 9 or lower</p> <p><b>1b. If a Score of 10 or higher, did you give referral information?</b></p> <p><input type="checkbox"/> Yes → Complete M2B-MIECHV Referral Tracking &amp; Follow-up Form</p> <p><input type="checkbox"/> No, client declined or is not ready for a referral and/or services</p> <p><input type="checkbox"/> No, an earlier referral is still in process</p> <p><input type="checkbox"/> No, the client is currently receiving services</p> <p><input type="checkbox"/> No, other reason</p> <p><input type="checkbox"/> No, not completed → Go to Question 1c.</p> <p><b>1c. If No, reason why PHQ-9 not completed:</b></p> <p><input type="checkbox"/> Concern previously identified</p> <p><input type="checkbox"/> Other</p> | <p><b>Part A: Depression Screening</b></p> <p><i>To meet the measure, all clients must receive a PHQ-9 screening within 90 days of infant birth regardless of whether they were previously screened in pregnancy or are currently receiving or have previously received depression services.</i></p> <p><b>1. PHQ-9 completed?</b></p> <p><input type="checkbox"/> Yes, completed → Date tool completed: ____ / ____ / 20 ____ → Go to Question 1a.</p> <p><b>1a. If Yes, result of PHQ-9:</b></p> <p><input type="checkbox"/> Score of 10 or higher → Go to Part B: Depression Referral.</p> <p><input type="checkbox"/> Score of 9 or lower</p> <p><input type="checkbox"/> No, not completed → Complete Screening at future visit before the 90-day window closes, then complete and submit another N2 form.</p> <p><b>Part B: Depression Referral</b></p> <p><i>To meet the measure, client must receive a Referral AND at least one Service if the client scores 10 or higher on the PHQ-9 during a MIECHV screening and is not currently receiving depression services.</i></p> <p><b>2. If a Score of 10 or higher, did you provide a referral? *See examples below</b></p> <p><input type="checkbox"/> Yes → Complete M2B-MIECHV Referral Tracking &amp; Follow-up Form.</p> <p><input type="checkbox"/> No, the client is currently receiving services (Clients who are currently receiving depression service do not need to be referred).</p> <p><input type="checkbox"/> No, other reason → Clients who screen positive should be offered and start/receive at least 1 referral service. Continue to follow up with client at future visits to track referral and follow-up on M2B-MIECHV Referral Tracking &amp; Follow-up Form.</p> <p><b>*Recommended referral services include:</b></p> <ul style="list-style-type: none"> <li>- Internal referral to self or other staff member trained in Mothers and Babies intervention;</li> <li>- Internal referral to self or other staff member trained in Mental Health Intervention;</li> <li>- Licensed or licensed-eligible mental health provider (LMHC, LCSW, or LMFT) using cognitive behavioral therapy or another evidence-based treatment;</li> <li>- Medication therapy from a primary care provider, psychiatrist, or women's health provider.</li> </ul> |

Maternal Depression Screening Data Collection: N2 Addendum to NFP PHQ-9 Form

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Ensure screening occurs during the time window provided in the client schedule



If you are unable to complete the screening during the visit, try and complete during the next one (within 3 months of delivery)

## Tips for completing maternal depression screening

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## Maternal Depression Screening Resources

### PHQ-9 and Maternal Depression Screening training and resources:

<https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/BABIES/HOMEVISITING/MIECHV/Pages/miechv-orientation.aspx> (scroll down webpage)

### Remote maternal depression screening resources:

[Screenings in Virtual Visits](#) created by [the Rapid Response-Virtual Home Visiting Collaborative](#)

IPV HV CoIIN memo: [Coronavirus/COVID-19 and Implications for Maternal Depression and Intimate Partner Violence Screening and Referral](#)



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### Performance Measure #17: Maternal Depression Referrals

| Measure Definition  | FY 2019                 |
|---|-------------------------|
| Percent of primary caregivers referred to services for a positive screen for depression who receive one or more service contacts. | <b>22.7%</b><br>(15/66) |

Bright spot: this measure increased from 2018!

