

Women's & Maternal Health

Postpartum Care (with a focus on Postpartum Mental Health) strategies

1. Collaborate with home visiting programs to support people in obtaining timely postpartum care.
2. Develop health education materials (e.g. brochures, videos, digital content) about perinatal mental health.
3. Expand access to community-based perinatal care including mental health care.
4. Support Traditional Health Workers (e.g. Community Health Workers, Doulas) to provide postpartum mental health screenings and support clients in accessing behavioral health services.

Perinatal & Infant Health

Housing Instability strategies

1. Promote policies that increase access to safe, stable and affordable housing for families and individuals during pregnancy and early childhood.
2. Develop cross-sector systems, programs, and initiatives to meet the integrated housing and other service needs of the MCH population.
3. Develop or advocate for medical-legal partnerships to provide legal services to MCH clients with unsafe/unstable housing or at risk for eviction.
4. Work with housing advocates and shelter systems to address child/family safety and other needs in the shelter system.
5. Enhance access to programs that address home safety and housing remediation concerns for the MCH community.
6. Provide screening, education, counseling, and referral to housing support services in MCH and other health care settings for those experiencing unstable housing.

Child Health

Food Sufficiency strategies

1. Increase the availability of fresh fruits and vegetables in low-income areas.
2. Promote local food production initiatives, particularly in low-income areas.
3. Support increased access and use of nutrition assistance programs.
4. Improve access and use of school, after school, and summer meal programs.
5. Increase Tribal food sovereignty through increasing access to traditional foods.
6. Collaborate with healthcare providers to screen for and address food sufficiency.

Adolescent Health

Adolescent Mental Health strategies

1. Strengthen the workforce to deliver youth-centered, responsive mental health services.
2. Support schools and communities to implement programs that build youth protective factors and resilience.
3. Elevate youth and family voice to shape and guide mental health initiatives.
4. Promote awareness and reduce stigma around adolescent mental health.
5. Build and strengthen cross-system partnerships to address gaps in adolescent mental health services.

Community Identified State Priorities

Person and Family Centered Services & Care

1. Build community capacity for health, resilience, social/cultural connection and optimal health for all.
2. Support policies to ensure systems are trauma-informed and promote optimal health for all.
3. Develop or promote initiatives that build individual, family and community resilience, and prevent health impacts of stressful life events.
4. Support and improve competencies of the MCAH and early childhood workforce to promote optimal health for all.

Parent and Caregiver Support

1. Develop or enhance cross-sector systems to support parents and caregivers in the community.
2. Build community capacity for programs or initiatives that support parents and caregivers.
3. Provide services that engage families and build parent capabilities, resilience, supportive and nurturing relationships, and children's social-emotional competence (e.g. home visiting or parenting education).
4. Develop systems and policies to increase access to safe and affordable child care, and after school activities.

Safe and Healthy Environments

1. Develop and implement policies to improve community safety and/or child health outcomes.
2. Coordinate systems to enhance access to resources for community violence and/or child injury prevention.
3. Implement or promote programs and initiatives that create safe and healthy environments and promote the prevention of child injury and community violence.

4. Create safe community spaces or events to promote recreation, physical activity, violence prevention and/or community connection.
5. Conduct assessment of local child injury safety and community violence needs and/or disseminate data to increase understanding and mobilize partnerships around safe and healthy environments.