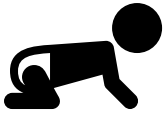


Explaining Virtual Screening and Monitoring

It can be difficult to find the right words to explain a tool to a family. The following is text to support you in crafting a conversation to explain the purpose of a tool and its benefit to the family.

Child Health and Development Tools: Designed to gather key developmental milestones for the purpose of tracking progress, noting strengths, and concerns



Child Development Screening: This tool gives you and me a picture of your child's current developmental status in the areas of speech, gross motor skills, fine motor skills, problem solving, and personal/social interactions. You can use this information to track your child's progress. You can complete this as often as every two months. This tool can help answer questions like, "Should my baby be pulling up to standing?" or "My baby makes animal sounds, does that count as speech?"

Developmental Monitoring: Together we can track your child's developmental milestones like walking, talking, feeding oneself, first tooth. This will help you make sure your child is on target and help you decide if you would like to seek additional support services if you have areas of concern. This is completed as your child meets their milestones.

Parent Tools: Designed to gather information that helps a parent to identify well-being strengths and concerns for the purpose of setting goals and getting timely support.



Adult Depression Screening: This tool allows you to see if you might be having depression symptoms. Depression after having a child (also known as post-partum depression) is more common than many people realize and it is important to monitor because there are a lot of options for managing it. This can be completed as often as you like.

Parenting Stress Assessment: This tool allows you to see if you may be experiencing a lot of stress. This information will help you decide what goals to set and what resources may help your family. This can be completed as often as you like.

Parenting Assessment: This tool allows you to identify what you are doing that is already supporting your child's growth through your interactions with your child. Another way you benefit is you can identify areas that you would like to learn more about; to highlight how children learn; and to explore the many different ways you can express parenting strengths and growth. This can be completed as often as you like.

Family Tools:



Family Assessment: This tool prompts us to discuss how your family is doing in the areas of relationships, education and employment, health, mental health, and getting your family's basic needs met. This information helps you and I together to decide how to connect your family to the best resources to meet your needs. This is completed once a year.

Virtual Applications:



If you have experienced a screening in the past, this virtual experience may feel different. I will coach you through the process depending on the tool we are using. I will try to share the tool before our meeting. In some cases, I will ask you to collect some materials so we can complete the tool together. Sometimes you will complete the tool on your own. We will always review the outcomes of the tool together.

1. Traube, D.E., Cederbaum, J. A., Taylor, A., Naish, L., & Rau, A. (2020). Telehealth Training and Provider Experience of Delivering Home Visitation Services. *Journal of Behavioral Health Services*. 1-10.
2. Traube, D. E., Hsiao, H. Y., Rau, A., Hunt-O'Brien, D., Lu, L., & Islam, N. (2020). Advancing Home Based Parenting Programs through the Use of Telehealth Technology. *Journal of Child and Family Studies*, 29(1), 44-53.