NFP = 50%



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## Root Causes: low rates of maternal depression referrals

- **Not understanding what will meet the MD referral requirement**
- **Confusion with forms**
  - Having reasons to check on form for why referral information not given makes it seem acceptable not to provide referral
  - M2B form requires NHV to come back and complete received date – easy to forget/not resubmit/lose
- **Clients decline/refuse referral**
  - Clients look to/prefer NHV as their “referral.” Clients expect the NHV can provide that service
- **Lack of referral options, particularly in rural communities**
- **Few Spanish-speaking resources for counseling and services**

Maternal & Child Health Section  
Public Health Division

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**Health**  
Authority

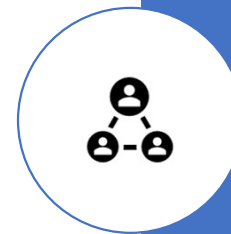
49

## When are maternal depression referrals needed?

- If the client scores a 10 or higher on the PHQ-9 during the MIECHV screening and is not currently receiving depression services

If the client receives a referral and then receives referral service:

- Update the M2B-MIECHV Referral Tracking and Follow-up form: For “Depression, record when referral was given as “Date Referred to Service”; and when service received as “Date Service Started/Received” and send to OHA



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## Considerations for meeting the maternal depression measure



Caregivers who screen positive for maternal depression will remain in the measure denominator until they receive a service ("referral contact").



There is no timeframe for when the client must receive a referral contact → continue to follow up with client to support them in accessing service

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## What Counts as a Depression Referral??

Caregiver must receive a referral and at least one service

- **Recommended referral services include:**

- Internal referral to self or other staff member trained in Mothers and Babies intervention
- Internal referral to self or other staff member trained in Mental Health Intervention (for NFP programs)
- Licensed or licensed-eligible mental health provider (LMHC, LCSW, or LMFT) using cognitive behavioral therapy or another evidence-based treatment
- Medication therapy from a primary care provider, psychiatrist, or women's health provider

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**M2B**  
**MIECHV REFERRALS TRACKING & FOLLOW-UP – INDEX PARENT**  
 Please complete this form with Referral and/or Service Dates as updates occur and enter in THEO (EHS/HFA) or send to State (NFP)

**Current**

| Type of Service       | INITIAL REFERRAL         | FOLLOW-UP                     |
|-----------------------|--------------------------|-------------------------------|
|                       | Date Referred to Service | Date Service Started/Received |
| 1) Depression         | / / 20                   | / / 20                        |
| 1A) Depression        | / / 20                   | / / 20                        |
| 1B) Depression        | / / 20                   | / / 20                        |
| 1C) Depression        | / / 20                   | / / 20                        |
| 2) Tobacco Cessation  | / / 20                   | / / 20                        |
| 2A) Tobacco Cessation | / / 20                   | / / 20                        |
| 2B) Tobacco Cessation | / / 20                   | / / 20                        |
| 2C) Tobacco Cessation | / / 20                   | / / 20                        |

**Revised Version**

To meet **Tobacco Cessation** Referral Measure: Client must receive a Referral for Tobacco Cessation Counseling or Services within 3 months of Enrollment in MIECHV. Only ONE Referral is required for MIECHV; the service does not have to be started or received.

Recommended referrals include those made for tobacco cessation counseling or services. These referrals may include:

- tobacco quit line,
- primary care provider,
- other tobacco cessation programs.

| TYPE              | REFERRAL<br>Date Referred to Service | FOLLOW-UP<br>Date Service Started/Received |
|-------------------|--------------------------------------|--|
| Tobacco Cessation | / / 20                               | N/A  |


To meet **Depression** Referral Measure: Client must receive a Referral AND at least one Service. Only ONE Referral and ONE Receipt of Service is required for MIECHV.

Recommended referral services include:


- Internal referral to self or other staff member trained in Mothers and Babies intervention
- Internal referral to self or other staff member trained in Mental Health Intervention (for NFP programs)
- Licensed or licensed-eligible mental health provider (LMHC, LCSW, or LMFT) using cognitive behavioral therapy or another evidence-based treatment
- Medication therapy from a primary care provider, psychiatrist, or women's health provider

| TYPE       | REFERRAL<br>Date Referred to Service | FOLLOW-UP<br>Date Service Started/Received |
|------------|--------------------------------------|--|
| Depression | / / 20                               | / / 20                                     |

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Set a calendar or paper reminders to check back in with client and update M2B form



Complete or update a M2B form with Referral and/or Service Dates as updates occur and send to OHA

## Tips for completing maternal depression referrals

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## Intimate Partner Violence Screening and Referrals

Performance Measures #14 and #19

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| Measure Definition  | FY 2019                 |
|---|-------------------------|
| Percent of primary caregivers who are screened for intimate partner violence (IPV) within six months of enrollment. | <b>67%</b><br>(284/424) |

- NFP = 63.7%

Oregon Health Authority

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## Root Causes: low rates of IPV screenings

- Lack of consistent, ongoing training in IPV and healthy relationships across home visitors (including within a team)
- Home visitors uncomfortable with topic of IPV and/or conducting screening
- Home visitors aren't screening if client says she is not in a relationship or if they believe client not ready for referral
- Clients experiencing IPV may be seen less often due to complex needs, so more to get done when visits do occur

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Public Health Division

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**Health**  
Authority

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## Root Causes: low rates of IPV screenings (cont.)

- Having available reasons on form to check for why not completed makes it seem acceptable not to complete screening
- Form not completed correctly or understood by HV
- Client not comfortable completing screening
- Perpetrator or other person present in room

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Public Health Division

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**Health**  
Authority

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## MIECHV Definition of IPV

- IPV refers to physical violence, sexual violence, stalking, and psychological aggression (including coercive acts) by a **current or former intimate partner**.
- An intimate partner is a person with whom one has a close personal relationship that can be characterized by the following: emotional connectedness, regular contact, ongoing physical contact and sexual behavior, identity as a couple, and familiarity and knowledge about each other's lives.

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Public Health Division

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**Health**  
Authority

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## Who should be screened for IPV?

- **All** primary caregivers should be screened for IPV regardless of relationship status, gender or previous IPV disclosure or positive screen

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Public Health Division

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## When must IPV screenings occur for MIECHV?

- **An IPV screen has to be offered and completed during the first 6 months of enrollment**
  - Best practice: consider waiting to screen until 3-4 months post-enrollment once relationship is established
- **Caution: Currently no research indicates virtual IPV screenings are safe. We encourage you to use your best practice judgement when determining whether it is appropriate or safe to screen.**
  - See [IPV CoIIN memo](#) from April 15, 2020



HO

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## IPV Data Collection forms: N1 OR N4



### **N1 Addendum to Clinical IPV Assessment Form**

5th – 7th VISIT

To be completed within 6 months of parent's enrollment



### **N4 Addendum to Clinical IPV Assessment Form**

12 WEEKS

To be completed within 6 months of parent's enrollment

**TIP: EITHER the N1 OR N4 form can be completed and sent to OHA – you do NOT need to do both**

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**N1**  
**Addendum to Clinical IPV Assessment Form**  
**5<sup>th</sup> – 7<sup>th</sup> VISIT**

*To be completed within 6 months of parent's enrollment*

**Current**

1. Clinical IPV Assessment completed (with mother)?

☐ Yes, completed → Date Assessment completed: \_\_\_\_ / \_\_\_\_ / 20 \_\_\_\_ → Go to Question 1a.

1a. If Yes, result of Clinical IPV:

☐ Score indicates risk of IPV → Go to Question 1b.

☐ Score does not indicate risk of IPV

1b. If Score indicates risk of IPV, did you give referral information?

☐ Yes

☐ No, client declined or is not ready for a referral and/or services

☐ No, an earlier referral is still in process or the client is currently receiving services

☐ No, other reason: \_\_\_\_\_

☐ No, not completed → Go to Question 1c.

1c. If No, reason why Clinical IPV not completed:

☐ Concern previously identified

☐ Other \_\_\_\_\_

**N4**  
**Addendum to Clinical IPV Assessment Form**  
**12 WEEKS**

*To be completed within 6 months of parent's enrollment*

**Revised Version**

**Part A: IPV Screening**

IPV refers to physical violence, sexual violence, stalking, and psychological aggression (including coercive acts) by a current or former intimate partner.

To meet the measure, all clients must be screened for IPV within 6 months of enrollment, regardless of relationship status or if IPV has been previously identified.

1. Clinical IPV Assessment completed?

☐ Yes, completed → Date Assessment completed: \_\_\_\_ / \_\_\_\_ / 20 \_\_\_\_ → Go to Question 1a.

1a. If Yes, result of Clinical IPV:

☐ Score indicates risk of IPV → Go to Part B: IPV Referral.

☐ Score does not indicate risk of IPV

☐ No, not completed → Complete IPV Screening at future visit before the client reaches 6-months post-enrollment, then complete and submit another N1/N4 form.

**Part B: IPV Referral**

To meet the measure, IPV Referral information must be given if the client scores at risk of IPV during a MIECHV screening.

2. If Score indicates risk of IPV, did you give referral information? \*See examples below

☐ Yes


☐ No → Clients who screen positive should be provided information on available referral services. The focus is on provision of information, not whether the client received IPV referral services, as a client may not be ready or able to safely access a referral service. Provide Referral information at future visit and update N1/N4 form: Q2. Change Selection to "Yes" and re-submit form to OHA.

\*Referral information can include:


- Domestic violence advocacy program, shelter or hotlines
- "Healthy Moms, Happy Babies" cards
- Housing options or emergency shelter services
- Legal advocacy and assistance
- Crisis assistance
- Support groups
- Counseling services to address related needs such as depression or substance use.

**IPV Data Collection forms: N1 and N4**

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Ensure screening occurs within first 6-months of enrollment: will not count if conducted prior to enrollment in MIECHV



Consider developing a policy for when to conduct this screening, such as at the 5<sup>th</sup> visit.

|

## Tips for completing IPV screening

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## IPV Screening and Referral Resources

### IPV Screening training and resources:

Futures Without Violence:

<https://www.futureswithoutviolence.org/home-visitation/>

### Remote IPV screening guidance and resources:

IPV CoIIN memo: [Coronavirus/COVID-19 and Implications for Maternal Depression and Intimate Partner Violence Screening and Referral](#)

Future Without Violence webinar and resources for Supporting clients experiencing Intimate Partner Violence in the Time of COVID-19

<https://www.futureswithoutviolence.org/Home-visitation-remote-support-during-covid-19>



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| Measure Definition   | FY 2019                 |
|--|-------------------------|
| Percent of primary caregivers with positive screens for IPV who receive referral information to IPV resources. | <b>21.5%</b><br>(14/65) |

- NFP = 13.2%



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## Root Causes: low rates of IPV referrals

- Not understanding what will meet the IPV referral (information) requirement
  - Lack of clarity that it is information that needs to be provided, not the client accessing a referral
- Having reasons to check on the form for why referral information not given makes it seem acceptable not to provide referral information
- IPV topic challenging for home visitors
  - Clients might be willing to create safety plan but not receive referral to other agency for assistance

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Public Health Division

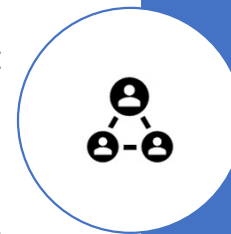
67

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**Health**  
Authority

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## When does IPV referral information need to be given?

- If the score from a MIECHV IPV screening indicates at risk for IPV
- For any client who screened at risk for IPV in a prior reporting period but did not receive information
  - If the client receives referral information at a later time than the positive screening:
    - Update the N1/N4 form and resubmit to OHA



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## Considerations for meeting the IPV measure



Caregivers who screen positive for IPV will remain in the measure denominator until they receive IPV information.



The focus is **on provision of information**, not whether the client received IPV referral services. This is because of the recognition that a client may not be ready or able to safely access a referral service.



There is no timeframe for when the client must receive referral information; provide referral information to any caregiver who screened positive for IPV even if it was at a previous visit.

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## What Counts as IPV information?

Referral information can include:



Domestic violence advocacy program, shelter or hotlines



"Healthy Moms, Happy Babies" cards



Housing options or emergency shelter services



Legal advocacy and assistance



Crisis assistance



Support groups



Counseling services to address related needs such as depression or substance use

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**N1**  
**Addendum to Clinical IPV Assessment Form**  
**5<sup>th</sup> – 7<sup>th</sup> VISIT**  
*To be completed within 6 months of parent's enrollment*

**N4**  
**Addendum to Clinical IPV Assessment Form**  
**12 WEEKS**  
*To be completed within 6 months of parent's enrollment*

**Current**

**Revised Version**

1. Clinical IPV Assessment completed (with mother)?

☐ Yes, completed → Date Assessment completed: \_\_\_\_ / \_\_\_\_ / 20 \_\_\_\_ → Go to Question 1a.

1a. If Yes, result of Clinical IPV:

☐ Score indicates risk of IPV → Go to Question 1b.

☐ Score does not indicate risk of IPV.

1b. If Score indicates risk of IPV, did you give referral information?

☐ Yes

☐ No, client declined or is not ready for a referral and/or services

☐ No, an earlier referral is still in process or the client is currently receiving services

☐ No, other reason

☐ Not completed → Go to Question 1c.

1c. If No, reason why Clinical IPV not completed:

☐ Concern previously identified

☐ Other

**Part B: IPV Referral**

To meet the measure, IPV Referral information must be given if the client scores at risk of IPV during a MIECHV screening.

2. If Score indicates risk of IPV, did you give referral information? \*See examples below

☐ Yes

☐ No → Clients who screen positive should be provided information on available referral services. The focus is on provision of information, not whether the client received IPV referral services, as a client may not be ready or able to safely access a referral service. Provide Referral information at future visit and update N1/N4 form: Q2. Change Selection to "Yes" and re-submit form to OHA.


\*Referral information can include:

- Domestic violence advocacy program, shelter or hotlines
- "Healthy Moms, Happy Babies" cards
- Housing options or emergency shelter services
- Legal advocacy and assistance
- Crisis assistance
- Support groups
- Counseling services to address related needs such as depression or substance use


NFP Clinical IPV – within 6 mths of enroll      Page 1 of 1      rev. 10/01/2020

## IPV Data Collection forms: N1 and N4

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The focus is **on provision of information**, not whether the client received IPV referral services.



"Healthy Moms, Happy Babies" cards are an easy and great way to provide referral information: give the client 2; 1 for them and 1 for a friend

|

## Tips for completing IPV referrals

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## Thank You!

For more information about Oregon MIECHV Program's data collection,  
please contact:

**Tina Kent**, MIECHV Data Manager: [Tina.m.kent@dhsosha.state.or.us](mailto:Tina.m.kent@dhsosha.state.or.us)

**Drewallyn Riley**, CQI Coordinator: [Drewallyn.b.riley@dhsosha.state.or.us](mailto:Drewallyn.b.riley@dhsosha.state.or.us)

Public Health Division  
Maternal & Child Health

